Dietary Patterns & Body Weight – Factor Analysis/Reduced Rank Regression

EXCLUDED ARTICLES

	Citations	Rationale for Exclusion
1.	Abdel-Megeid FY, Abdelkarem HM, El-Fetouh AM. Unhealthy nutritional habits in university students are a risk factor for cardiovascular diseases. Saudi Med J. 2011 Jun;32(6):621-7. PMID: 21666946	Does not include body weight as an outcome (related to CVD)
2.	Agurs-Collins T, Rosenberg L, Makambi K, Palmer JR, Adams-Campbell L. Dietary patterns and breast cancer risk in women participating in the Black Women's Health Study. Am J Clin Nutr. 2009 Sep;90(3):621-8. Epub 2009 Jul 8. PubMed PMID: 19587089; PubMed Central PMCID: PMC2728646.	Does not meet inclusion criteria for methodology (cross-sectional analysis of CVD factors)
3.	Alexander H, Lockwood LP, Harris MA, Melby CL. Risk factors for cardiovascular disease and diabetes in two groups of Hispanic Americans with differing dietary habits. J Am Coll Nutr. 1999 Apr;18(2):127-36. PMID: 10204828	Does not include body weight as an outcome (related to CVD and T2D)
4.	Alexy U, Sichert-Hellert W, Kersting M, Schultze-Pawlitschko V. Pattern of long-term fat intake and BMI during childhood and adolescence--results of the DONALD Study. Int J Obes Relat Metab Disord. 2004 Oct;28(10):1203-9. PMID: 15211368	Does not meet inclusion criteria for methodology (focused on fruit juice consumption)
5.	Alves JG, Falcão RW, Pinto RA, Correia JB. Obesity patterns among women in a slum area in Brazil. J Health Popul Nutr. 2011 Jun;29(3):286-9. PMID: 21766564	Does not meet inclusion criteria for methodology
6.	Amini M, Esmaillzadeh A, Shafaeizadeh S, Behrooz J, Zare M. Relationship between major dietary patterns and metabolic syndrome among individuals with impaired glucose tolerance. Nutrition. 2010 Oct;26(10):986-92. Epub 2010 Jul 10. PMID: 20624672	Cross-sectional analysis (read full text to confirm the methodology)
7.	Anderson AL, Harris TB, Houston DK, Tylavsky FA, Lee JS, Sellmeyer DE, Sahyoun NR. Relationships of dietary patterns with body composition in older adults differ by gender and PPAR-γ Pro12Ala genotype. Eur J Nutr. 2010 Oct;49(7):385-94. Epub 2010 Feb 21. PMID: 20174813	Cross-sectional analysis (used The Health, Aging and Body Composition prospective data)
8.	Anderson AL, Harris TB, Tylavsky FA, Perry SE, Houston DK, Hue TF, Strotmeyer ES, Sahyoun NR; Health ABC Study. Dietary patterns and survival of older adults. J Am Diet Assoc. 2011 Jan;111(1):84-91. PMID: 21185969	Cross-sectional analysis (secondary analysis)
9.	Aounallah-Skhiri H, Traissac P, El Ati J, Eymard-Duvernay S, Landais E, Achour N, Delpeuch F, Ben Romdhane H, Maire B. Nutrition transition among adolescents of a south-Mediterranean country: dietary patterns, association with socio-economic factors, overweight and blood pressure. A cross-sectional study in Tunisia. Nutr J. 2011 Apr 24;10:38. PMID: 21513570	Cross-sectional analysis
10.	Artinian NT, Schim SM, Vander Wal JS, Nies MA. Eating patterns and cardiovascular disease risk in a Detroit Mexican American population. Public Health Nurs. 2004 Sep-Oct;21(5):425-34. PMID: 15363023	Does not meet inclusion criteria for methodology (descriptive study)
11.	Atkin LM, Davies PS. Diet composition and body composition in preschool children. Am J Clin Nutr. 2000 Jul;72(1):15-21. PMID: 10871555	Does not meet inclusion criteria for methodology
12.	Baer Wilson D, Nietert PJ. Patterns of fruit, vegetable, and milk consumption among smoking and nonsmoking female teens. Am J Prev Med. 2002 May;22(4):240-6. PMID: 11988380	Does not include body weight as an outcome (related to fruit and vegetable consumption and smoking)

13.	Bailey RL, Gutschall MD, Mitchell DC, Miller CK, Lawrence FR, Smiciklas-Wright H. Comparative strategies for using cluster analysis to assess dietary patterns. J Am Diet Assoc. 2006 Aug;106(8):1194-200. PMID: 16863714	Cross-sectional analysis
14.	Bamia C, Orfanos P, Ferrari P, Overvad K, Hundborg HH, Tjønneland A, Olsen A, Kesse E, Boutron-Ruault MC, Clavel-Chapelon F, Nagel G, Boffetta P, Boeing H, Hoffmann K, Trichopoulos D, Baibas N, Psaltopoulou T, Norat T, Slimani N, Palli D, Krogh V, Panico S, Tumino R, Sacerdote C, Bueno-de-Mesquita HB, Ocké MC, Peeters PH, van Rossum CT, Quirós JR, Sánchez MJ, Navarro C, Barricarte A, Dorronsoro M, Berglund G, Wirfält E, Hallmans G, Johansson I, Bingham S, Khaw KT, Spencer EA, Roddam AW, Riboli E, Trichopoulou A. Dietary patterns among older Europeans: the EPIC-Elderly study. Br J Nutr. 2005 Jul;94(1):100-13. PMID: 16115339	Cross-sectional analysis
15.	Barba G, Troiano E, Russo P, Venezia A, Siani A. Inverse association between body mass and frequency of milk consumption in children. Br J Nutr. 2005 Jan;93(1):15-9. PMID: 15705220	Does not include independent variable (measured milk consumption only)
16.	Barnard ND, Cohen J, Jenkins DJ, Turner-McGrievy G, Gloede L, Jaster B, Seidl K, Green AA, Talpers S. A low-fat vegan diet improves glycemic control and cardiovascular risk factors in a randomized clinical trial in individuals with type 2 diabetes. Diabetes Care. 2006 Aug;29(8):1777-83. PMID: 16873779	Participants diagnosed with T2D
17.	Barnard ND, Gloede L, Cohen J, Jenkins DJ, Turner-McGrievy G, Green AA, Ferdowsian H. A low-fat vegan diet elicits greater macronutrient changes, but is comparable in adherence and acceptability, compared with a more conventional diabetes diet among individuals with type 2 diabetes. J Am Diet Assoc. 2009 Feb;109(2):263-72. PMID: 19167953	Participants diagnosed with T2D
18.	Baş M, Altan T, Dinçer D, Aran E, Kaya HG, Yüksek O. Determination of dietary habits as a risk factor of cardiovascular heart disease in Turkish adolescents. Eur J Nutr. 2005 Mar;44(3):174-82. Epub 2004 May 21. PMID: 15309435	Does not meet inclusion criteria for methodology (description of cross-sectional data)
19.	Beaudry M, Galibois I, Chaumette P. Dietary patterns of adults in Québec and their nutritional adequacy. Can J Public Health. 1998 Sep-Oct;89(5):347-51. PMID: 9813927	Does not include body weight as an outcome (related to nutritional adequacy)
20.	Becquey E, Savy M, Danel P, Dabiré HB, Tapsoba S, Martin-Prével Y. Dietary patterns of adults living in Ouagadougou and their association with overweight. Nutr J. 2010 Mar 22;9:13. PMID: 20307296	Not considered very high or high human-development country
21.	Belahsen R, Rguibi M. Population health and Mediterranean diet in southern Mediterranean countries. Public Health Nutr. 2006 Dec;9(8A):1130-5. PMID: 17378952	Does not meet inclusion criteria for methodology (descriptive study)
22.	Berg C, Lappas G, Wolk A, Strandhagen E, Torén K, Rosengren A, Thelle D, Lissner L. Eating patterns and portion size associated with obesity in a Swedish population. Appetite. 2009 Feb;52(1):21-6. Epub 2008 Jul 25. PMID: 18694791	Does not meet inclusion criteria for methodology
23.	Berg CM, Lappas G, Strandhagen E, Wolk A, Torén K, Rosengren A, Aires N, Thelle DS, Lissner L. Food patterns and cardiovascular disease risk factors: the Swedish INTERGENE research program. Am J Clin Nutr. 2008 Aug;88(2):289-97. PMID: 18689363	Cross-sectional analysis
24.	Birch LL, Fisher JO, Grimm-Thomas K, Markey CN, Sawyer R, Johnson SL. Confirmatory factor analysis of the Child Feeding Questionnaire: a measure of parental attitudes, beliefs and practices about child feeding and obesity proneness. Appetite. 2001	Does not include body weight as an outcome (related to parental beliefs, attitudes, and practices regarding child feeding)

	Jun;36(3):201-10. PMID: 11358344	
25.	Bisset S, Gauvin L, Potvin L, Paradis G. Association of body mass index and dietary restraint with changes in eating behaviour throughout late childhood and early adolescence: a 5-year study. Public Health Nutr. 2007 Aug;10(8):780-9. Epub 2007 Mar 7. PMID: 17381909	Does not meet inclusion criteria for methodology (use hierarchical linear modeling/evaluates obesity)
26.	Bloomer RJ, Kabir MM, Canale RE, Trepanowski JF, Marshall KE, Farney TM, Hammond KG. Effect of a 21 day Daniel Fast on metabolic and cardiovascular disease risk factors in men and women. Lipids Health Dis. 2010 Sep 3;9:94. PMID: 20815907	Does not evaluate dietary patterns (related to a caloric restriction diet)
27.	Bond MJ, McDowell AJ, Wilkinson JY. The measurement of dietary restraint, disinhibition and hunger: an examination of the factor structure of the Three Factor Eating Questionnaire (TFEQ). Int J Obes Relat Metab Disord. 2001 Jun;25(6):900-6. PMID: 11439306	Does not address the question (related to disordered eating behavior)
28.	Bouchard-Mercier A, Paradis AM, Godin G, Lamarche B, Pérusse L, Vohl MC. Associations between dietary patterns and LDL peak particle diameter: a cross-sectional study. J Am Coll Nutr. 2010 Dec;29(6):630-7. PMID: 21677127	Does not include body weight as an outcome (measured LDL only)
29.	Boylan S, Welch A, Pikhart H, Malyutina S, Pajak A, Kubinova R, Bragina O, Simonova G, Stepaniak U, Gilis-Januszewska A, Milla L, Peasey A, Marmot M, Bobak M. Dietary habits in three Central and Eastern European countries: the HAPIEE study. BMC Public Health. 2009 Dec 1;9:439. PMID: 19951409	Does not address the question (evaluation of Healthy Diet Indicator)
30.	Brustad M, Parr CL, Melhus M, Lund E. Dietary patterns in the population living in the Sámi core areas of Norway--the SAMINOR study. Int J Circumpolar Health. 2008 Feb;67(1):82-96. PMID: 18468261	Cross-sectional analysis
31.	Buscemi S, Verga S, Tranchina MR, Cottone S, Cerasola G. Effects of hypocaloric very-low-carbohydrate diet vs. Mediterranean diet on endothelial function in obese women*. Eur J Clin Invest. 2009 May;39(5):339-47. PMID: 19302563	Does not meet inclusion criteria for methodology (evaluates a hypo-caloric diet)
32.	Cade JE, Taylor EF, Burley VJ, Greenwood DC. Does the Mediterranean dietary pattern or the Healthy Diet Index influence the risk of breast cancer in a large British cohort of women? Eur J Clin Nutr. 2011 Aug;65(8):920-8. doi: 10.1038/ejcn.2011.69. Epub 2011 May 18. PubMed PMID: 21587285.	Does not address the question (related to diet breast cancer)
33.	Canales A, Benedí J, Nus M, Librelotto J, Sánchez-Montero JM, Sánchez-Muniz FJ. Effect of walnut-enriched restructured meat in the antioxidant status of overweight/obese senior subjects with at least one extra CHD-risk factor. J Am Coll Nutr. 2007 Jun;26(3):225-32. PMID: 17634167	Does not address the question (evaluates antioxidants)
34.	Cao YT, Svensson V, Marcus C, Zhang J, Zhang JD, Sobko T. Eating behaviour patterns in Chinese children aged 12-18 months and association with relative weight - factorial validation of the Children's Eating Behaviour Questionnaire. Int J Behav Nutr Phys Act. 2012 Jan 24;9(1):5. [Epub ahead of print] PMID: 22272572	Does not address the question (related to eating behaviors)
35.	Carević V, Kuzmanić M, Rumboldt M, Rumboldt Z; INTERHEART Investigators. Predictive impact of coronary risk factors in southern Croatia: a case control study. Coll Antropol. 2010 Dec;34(4):1363-8. PMID: 21874722	Does not address the question (related to MI)
36.	Carrera PM, Gao X, Tucker KL. A study of dietary patterns in the Mexican-American population and their association with obesity. J	Cross-sectional analysis

	Am Diet Assoc. 2007 Oct;107(10):1735-42. PMID: 17904933	
37.	Cavalcanti CB, Barros MV, Menêses AL, Santos CM, Azevedo AM, Guimarães FJ. Abdominal obesity in adolescents: prevalence and association with physical activity and eating habits. Arq Bras Cardiol. 2010 Mar;94(3):350-6, 371-7. English, Portuguese. PMID: 20730265	Does not evaluate dietary patterns (related to physical activity and its association with obesity)
38.	Chatzi L, Mendez M, Garcia R, Roumeliotaki T, Ibarluzea J, Tardón A, Amiano P,Lertxundi A, Iñiguez C, Vioque J, Kogevinas M, Sunyer J; INMA and RHEA study groups. Mediterranean diet adherence during pregnancy and fetal growth: INMA (Spain) and RHEA (Greece) mother-child cohort studies. Br J Nutr. 2012 Jan;107(1):135-45. Epub 2011 Jun 29. PubMed PMID: 21733314.	Not considered very high or high development country, same as above
39.	Chen ST, Maruthur NM, Appel LJ. The effect of dietary patterns on estimated coronary heart disease risk: results from the Dietary Approaches to Stop Hypertension (DASH) trial. Circ Cardiovasc Qual Outcomes. 2010 Sep;3(5):484-9. Epub 2010 Aug 31. PMID: 20807884	Does not address the question (evaluation of DASH diet using Framingham risk equations)
40.	Chiuve SE, Fung TT, Rexrode KM, Spiegelman D, Manson JE, Stampfer MJ, Albert CM. Adherence to a low-risk, healthy lifestyle and risk of sudden cardiac death among women. JAMA. 2011 Jul 6;306(1):62-9. PMID: 21730242	Does not evaluate dietary patterns
41.	Cho YA, Kim J, Cho ER, Shin A. Dietary patterns and the prevalence of metabolic syndrome in Korean women. Nutr Metab Cardiovasc Dis. 2011 Nov;21(11):893-900. Epub 2010 Jul 31. PMID: 20674302	Cross-sectional analysis
42.	Cho YA, Shin A, Kim J. Dietary patterns are associated with body mass index in a Korean population. J Am Diet Assoc. 2011 Aug;111(8):1182-6. PMID: 21802564	Cross-sectional analysis
43.	Chockalingam A, Ganesan N, Venkatesan S, Gnanavelu G, Subramaniam T, Jaganathan V, Elangovan S, Alagesan R, Dorairajan S, Subramaniam A, Rafeeq K, Elangovan C, Rajendran V. Patterns and predictors of prehypertension among "healthy" urban adults in India. Angiology. 2005 Sep-Oct;56(5):557-63. PMID: 16193194	Does not evaluate dietary patterns
44.	Chourdakis M, Tzellos T, Pourzitaki C, Toulis KA, Papazisis G, Kouvelas D. Evaluation of dietary habits and assessment of cardiovascular disease risk factors among Greek university students. Appetite. 2011 Oct;57(2):377-83. Epub 2011 May 27. PMID: 21651931	Does not evaluate dietary patterns (related to AHA recommendations and CVD))
45.	Chrysohoou C, Panagiotakos DB, Aggelopoulos P, Kastorini CM, Kehagia I, Pitsavos C, Stefanadis C. The Mediterranean diet contributes to the preservation of left ventricular systolic function and to the long-term favorable prognosis of patients who have had an acute coronary event. Am J Clin Nutr. 2010 Jul;92(1):47-54. Epub 2010 May 19. PMID: 20484450	Does not address the question (evaluation of the Mediterranean diet and CVD)
46.	Cimadon HM, Geremia R, Pellanda LC. Dietary habits and risk factors for atherosclerosis in students from Bento Gonçalves (state of Rio Grande do Sul). Arq Bras Cardiol. 2010 Aug;95(2):166-72. Epub 2010 Jul 9. English, Portuguese. PMID: 20602005	Does not meet inclusion criteria for methodology
47.	Clinton D, Button E, Norring C, Palmer R. Cluster analysis of key diagnostic variables from two independent samples of eating-disorder patients: evidence for a consistent pattern. Psychol Med. 2004 Aug;34(6):1035-45. PMID: 15554574	Does not address the question (evaluated eating disorders)

48.	Corvalán C, Kain J, Weisstaub G, Uauy R. Impact of growth patterns and early diet on obesity and cardiovascular risk factors in young children from developing countries. Proc Nutr Soc. 2009 Aug;68(3):327-37. Epub 2009 Apr 29. PMID: 19400973	Does not meet inclusion criteria for methodology
49.	Costa MB, Ferreira SR, Franco LJ, Gimeno SG, Iunes M. Dietary patterns in a high-risk population for glucose intolerance. Japanese-Brazilian Diabetes Study Group. J Epidemiol. 2000 Mar;10(2):111-7. PMID: 10778035	Does not meet inclusion criteria for methodology (evaluates glucose intolerance)
50.	Croll JK, Neumark-Sztainer D, Story M, Wall M, Perry C, Harnack L. Adolescents involved in weight-related and power team sports have better eating patterns and nutrient intakes than non-sport-involved adolescents. J Am Diet Assoc. 2006 May;106(5):709-17. PMID: 16647329	Does not meet inclusion criteria for methodology (evaluates eating habits and physical activity)
51.	Cucó G, Fernández-Ballart J, Sala J, Viladrich C, Iranzo R, Vila J, Arija V. Dietary patterns and associated lifestyles in preconception, pregnancy and postpartum. Eur J Clin Nutr. 2006 Mar;60(3):364-71. PMID: 16340954	Does not address the question (related to dietary patterns in women who are planning immediate pregnancy and preconception)
52.	Cunha DB, de Almeida RM, Sichieri R, Pereira RA. Association of dietary patterns with BMI and waist circumference in a low-income neighbourhood in Brazil. Br J Nutr. 2010 Sep;104(6):908-13. Epub 2010 Apr 27. PMID: 20420750	Cross-sectional analysis
53.	Cusatis DC, Chinchilli VM, Johnson-Rollings N, Kieselhorst K, Stallings VA, Lloyd T. Longitudinal nutrient intake patterns of US adolescent women: the Penn State Young Women's Health Study. J Adolesc Health. 2000 Mar;26(3):194-204. PMID: 10706167	Does not meet inclusion criteria for methodology (used year-to-year Pearson correlation analysis)
54.	Cutting TM, Fisher JO, Grimm-Thomas K, Birch LL. Like mother, like daughter: familial patterns of overweight are mediated by mothers' dietary disinhibition. Am J Clin Nutr. 1999 Apr;69(4):608-13. PMID: 10197561	Does not address the question (examined parental characteristics associated with overweight and eating behaviors in preschool children)
55.	Dammann KW, Smith C. Food-related environmental, behavioral, and personal factors associated with body mass index among urban, low-income African-American, American Indian, and Caucasian women. Am J Health Promot. 2011 Jul-Aug;25(6):e1-e10. PubMed PMID: 21721954.	Does not address the question (related to the Mediterranean diet and breast cancer)
56.	Daniel CR, Prabhakaran D, Kapur K, Graubard BI, Devasenapathy N, Ramakrishnan L, George PS, Shetty H, Ferrucci LM, Yurgalevitch S, Chatterjee N, Reddy KS, Rastogi T, Gupta PC, Mathew A, Sinha R. A cross-sectional investigation of regional patterns of diet and cardio-metabolic risk in India. Nutr J. 2011 Jan 28;10:12. PMID: 21276235	Cross-sectional analysis
57.	Datta Banik S. Nutritional status adiposity and body composition of Oraon and Sarak females in Ranchi District, India--a comparison. Ecol Food Nutr. 2011 Jan-Feb;50(1):43-62. PMID: 21888587	Does not meet inclusion criteria for methodology (related to under-nutrition factors)
58.	Davis MS, Miller CK, Mitchell DC. More favorable dietary patterns are associated with lower glycemic load in older adults. J Am Diet Assoc. 2004 Dec;104(12):1828-35. PMID: 15565077	Does not include body weight as an outcome (related to lower glycemic load)
59.	de Gouw L, Klepp KI, Vignerová J, Lien N, Steenhuis IH, Wind M. Associations between diet and (in)activity behaviors with overweight and obesity among 10-18-year-old Czech Republic adolescents. Public Health Nutr. 2010 Oct;13(10A):1701-7. PMID: 20883569	Does not meet inclusion criteria for methodology (related to behavioral risk factors of being overweight/obese)

60.	Del Mar Bibiloni M, Martínez E, Llull R, Pons A, Tur JA. Western and Mediterranean dietary patterns among Balearic Islands' adolescents: socio-economic and lifestyle determinants. Public Health Nutr. 2011 Sep 8:1-10. [Epub ahead of print] PMID: 21899802	Does not include body weight as an outcome (related to lifestyle and diet)
61.	Delavar MA, Lye MS, Khor GL, Hassan ST, Hanachi P. Dietary patterns and the metabolic syndrome in middle aged women, Babol, Iran. Asia Pac J Clin Nutr. 2009;18(2):285-92. PMID: 19713190	Does not include inclusion criteria for methodolgy (uses Spearman's rank correlation coefficient)
62.	Delisle HF, Vioque J, Gil A. Dietary patterns and quality in West-African immigrants in Madrid. Nutr J. 2009 Jan 23;8:3. PMID: 19166606	Cross-sectional analysis
63.	Denova-Gutiérrez E, Castañón S, Talavera JO, Flores M, Macías N, Rodríguez-Ramírez S, Flores YN, Salmerón J. Dietary patterns are associated with different indexes of adiposity and obesity in an urban Mexican population. J Nutr. 2011 May;141(5):921-7. Epub 2011 Mar 30. PMID: 21451126	Cross-sectional analysis
64.	Denova-Gutiérrez E, Castañón S, Talavera JO, Gallegos-Carrillo K, Flores M, Dosamantes-Carrasco D, Willett WC, Salmerón J. Dietary patterns are associated with metabolic syndrome in an urban Mexican population. J Nutr. 2010 Oct;140(10):1855-63. Epub 2010 Aug 11. PMID: 20702749	Cross-sectional analysis
65.	Deshmukh-Taskar PR, O'Neil CE, Nicklas TA, Yang SJ, Liu Y, Gustat J, Berenson GS. Dietary patterns associated with metabolic syndrome, sociodemographic and lifestyle factors in young adults: the Bogalusa Heart Study. Public Health Nutr. 2009 Dec;12(12):2493-503. Epub 2009 Sep 11. PMID: 19744354	Cross-sectional analysis
66.	Díez-Espino J, Buil-Cosiales P, Serrano-Martínez M, Toledo E, Salas-Salvadó J, Martínez-González MÁ. Adherence to the Mediterranean diet in patients with type 2 diabetes mellitus and HbA1c level. Ann Nutr Metab. 2011;58(1):74-8. Epub 2011 Mar 24. PMID: 21430378	Participants diagnosed with T2D (cross-sectional analysis)
67.	Dosamantes-Carrasco D, Méndez-Hernández P, Denova-Gutiérrez E, Lamure M, Morales L, Talavera JO, Espinosa P, Salmerón J. Scale for assessing the quality of Mexican adults' mealtime habits. Salud Publica Mex. 2011 Mar-Apr;53(2):152-9. PMID: 21537806	Does not address the question (related to mealtime habits)
68.	Drogan D, Hoffmann K, Schulz M, Bergmann MM, Boeing H, Weikert C. A food pattern predicting prospective weight change is associated with risk of fatal but not with nonfatal cardiovascular disease. J Nutr. 2007 Aug;137(8):1961-7. PMID: 17634271	Does not include body weight as an outcome (related to CVD and a food pattern)
69.	Dugee O, Khor GL, Lye MS, Luvsannyam L, Janchiv O, Jamyan B, Esa N. Association of major dietary patterns with obesity risk among Mongolian men and women. Asia Pac J Clin Nutr. 2009;18(3):433-40. PMID: 19786392	Not considered very high or high human-development country
70.	Dwyer JT, Evans M, Stone EJ, Feldman HA, Lytle L, Hoelscher D, Johnson C, Zive M, Yang M; Child and Adolescent Trial for Cardiovascular Health (CATCH) Cooperative Research Group. Adolescents' eating patterns influence their nutrient intakes. J Am Diet Assoc. 2001 Jul;101(7):798-802. No abstract available. PMID: 11478479	Does not meet inclusion criteria for methodology
71.	Ebrahim S, Smith GD. Systematic review of randomised controlled trials of multiple risk factor interventions for preventing coronary heart disease. BMJ. 1997 Jun 7;314(7095):1666-74. PMID: 9193292	Does not meet inclusion criteria for methodology (systematic review of RCTs; related to CVD)

72.	Egeberg R, Frederiksen K, Olsen A, Johnsen NF, Loft S, Overvad K, Tjønneland A. Intake of wholegrain products is associated with dietary, lifestyle, anthropometric and socio-economic factors in Denmark. Public Health Nutr. 2009 Sep;12(9):1519-30. Epub 2009 Feb 6. PMID: 19195420	Cross-sectional analysis
73.	Eilat-Adar S, Mete M, Nobmann ED, Xu J, Fabsitz RR, Ebbesson SO, Howard BV. Dietary patterns are linked to cardiovascular risk factors but not to inflammatory markers in Alaska Eskimos. J Nutr. 2009 Dec;139(12):2322-8. Epub 2009 Oct 14. PMID: 19828690	Does not include body weight as an outcome (cross-sectional analysis of CVD risk factors)
74.	Engeset D, Alsaker E, Ciampi A, Lund E. Dietary patterns and lifestyle factors in the Norwegian EPIC cohort: the Norwegian Women and Cancer (NOWAC) study. Eur J Clin Nutr. 2005 May;59(5):675-84. PMID: 15785773	Does not include body weight as an outcome (cross-sectional analysis of lifestyle factors)
75.	Erber E, Hopping BN, Grandinetti A, Park SY, Kolonel LN, Maskarinec G. Dietary patterns and risk for diabetes: the multiethnic cohort. Diabetes Care. 2010 Mar;33(3):532-8. Epub 2009 Dec 10. PMID: 20007939	Does not include body weight as an outcome (related to dietary patterns and risk for diabetes)
76.	Esmaillzadeh A, Azadbakht L. J Major dietary patterns in relation to general obesity and central adiposity among Iranian women. Nutr. 2008 Feb;138(2):358-63. PMID: 18203904	Cross-sectional analysis
77.	Esmaillzadeh A, Kimiagar M, Mehrabi Y, Azadbakht L, Hu FB, Willett WC. Dietary patterns and markers of systemic inflammation among Iranian women. J Nutr. 2007 Apr;137(4):992-8. PMID: 17374666	Does not include body weight as an outcome (related to CRP)
78.	Esmaillzadeh A, Kimiagar M, Mehrabi Y, Azadbakht L, Hu FB, Willett WC. Dietary patterns, insulin resistance, and prevalence of the metabolic syndrome in women. Am J Clin Nutr. 2007 Mar;85(3):910-8. PMID: 17344515	Cross-sectional analysis
79.	Esposito K, Maiorino MI, Ciotola M, Di Palo C, Scognamiglio P, Gicchino M, Petrizzo M, Saccomanno F, Beneduce F, Ceriello A, Giugliano D. Effects of a Mediterranean-style diet on the need for antihyperglycemic drug therapy in patients with newly diagnosed type 2 diabetes: a randomized trial. Ann Intern Med. 2009 Sep 1;151(5):306-14. Erratum in: Ann Intern Med. 2009 Oct 20;151(8):591. PMID: 19721018	Participants diagnosed with T2D (compared 2 diets)
80.	Estruch R, Martínez-González MA, Corella D, Basora-Gallisá J, Ruiz-Gutiérrez V, Covas MI, Fiol M, Gómez-Gracia E, López-Sabater MC, Escoda R, Pena MA, Diez-Espino J, Lahoz C, Lapetra J, Sáez G, Ros E; PREDIMED Study Investigators. Effects of dietary fibre intake on risk factors for cardiovascular disease in subjects at high risk. J Epidemiol Community Health. 2009 Jul;63(7):582-8. Epub 2009 Mar 15. PMID: 19289389	Does not include body weight as an outcome (related to dietary fiber and CVD)
81.	Estruch R, Martínez-González MA, Corella D, Salas-Salvadó J, Ruiz-Gutiérrez V, Covas MI, Fiol M, Gómez-Gracia E, López-Sabater MC, Vinyoles E, Arós F, Conde M, Lahoz C, Lapetra J, Sáez G, Ros E; PREDIMED Study Investigators. Effects of a Mediterranean-style diet on cardiovascular risk factors: a randomized trial. Ann Intern Med. 2006 Jul 4;145(1):1-11. PMID: 16818923	Does not include body weight as an outcome (related to Mediterranean diet and CVD)
82.	Fardy PS, White RE, Haltiwanger-Schmitz K, Magel JR, McDermott KJ, Clark LT, Hurster MM. Coronary disease risk factor reduction and behavior modification in minority adolescents: the PATH program. J Adolesc Health. 1996 Apr;18(4):247-53. PMID: 8860788	Does not include body weight as an outcome (related to physical activity and CVD)

83.	Feskens EJ, Bowles CH, Kromhout D. Inverse association between fish intake and risk of glucose intolerance in normoglycemic elderly men and women. Diabetes Care. 1991 Nov;14(11):935-41. PMID: 1797505	Does not meet inclusion criteria for methodology (related to fish intake and glucose intolerance)
84.	Festi D, Scaioli E, Baldi F, Vestito A, Pasqui F, Di Biase AR, Colecchia A. Body weight, lifestyle, dietary habits and gastroesophageal reflux disease. World J Gastroenterol. 2009 Apr 14;15(14):1690-701. Review. PMID: 19360912	Does not meet inclusion criteria for methodology (related to gastro-esophageal/reflux disease)
85.	Fezeu L, Andreeva VA, Hercberg S, Kengne AP, Czernichow S, Kesse-Guyot E. Association between dietary scores and 13-year weight change and obesity risk in a French prospective cohort. Int J Obes (Lond). 2012 Jan 17. doi: 10.1038/ijo.2011.264. [Epub ahead of print] PubMed PMID: 22249228.	Does not include body weight as an outcome (related to bone mineral density)
86.	Flores M, Macias N, Rivera M, Lozada A, Barquera S, Rivera-Dommarco J, Tucker KL. Dietary patterns in Mexican adults are associated with risk of being overweight or obese. J Nutr. 2010 Oct;140(10):1869-73. Epub 2010 Aug 25. PMID: 20739452	Cross-sectional analysis
87.	Francis DK, Van den Broeck J, Younger N, McFarlane S, Rudder K, Gordon-Strachan G, Grant A, Johnson A, Tulloch-Reid M, Wilks R. Fast-food and sweetened beverage consumption: association with overweight and high waist circumference in adolescents. Public Health Nutr. 2009 Aug;12(8):1106-14. Epub 2009 Feb 26. PMID: 19243675	Does not meet inclusion criteria for methodology
88.	Franzen L, Smith C. Differences in stature, BMI, and dietary practices between US born and newly immigrated Hmong children. Soc Sci Med. 2009 Aug;69(3):442-50. Epub 2009 Jun 24. PMID: 19556047	Does not meet inclusion criteria for methodology (related to acculturation)
89.	Frentzel-Beyme R, Claude J, Eilber U. Mortality among German vegetarians: first results after five years of follow-up. Nutr Cancer. 1988;11(2):117-26. PMID: 3362722	Does not address the question (related to mortality among German vegetarians)
90.	Fung TT, Rimm EB, Spiegelman D, Rifai N, Tofler GH, Willett WC, Hu FB. Association between dietary patterns and plasma biomarkers of obesity and cardiovascular disease risk. Am J Clin Nutr. 2001 Jan;73(1):61-7. PMID: 11124751	Does not include body weight as an outcome
91.	Fung TT, Schulze M, Manson JE, Willett WC, Hu FB. Dietary patterns, meat intake, and the risk of type 2 diabetes in women. Arch Intern Med. 2004 Nov 8;164(20):2235-40. PMID: 15534160	Does not address the question (related to T2D)
92.	Gabriel CG, Corso AC, Caldeira GV, Gimeno SG, Schmitz Bde A, de Vasconcelos Fde A. Overweight and obesity related factors in schoolchildren in Santa Catarina State, Brazil. Arch Latinoam Nutr. 2010 Dec;60(4):332-9. PMID: 21866682	Does not meet inclusion criteria for methodology (cross-sectional analysis)
93.	Gambera PJ, Schneeman BO, Davis PA. Use of the Food Guide Pyramid and US Dietary Guidelines to improve dietary intake and reduce cardiovascular risk in active-duty Air Force members. J Am Diet Assoc. 1995 Nov;95(11):1268-73. PMID: 7594122	Does not meet inclusion criteria for methodology (RCT that evaluates exercise alone and dietary and exercise intervention)
94.	Ganguli D, Das N, Saha I, Biswas P, Datta S, Mukhopadhyay B, Chaudhuri D, Ghosh S, Dey S. Major dietary patterns and their associations with cardiovascular risk factors among women in West Bengal, India. Br J Nutr. 2011 May;105(10):1520-9. Epub 2011 Jan 28. PMID: 21272403	Cross-sectional analysis

95.	Ganji V, Kafai MR, McCarthy E. Serum leptin concentrations are not related to dietary patterns but are related to sex, age, body mass index, serum triacylglycerol, serum insulin, and plasma glucose in the US population. Nutr Metab (Lond). 2009 Jan 14;6:3. PubMed PMID: 19144201; PubMed Central PMCID: PMC2657130.	Participants are pregnant
96.	Garaulet M, Marín C, Pérez-Llamas F, Canterasl M, Tebar FJ, Zamora S. Adiposity and dietary intake in cardiovascular risk in an obese population from a Mediterranean area. J Physiol Biochem. 2004 Mar;60(1):39-49. PMID: 15352383	Does not meet inclusion criteria for methodology (evaluated Mediterranean population and CVD)
97.	Garaulet M, Pérez-Llamas F, Canteras M, Tebar FJ, Zamora S. Endocrine, metabolic and nutritional factors in obesity and their relative significance as studied by factor analysis. Int J Obes Relat Metab Disord. 2001 Feb;25(2):243-51. PMID: 11410827	Does not meet inclusion criteria for methodology (related to factors contributing to obesity)
98.	Gavrila D, Salmerón D, Egea-Caparrós JM, Huerta JM, Pérez-Martínez A, Navarro C, Tormo MJ. Prevalence of metabolic syndrome in Murcia Region, a southern European Mediterranean area with low cardiovascular risk and high obesity. BMC Public Health. 2011 Jul 14;11:562. PMID: 21752307	Does not meet inclusion criteria for methodology (cross-sectional analysis)
99.	Genest J Jr, Cohn JS. Clustering of cardiovascular risk factors: targeting high-risk individuals. Am J Cardiol. 1995 Jul 13;76(2):8A-20A. Review. PMID: 7604805	Does not meet inclusion criteria for methodology (narrative review)
100.	Gera T, Khetarpaul N. Food consumption pattern and nutrient intake of Indian obese males. Nutr Health. 2000;14(4):205-16. PMID: 11142609	Does not meet inclusion criteria for methodology (descriptive study)
101.	Gerber M. Qualitative methods to evaluate Mediterranean diet in adults. Public Health Nutr. 2006 Feb;9(1A):147-51. PMID: 16512962	Does not meet inclusion criteria for methodology (cross-sectional analysis)
102.	Gex-Fabry M, Raymond L, Jeanneret O. Multivariate analysis of dietary patterns in 939 Swiss adults: sociodemographic parameters and alcohol consumption profiles. Int J Epidemiol. 1988 Sep;17(3):548-55. PMID: 3209335	Cross-sectional analysis
103.	Gharib N, Rasheed P. Energy and macronutrient intake and dietary pattern among school children in Bahrain: a cross-sectional study. Nutr J. 2011 Jun 5;10:62. PMID: 21645325	Does not meet inclusion criteria for methodology (cross-sectional analysis)
104.	Ghosh A. Obesity measures, metabolic profiles and dietary fatty acids in lean and obese postmenopausal diabetic Asian Indian women. Anthropol Anz. 2009 Mar;67(1):83-93. PMID: 19462679	Does not meet inclusion criteria for methodology (descriptive study)
105.	Gibson S, Lambert J, Neate, D. Associations between weight status, physical activity, and consumption of biscuits, cakes and confectionery among young people in Britain. Nutrition Bulletin. 2004 29;4:301-309.	Does not include body weight as an outcome (related to serum leptin)
106.	Gimeno SG, Andreoni S, Ferreira SR, Franco LJ, Cardoso MA. Assessing food dietary intakes in Japanese-Brazilians using factor analysis. Cad Saude Publica. 2010 Nov;26(11):2157-67. PMID: 21180989	Cross-sectional analysis
107.	Gittelsohn J, Wolever TM, Harris SB, Harris-Giraldo R, Hanley AJ, Zinman B. Specific patterns of food consumption and preparation are associated with diabetes and obesity in a Native Canadian community. J Nutr. 1998 Mar;128(3):541-7. PMID: 9482761	Does not include body weight as an outcome
108.	Gray CL, Cinciripini PM, Cinciripini LG. The relationship of gender, diet patterns, and body type to weight change following smoking reduction: a multivariate approach. J Subst Abuse. 1995;7(4):405-23. PMID: 8838624	Does not meet inclusion criteria for methodology

109.	Greenwood DC, Cade JE, Draper A, Barrett JH, Calvert C, Greenhalgh A. Seven unique food consumption patterns identified among women in the UK Women's Cohort Study. Eur J Clin Nutr. 2000 Apr;54(4):314-20. PMID: 10745282	Cross-sectional analysis
110.	Gubbels JS, Kremers SP, Goldbohm RA, Stafleu A, Thijs C. Energy balance-related behavioural patterns in 5-year-old children and the longitudinal association with weight status development in early childhood. Public Health Nutr. 2011 Nov 29:1-9. [Epub ahead of print] PMID: 22124196	Includes behavioral patterns
111.	Halkjaer J, Sørensen TI, Tjønneland A, Togo P, Holst C, Heitmann BL. Food and drinking patterns as predictors of 6-year BMI-adjusted changes in waist circumference. Br J Nutr. 2004 Oct;92(4):735-48. PubMed PMID: 15522143.	Does not address the question (cross-sectional analysis related to food-related environmental factors)
112.	Harriss LR, English DR, Powles J, Giles GG, Tonkin AM, Hodge AM, Brazionis L, O'Dea K. Dietary patterns and cardiovascular mortality in the Melbourne Collaborative Cohort Study. Am J Clin Nutr. 2007 Jul;86(1):221-9. PMID: 17616784	Does not include body weight as an outcome (related to CVD)
113.	Hart CN, Jelalian E, Raynor HA, Mehlenbeck R, Lloyd-Richardson EE, Kaplan J, Flynn-O'Brien K, Wing RR. Early patterns of food intake in an adolescent weight loss trial as predictors of BMI change. Eat Behav. 2010 Dec;11(4):217-22. Epub 2010 May 26. PMID: 20850055	Does not meet inclusion criteria for methodology (evaluated food intake predictors of BMI)
114.	Hartline-Grafton HL, Rose D, Johnson CC, Rice JC, Webber LS. The influence of weekday eating patterns on energy intake and BMI among female elementary school personnel. Obesity (Silver Spring). 2010 Apr;18(4):736-42. Epub 2009 Aug 20. PMID: 19696760	Does not meet inclusion criteria for methodology (evaluated eating behavior)
115.	He Y, Ma G, Zhai F, Li Y, Hu Y, Feskens EJ, Yang X. Dietary patterns and glucose tolerance abnormalities in Chinese adults. Diabetes Care. 2009 Nov;32(11):1972-6. Epub 2009 Aug 12. PMID: 19675202	Does not include body weight as an outcome (evaluated dietary patterns and glucose tolerance)
116.	Heidemann C, Hoffmann K, Spranger J, Klipstein-Grobusch K, Möhlig M, Pfeiffer AF, Boeing H; European Prospective Investigation into Cancer and Nutrition (EPIC)--Potsdam Study Cohort. A dietary pattern protective against type 2 diabetes in the European Prospective Investigation into Cancer and Nutrition (EPIC)--Potsdam Study cohort. Diabetologia. 2005 Jun;48(6):1126-34. Epub 2005 May 12. PMID: 15889235	Does not meet inclusion criteria for methodology
117.	Heidemann C, Scheidt-Nave C, Richter A, Mensink GB. Dietary patterns are associated with cardiometabolic risk factors in a representative study population of German adults. Br J Nutr. 2011 Oct;106(8):1253-62. Epub 2011 May 17. PMID: 21736839	Cross-sectional analysis
118.	Hendricks KM, Mwamburi DM, Newby PK, Wanke CA. Dietary patterns and health and nutrition outcomes in men living with HIV infection. Am J Clin Nutr. 2008 Dec;88(6):1584-92. PMID: 19064519	Participants diagnosed with HIV
119.	Héroux M, Janssen I, Lam M, Lee DC, Hebert JR, Sui X, Blair SN. Dietary patterns and the risk of mortality: impact of cardiorespiratory fitness. Int J Epidemiol. 2010 Feb;39(1):197-209. Epub 2009 Apr 20. PMID: 19380370	Cross-sectional analysis (focused in mortality)
120.	Hittner JB, Faith MS. Typology of emergent eating patterns in early childhood. Eat Behav. 2011 Dec;12(4):242-8. Epub 2011 Jun 26. PMID: 22051354	Does not include body weight as an outcome (related to emergent eating patterns)

121.	Höglund D, Samuelson G, Mark A. Food habits in Swedish adolescents in relation to socioeconomic conditions. Eur J Clin Nutr. 1998 Nov;52(11):784-9. PMID: 9846589	Does not meet inclusion criteria for methodology (cross-sectional analysis)
122.	Holmbäck I, Ericson U, Gullberg B, Wirfält E. A high eating frequency is associated with an overall healthy lifestyle in middle-aged men and women and reduced likelihood of general and central obesity in men. Br J Nutr. 2010 Oct;104(7):1065-73. Epub 2010 May 26. PMID: 20500929	Does not meet inclusion criteria for methodology (cross-sectional analysis)
123.	Hong S, Song Y, Lee KH, Lee HS, Lee M, Jee SH, Joung H. A fruit and dairy dietary pattern is associated with a reduced risk of metabolic syndrome. Metabolism. 2011 Dec 28. [Epub ahead of print] PMID: 22209672	Cross-sectional analysis
124.	Horn LV, Tian L, Neuhouser ML, Howard BV, Eaton CB, Snetselaar L, Matthan NR, Lichtenstein AH. Dietary patterns are associated with disease risk among participants in the Women's Health Initiative Observational Study. J Nutr. 2012 Feb;142(2):284-91. Epub 2011 Dec 21. PubMed PMID: 22190026; PubMed Central PMCID: PMC3260060.	Does not include body weight as an outcome
125.	Hosseini-Esfahani F, Jessri M, Mirmiran P, Bastan S, Azizi F. Adherence to dietary recommendations and risk of metabolic syndrome: Tehran Lipid and Glucose Study. Metabolism. 2010 Dec;59(12):1833-42. Epub 2010 Jul 29. PMID: 20667561	Does not meet inclusion criteria for methodology (cross-sectional analysis)
126.	Howard BV, Curb JD, Eaton CB, Kooperberg C, Ockene J, Kostis JB, Pettinger M, Rajkovic A, Robinson JG, Rossouw J, Sarto G, Shikany JM, Van Horn L. Low-fat dietary pattern and lipoprotein risk factors: the Women's Health Initiative Dietary Modification Trial. Am J Clin Nutr. 2010 Apr;91(4):860-74. Epub 2010 Feb 17. PMID: 20164311	Does not include body weight as an outcome (related to lipids and lipoprotein analysis)
127.	Hu D, Taylor T, Blow J, Cooper TV. Multiple health behaviors: patterns and correlates of diet and exercise in a Hispanic college sample. Eat Behav. 2011 Dec;12(4):296-301. Epub 2011 Jul 24. PMID: 22051363	Does not meet inclusion criteria for methodology (related to exercise and dietary behavior)
128.	Hu FB, Rimm EB, Stampfer MJ, Ascherio A, Spiegelman D, Willett WC. Prospective study of major dietary patterns and risk of coronary heart disease in men. Am J Clin Nutr. 2000 Oct;72(4):912-21. PMID: 11010931	Does not include body weight as an outcome (dietary patterns related to CHD)
129.	Jacobs DR Jr, Andersen LF, Blomhoff R. Whole-grain consumption is associated with a reduced risk of noncardiovascular, noncancer death attributed to inflammatory diseases in the Iowa Women's Health Study. Am J Clin Nutr. 2007 Jun;85(6):1606-14. PMID: 17556700	Does not include body weight as an outcome (related to whole-grain intake)
130.	Jacobsen BK, Thelle DS. The Tromsø Heart Study: the relationship between food habits and the body mass index. J Chronic Dis. 1987;40(8):795-800. PMID: 3496347	Does not meet inclusion criteria for methodology (cross-sectional data)
131.	Jiménez-Cruz A, Bacardí-Gascón M, Jones EG. Consumption of fruits, vegetables, soft drinks, and high-fat-containing snacks among Mexican children on the Mexico-U.S. border. Arch Med Res. 2002 Jan-Feb;33(1):74-80. PMID: 11825635	Does not meet inclusion criteria for methodology (cross-sectional data)
132.	Jollie-Trottier T, Holm JE, McDonald JD. Correlates of overweight and obesity in american Indian children. J Pediatr Psychol. 2009 Apr;34(3):245-53. Epub 2008 May 22. PMID: 18499740	Does not meet inclusion criteria for methodology
133.	Jonnalagadda SS, Diwan S. Regional variations in dietary intake and body mass index of first-generation Asian-Indian immigrants in the United States. J Am Diet Assoc. 2002 Sep;102(9):1286-9. PMID: 12792628	Does not meet inclusion criteria for methodology

134.	Jouret B, Ahluwalia N, Cristini C, Dupuy M, Nègre-Pages L, Grandjean H, Tauber M. Factors associated with overweight in preschool-age children in southwestern France. Am J Clin Nutr. 2007 Jun;85(6):1643-9. PMID: 17556704	Does not meet inclusion criteria for methodology (related to factors associated with overweight)
135.	Kamath CC, Vickers KS, Ehrlich A, McGovern L, Johnson J, Singhal V, Paulo R, Hettinger A, Erwin PJ, Montori VM. Clinical review: behavioral interventions to prevent childhood obesity: a systematic review and metaanalyses of randomized trials. J Clin Endocrinol Metab. 2008 Dec;93(12):4606-15. Epub 2008 Sep 9. Review. PMID: 18782880	Does not meet inclusion criteria for methodology (systematic review of RCTs related to behavioral interventions)
136.	Kant AK, Ballard-Barbash R, Schatzkin A. Evening eating and its relation to self-reported body weight and nutrient intake in women, CSFII 1985-86. J Am Coll Nutr. 1995 Aug;14(4):358-63. PMID: 8568112	Does not meet inclusion criteria for methodology
137.	Kant AK, Graubard BI. Secular trends in patterns of self-reported food consumption of adult Americans: NHANES 1971-1975 to NHANES 1999-2002. Am J Clin Nutr. 2006 Nov;84(5):1215-23. PMID: 17093177	Does not meet inclusion criteria for methodology (cross-sectional analysis related to trends in dietary and other factors that may increase adiposity)
138.	Kant AK, Leitzmann MF, Park Y, Hollenbeck A, Schatzkin A. Patterns of recommended dietary behaviors predict subsequent risk of mortality in a large cohort of men and women in the United States. J Nutr. 2009 Jul;139(7):1374-80. Epub 2009 May 27. PMID: 19474153	Does not include body weight as an outcome (related to dietary behaviors and mortality)
139.	Kastorini CM, Milionis HJ, Esposito K, Giugliano D, Goudevenos JA, Panagiotakos DB. The effect of Mediterranean diet on metabolic syndrome and its components: a meta-analysis of 50 studies and 534,906 individuals. J Am Coll Cardiol. 2011 Mar 15;57(11):1299-313. PMID: 21392646	Does not meet inclusion criteria for methodology (meta-analysis of prospective studies and clinical trials related to Mediterranean diet and metabolic syndrome)
140.	Kayrooz K, Moy TF, Yanek LR, Becker DM. Dietary fat patterns in urban African American women. J Community Health. 1998 Dec;23(6):453-69. PMID: 9824794	Does not meet inclusion criteria for methodology
141.	Keding GB, Msuya JM, Maass BL, Krawinkel MB.Dietary patterns and nutritional health of women: the nutrition transition in rural Tanzania. Food Nutr Bull. 2011 Sep;32(3):218-26. PMID: 22073796	Not considered very high or high human-development country
142.	Kesse-Guyot E, Bertrais S, Péneau S, Estaquio C, Dauchet L, Vergnaud AC, Czernichow S, Galan P, Hercberg S, Bellisle F. Dietary patterns and their sociodemographic and behavioural correlates in French middle-aged adults from the SU.VI.MAX cohort. Eur J Clin Nutr. 2009 Apr;63(4):521-8. Epub 2008 Jan 23. PMID: 18212801	Cross-sectional analysis
143.	Kim J, Jo I. Grains, vegetables, and fish dietary pattern is inversely associated with the risk of metabolic syndrome in South korean adults. J Am Diet Assoc. 2011 Aug;111(8):1141-9. PMID: 21802559	Cross-sectional analysis
144.	King DE, Mainous AG 3rd, Carnemolla M, Everett CJ. Adherence to healthy lifestyle habits in US adults, 1988-2006. Am J Med. 2009 Jun;122(6):528-34. PMID: 19486715	Cross-sectional analysis (comparison of 2 surveys)
145.	Kitchen MS, Ransley JK, Greenwood DC, Clarke GP, Conner MT, Jupp J, Cade JE. Study protocol: a cluster randomised controlled trial of a school based fruit and vegetable intervention - Project Tomato. BMC Health Serv Res. 2009 Jun 16;9:101. PMID: 19531246	Does not meet inclusion criteria for methodology (fruit and vegetable intervention)
146.	Kjøllesdal MR, Holmboe-Ottesen G, Mosdøl A, Wandel M. The relative importance of socioeconomic indicators in explaining differences in BMI and waist:hip ratio, and the mediating effect of work control, dietary patterns and physical activity. Br J Nutr. 2010	Cross-sectional analysis

	Oct;104(8):1230-40. Epub 2010 May 21. PMID: 20487579	
147.	Kjøllesdal MR, Holmboe-Ottesen G, Wandel M. Frequent use of staff canteens is associated with unhealthy dietary habits and obesity in a Norwegian adult population. Public Health Nutr. 2011 Jan;14(1):133-41. Epub 2010 Jun 8. PMID: 20529403	Does not address the question (cross-sectional analysis of staff canteen use)
148.	Knol LL, Haughton B, Fitzhugh EC. Dietary patterns of young, low-income US children. J Am Diet Assoc. 2005 Nov;105(11):1765-73. PMID: 16256761	Cross-sectional analysis (continuing Survey of Food Intakes by Individuals 1994-1996, 1998)
149.	Knudsen VK, Orozova-Bekkevold IM, Mikkelsen TB, Wolff S, Olsen SF. Major dietary patterns in pregnancy and fetal growth. Eur J Clin Nutr. 2008 Apr;62(4):463-70. Epub 2007 Mar 28. PMID: 17392696	Does not address the question (related to diet during pregnancy and fetal growth)
150.	Ko GT, Chan JC, Tong SD, Chan AW, Wong PT, Hui SS, Kwok R, Chan CL. Associations between dietary habits and risk factors for cardiovascular diseases in a Hong Kong Chinese working population--the "Better Health for Better Hong Kong" (BHBHK) health promotion campaign. Asia Pac J Clin Nutr. 2007;16(4):757-65. PMID: 18042539	Does not meet inclusion criteria for methodology
151.	Kolodinsky JM, Goldstein AB. Time use and food pattern influences on obesity. Obesity (Silver Spring). 2011 Dec;19(12):2327-35. doi: 10.1038/oby.2011.130. Epub 2011 May 26. PubMed PMID: 21617636; PubMed Central PMCID: PMC3223413.	Does not meet inclusion criteria for methodology
152.	Kontogianni MD, Farmaki AE, Vidra N, Sofrona S, Magkanari F, Yannakoulia M. Associations between lifestyle patterns and body mass index in a sample of Greek children and adolescents. J Am Diet Assoc. 2010 Feb;110(2):215-21. PMID: 20102848	Cross-sectional analysis (confirm dietary patterns with full text)
153.	Kosti RI, Panagiotakos DB, Mihas CC, Alevizos A, Zampelas A, Mariolis A, Tountas Y. Dietary habits, physical activity and prevalence of overweight/obesity among adolescents in Greece: the Vyronas study. Med Sci Monit. 2007 Oct;13(10):CR437-44. PMID: 17901850	Does not meet inclusion criteria for methodology
154.	Kourlaba G, Panagiotakos DB, Mihas K, Alevizos A, Marayiannis K, Mariolis A, Tountas Y. Dietary patterns in relation to socio-economic and lifestyle characteristics among Greek adolescents: a multivariate analysis. Public Health Nutr. 2009 Sep;12(9):1366-72. Epub 2008 Dec 9. PMID: 19063765	Does not include body weight as an outcome
155.	Kourlaba G, Polychronopoulos E, Zampelas A, Lionis C, Panagiotakos DB. Development of a diet index for older adults and its relation to cardiovascular disease risk factors: the Elderly Dietary Index. J Am Diet Assoc. 2009 Jun;109(6):1022-30. PMID: 19465184	Does not address the question (development of a diet index and CVD)
156.	Kristeller JL, Rodin J. Identifying eating patterns in male and female undergraduates using cluster analysis. Addict Behav. 1989;14(6):631-42. PMID: 2618846	Does not include body weight as an outcome
157.	Kruger R, Kruger HS, Macintyre UE. The determinants of overweight and obesity among 10- to 15-year-old schoolchildren in the North West Province, South Africa - the THUSA BANA (Transition and Health during Urbanisation of South Africans; BANA, children) study. Public Health Nutr. 2006 May;9(3):351-8. PMID: 16684387	Does not meet inclusion criteria for methodology
158.	Kulesza W, Rywik S, Baláz V, Budlovský I, Marczuk A. Prevalence of ischaemic heart disease risk factors in male populations aged 45-54 years in Warsaw and Bratislava. Part IV: Relationship between dietary habits and IHD risk factors. Cor Vasa. 1984;26(1):61-71. PMID: 6723318	Does not meet inclusion criteria for methodology (descriptive study)

159.	Kyrø C, Skeie G, Dragsted LO, Christensen J, Overvad K, Hallmans G, Johansson I, Lund E, Slimani N, Johnsen NF, Halkjær J, Tjønneland A, Olsen A. Intake of whole grains in Scandinavia is associated with healthy lifestyle, socio-economic and dietary factors. Public Health Nutr. 2011 Oct;14(10):1787-95. Epub 2011 Feb 22. PMID: 21338557	Does not meet inclusion criteria for methodology (cross-sectional analysis of whole-grain consumption)
160.	Lagström H, Hakanen M, Niinikoski H, Viikari J, Rönnemaa T, Saarinen M, Pahkala K, Simell O. Growth patterns and obesity development in overweight or normal-weight 13-year-old adolescents: the STRIP study. Pediatrics. 2008 Oct;122(4):e876-83. PMID: 18829786	Does not meet inclusion criteria for methodology
161.	Langsetmo L, Hanley DA, Prior JC, Barr SI, Anastassiades T, Towheed T, Goltzman D, Morin S, Poliquin S, Kreiger N; CaMos Research Group. Dietary patterns and incident low-trauma fractures in postmenopausal women and men aged ≥ 50 y: a population-based cohort study. Am J Clin Nutr. 2011 Jan;93(1):192-9. Epub 2010 Nov 10. PubMed PMID: 21068350.	Does not address the question (related to diet and CHD)
162.	Langsetmo L, Poliquin S, Hanley DA, Prior JC, Barr S, Anastassiades T, Towheed T, Goltzman D, Kreiger N; CaMos Research Group. Dietary patterns in Canadian men and women ages 25 and older: relationship to demographics, body mass index, and bone mineral density. BMC Musculoskelet Disord. 2010 Jan 28;11:20. PMID: 20109205	Does not include body weight as an outcome
163.	Lapidus L, Andersson H, Bengtsson C, Bosaeus I. Dietary habits in relation to incidence of cardiovascular disease and death in women: a 12-year follow-up of participants in the population study of women in Gothenburg, Sweden. Am J Clin Nutr. 1986 Oct;44(4):444-8. PMID: 3766431	Does not include body weight as an outcome (related to incidence of CVD)
164.	Larkin FA, Basiotis PP, Riddick HA, Sykes KE, Pao EM. Dietary patterns of women smokers and non-smokers. J Am Diet Assoc. 1990 Feb;90(2):230-7. PMID: 2154514	Does not include body weight as an outcome (related to smokers and dietary patterns)
165.	LaRowe TL, Moeller SM, Adams AK. Beverage patterns, diet quality, and body mass index of US preschool and school-aged children. J Am Diet Assoc. 2007 Jul;107(7):1124-33. PMID: 17604741	Does not address the question (related to beverage patterns)
166.	Larson N, Neumark-Sztainer D, Laska MN, Story M. Young adults and eating away from home: associations with dietary intake patterns and weight status differ by choice of restaurant. J Am Diet Assoc. 2011 Nov;111(11):1696-703. PMID: 22027052	Does not meet inclusion criteria for methodology
167.	Larson NI, Neumark-Sztainer D, Story M, Burgess-Champoux T. Whole-grain intake correlates among adolescents and young adults: findings from Project EAT. J Am Diet Assoc. 2010 Feb;110(2):230-7. PMID: 20102850	Does not meet inclusion criteria for methodology (cross-sectional analysis related to whole-grain)
168.	Larsson H, Elmståhl S, Berglund G, Ahrén B. Habitual dietary intake versus glucose tolerance, insulin sensitivity and insulin secretion in postmenopausal women. J Intern Med. 1999 Jun;245(6):581-91. PMID: 10395187	Does not include body weight as an outcome (related to dietary intake and glucose tolerance)
169.	Laurenzi M, Stamler R, Trevisan M, Dyer A, Stamler J. Is Italy losing the "Mediterranean advantage?" Report on the Gubbio population study: cardiovascular risk factors at baseline. Gubbio Collaborative Study Group. Prev Med. 1989 Jan;18(1):35-44. PMID: 2710761	Does not meet inclusion criteria for methodology (narrative review0

170.	Lazarou C, Panagiotakos DB, Matalas AL. Foods E-KINDEX: a dietary index associated with reduced blood pressure levels among young children: the CYKIDS study. J Am Diet Assoc. 2009 Jun;109(6):1070-5. PMID: 19465190	Does not address the question (related to foods E-INDEX score and levels of BP in children)
171.	Lazarou C, Panagiotakos DB, Matalas AL. Level of adherence to the Mediterranean diet among children from Cyprus: the CYKIDS study. Public Health Nutr. 2009 Jul;12(7):991-1000. Epub 2008 Aug 27. PMID: 18752695	Does not meet inclusion criteria for methodology (cross-sectional analysis)
172.	Ledikwe JH, Smiciklas-Wright H, Mitchell DC, Miller CK, Jensen GL. Dietary patterns of rural older adults are associated with weight and nutritional status. J Am Geriatr Soc. 2004 Apr;52(4):589-95. PMID: 15066076	Cross-sectional analysis
173.	Lee JE, Kim JH, Son SJ, Ahn Y, Lee J, Park C, Lee L, Erickson KL, Jung IK. Dietary pattern classifications with nutrient intake and health-risk factors in Korean men. Nutrition. 2011 Jan;27(1):26-33. Epub 2010 Feb 19. PMID: 20171845	Cross-sectional analysis
174.	Lee JW, Hwang J, Cho HS. Dietary patterns of children and adolescents analyzed from 2001 Korea National Health and Nutrition Survey. Nutr Res Pract. 2007 Summer;1(2):84-8. Epub 2007 Jun 30. PMID: 20535391	Cross-sectional analysis
175.	Lee SK, Novotny R, Daida YG, Vijayadeva V, Gittelsohn J. Dietary patterns of adolescent girls in Hawaii over a 2-year period. J Am Diet Assoc. 2007 Jun;107(6):956-61. PMID: 17524716	Does not meet inclusion criteria for methodology
176.	Lehto R, Ray C, Lahti-Koski M, Roos E. Health behaviors, waist circumference and waist-to-height ratio in children. Eur J Clin Nutr. 2011 Jul;65(7):841-8. doi: 10.1038/ejcn.2011.49. Epub 2011 Apr 13. PMID: 21487427	Does not meet inclusion criteria for methodology (cross-sectional analysis)
177.	Leite ML, Nicolosi A. Dietary patterns and metabolic syndrome factors in a non-diabetic Italian population. Public Health Nutr. 2009 Sep;12(9):1494-503. Epub 2009 Jan 15. PMID: 19144241	Cross-sectional analysis
178.	Li M, Dibley MJ, Sibbritt DW, Yan H. Dietary habits and overweight/obesity in adolescents in Xi'an City, China. Asia Pac J Clin Nutr. 2010;19(1):76-82. PMID: 20199990	Does not meet inclusion criteria for methodology
179.	Li Y, He Y, Lai J, Wang D, Zhang J, Fu P, Yang X, Qi L. Dietary patterns are associated with stroke in Chinese adults. J Nutr. 2011 Oct;141(10):1834-9. Epub 2011 Aug 24. PMID: 21865562	Does not include body weight as an outcome (related to dietary intake and CVD)
180.	Libuda L, Alexy U, Sichert-Hellert W, Stehle P, Karaolis-Danckert N, Buyken AE, Kersting M. Pattern of beverage consumption and long-term association with body-weight status in German adolescents--results from the DONALD study. Br J Nutr. 2008 Jun;99(6):1370-9. Epub 2007 Nov 23. PMID: 18034911	Does not meet inclusion criteria for methodology
181.	Liese AD, Bortsov A, Günther AL, Dabelea D, Reynolds K, Standiford DA, Liu L, Williams DE, Mayer-Davis EJ, D'Agostino RB Jr, Bell R, Marcovina S. Association of DASH diet with cardiovascular risk factors in youth with diabetes mellitus: the SEARCH for Diabetes in Youth study. Circulation. 2011 Apr 5;123(13):1410-7. Epub 2011 Mar 21. PMID: 21422385	Does not meet inclusion criteria for methodology (related to DASH diet)
182.	Liese AD, Schulz M, Moore CG, Mayer-Davis EJ. Dietary patterns, insulin sensitivity and adiposity in the multi-ethnic Insulin Resistance Atherosclerosis Study population. Br J Nutr. 2004 Dec;92(6):973-84. PMID: 15613260	Cross-sectional analysis

183.	Lim JH, Lee YS, Chang HC, Moon MK, Song Y. Association between dietary patterns and blood lipid profiles in Korean adults with type 2 diabetes. J Korean Med Sci. 2011 Sep;26(9):1201-8. Epub 2011 Sep 1. PMID: 21935277	Does not include body weight as an outcome (cross-sectional analysis related to blood lipids)
184.	Lim SS, Noakes M, Keogh JB, Clifton PM. Long-term effects of a low carbohydrate, low fat or high unsaturated fat diet compared to a no-intervention control. Nutr Metab Cardiovasc Dis. 2010 Oct;20(8):599-607. Epub 2009 Aug 19. PMID: 19692216	Does not meet inclusion criteria for methodology (related to the effects of low carbs diet)
185.	Lin H, Bermudez OI, Tucker KL. Dietary patterns of Hispanic elders are associated with acculturation and obesity. J Nutr. 2003 Nov;133(11):3651-7. PMID: 14608089	Cross-sectional analysis
186.	Lindeberg S, Jönsson T, Granfeldt Y, Borgstrand E, Soffman J, Sjöström K, Ahrén B. A Palaeolithic diet improves glucose tolerance more than a Mediterranean-like diet in individuals with ischaemic heart disease. Diabetologia. 2007 Sep;50(9):1795-807. Epub 2007 Jun 22. PMID: 17583796	Participants diagnosed with ischaemic heart disease plus either glucose intolerance or T2D
187.	Lioret S, Touvier M, Lafay L, Volatier JL, Maire B. Dietary and physical activity patterns in French children are related to overweight and socioeconomic status. J Nutr. 2008 Jan;138(1):101-7. PMID: 18156411	Cross-sectional analysis
188.	Liu E, McKeown NM, Newby PK, Meigs JB, Vasan RS, Quatromoni PA, D'Agostino RB, Jacques PF. Cross-sectional association of dietary patterns with insulin-resistant phenotypes among adults without diabetes in the Framingham Offspring Study. Br J Nutr. 2009 Aug;102(4):576-83. Epub 2009 Feb 16. PMID: 19216828	Does not include body weight as an outcome (cross-sectional analysis related to insulin resistant)
189.	Liu L, Mizushima S, Ikeda K, Hattori H, Miura A, Gao M, Nara Y, Yamori Y. Comparative studies of diet-related factors and blood pressure among Chinese and Japanese: results from the China-Japan Cooperative Research of the WHO-CARDIAC Study. Cardiovascular Disease and Alimentary Comparison. Hypertens Res. 2000 Sep;23(5):413-20. PMID: 11016794	Does not meet inclusion criteria for methodology (related to blood pressure)
190.	Lo Siou G, Yasui Y, Csizmadi I, McGregor SE, Robson PJ. Exploring statistical approaches to diminish subjectivity of cluster analysis to derive dietary patterns: The Tomorrow Project. Am J Epidemiol. 2011 Apr 15;173(8):956-67. Epub 2011 Mar 18. PMID: 21421742	Cross-sectional analysis (Check for secondary analysis in full text)
191.	Longo-Mbenza B, Kadima-Tshimanga B, Buassa-bu-Tsumbu B, M'buyamba K Jr. Diets rich in vegetables and physical activity are associated with a decreased risk of pregnancy induced hypertension among rural women from Kimpese, DR Congo. Niger J Med. 2008 Jan-Mar;17(1):45-9. PMID: 18390132	Participants are pregnant (same as above but different PMID)
192.	Longo-Mbenza B, Tshimanga KB, Buassa-bu-Tsumbu B, Kabangu MJ. Diets rich in vegetables and physical activity are associated with a decreased risk of pregnancy induced hypertension among rural women from Kimpese, DR Congo. Niger J Med. 2008 Jul-Aug;17(3):265-9. PMID: 18788250	Participants are pregnant
193.	Lopez CN, Martinez-Gonzalez MA, Sanchez-Villegas A, Alonso A, Pimenta AM, Bes-Rastrollo M. Costs of Mediterranean and western dietary patterns in a Spanish cohort and their relationship with prospective weight change. J Epidemiol Community Health. 2009 Nov;63(11):920-7. Epub 2009 Sep 17. PMID: 19762456	Does not meet inclusion criteria for methodology. This study reported associations between daily food cost and weight gain only
194.	López EP, Rice C, Weddle DO, Rahill GJ. The relationship among cardiovascular risk factors, diet patterns, alcohol consumption, and ethnicity among women aged 50 years and older. J Am Diet Assoc. 2008 Feb;108(2):248-56. PMID: 18237573	Cross-sectional analysis

195.	Lovejoy J, DiGirolamo M. Habitual dietary intake and insulin sensitivity in lean and obese adults. Am J Clin Nutr. 1992 Jun;55(6):1174-9. PMID: 1317665	Does not meet inclusion criteria for methodology
196.	Lowe MR, Annunziato RA, Markowitz JT, Didie E, Bellace DL, Riddell L, Maille C, McKinney S, Stice E. Multiple types of dieting prospectively predict weight gain during the freshman year of college. Appetite. 2006 Jul;47(1):83-90. Epub 2006 May 2. PMID: 16650913	Does not meet inclusion criteria for methodology
197.	Luepker RV, Perry CL, McKinlay SM, Nader PR, Parcel GS, Stone EJ, Webber LS, Elder JP, Feldman HA, Johnson CC, et al. Outcomes of a field trial to improve children's dietary patterns and physical activity. The Child and Adolescent Trial for Cardiovascular Health. CATCH collaborative group. JAMA. 1996 Mar 13;275(10):768-76. PMID: 8598593	Does not meet inclusion criteria for methodology
198.	Ma Y, Bertone ER, Stanek EJ 3rd, Reed GW, Hebert JR, Cohen NL, Merriam PA, Ockene IS. Association between eating patterns and obesity in a free-living US adult population. Am J Epidemiol. 2003 Jul 1;158(1):85-92. PMID: 12835290	Does not meet inclusion criteria for methodology
199.	Makkes S, Montenegro-Bethancourt G, Groeneveld IF, Doak CM, Solomons NW. Beverage consumption and anthropometric outcomes among schoolchildren in Guatemala. Matern Child Nutr. 2011 Oct;7(4):410-20. doi: 10.1111/j.1740-8709.2010.00249.x. Epub 2010 Jun 11. PMID: 21902808	Not consider very high or high development country
200.	Malik VS, Fung TT, van Dam RM, Rimm EB, Rosner B, Hu FB. Dietary patterns during adolescence and risk of type 2 diabetes in middle-aged women. Diabetes Care. 2012 Jan;35(1):12-8. Epub 2011 Nov 10. PMID: 22074723	Does not include body weight as an outcome (seven year risk of T2D and dietary patterns -BMI is accounted as mediator)
201.	Manios Y, Kourlaba G, Grammatikaki E, Androutsos O, Ioannou E, Roma-Giannikou E. Comparison of two methods for identifying dietary patterns associated with obesity in preschool children: the GENESIS study. Eur J Clin Nutr. 2010 Dec;64(12):1407-14. Epub 2010 Sep 1. PMID: 20808335	Cross-sectional analysis; reduce rank regression (RRR) analysis
202.	Mantzoros CS, Williams CJ, Manson JE, Meigs JB, Hu FB. Adherence to the Mediterranean dietary pattern is positively associated with plasma adiponectin concentrations in diabetic women. Am J Clin Nutr. 2006 Aug;84(2):328-35. PMID: 16895879	Participants are diabetic women
203.	Mar Bibiloni M, Martínez E, Llull R, Maffiotte E, Riesco M, Llompart I, Pons A, Tur JA. Metabolic syndrome in adolescents in the Balearic Islands, a Mediterranean region. Nutr Metab Cardiovasc Dis. 2011 Jun;21(6):446-54. Epub 2010 Mar 7. PMID: 20211550	Does not meet inclusion criteria for methodology
204.	Marín-Guerrero AC, Gutiérrez-Fisac JL, Guallar-Castillón P, Banegas JR, Rodríguez-Artalejo F. Eating behaviours and obesity in the adult population of Spain. Br J Nutr. 2008 Nov;100(5):1142-8. Epub 2008 Apr 1. PMID: 18377684	Does not meet inclusion criteria for methodology (cross-sectional analysis of eating behaviors)
205.	Martínez-González MA, García-López M, Bes-Rastrollo M, Toledo E, Martínez-Lapiscina EH, Delgado-Rodriguez M, Vazquez Z, Benito S, Beunza JJ. Mediterranean diet and the incidence of cardiovascular disease: a Spanish cohort. Nutr Metab Cardiovasc Dis. 2011 Apr;21(4):237-44. Epub 2010 Jan 21. PMID: 20096543	Does not meet inclusion criteria for methodology (related to CVD)
206.	Martínez-Ortiz JA, Fung TT, Baylin A, Hu FB, Campos H. Dietary patterns and risk of nonfatal acute myocardial infarction in Costa Rican adults. Eur J Clin Nutr. 2006 Jun;60(6):770-7. Epub 2006 Feb 8. PMID: 16465200	Does not include body weight as an outcome (case-control study related to MI and HDL cholesterol)
207.	Masala G, Bendinelli B, Versari D, Saieva C, Ceroti M, Santagiuliana	Does not meet inclusion criteria for

	F, Caini S, Salvini S, Sera F, Taddei S, Ghiadoni L, Palli D. Anthropometric and dietary determinants of blood pressure in over 7000 Mediterranean women: the European Prospective Investigation into Cancer and Nutrition-Florence cohort. J Hypertens. 2008 Nov;26(11):2112-20. PMID: 18854749	methodology
208.	Maskarinec G, Novotny R, Tasaki K. Dietary patterns are associated with body mass index in multiethnic women. J Nutr. 2000 Dec;130(12):3068-72. PMID: 11110871	Cross-sectional analysis
209.	Massari M, Freeman KM, Seccareccia F, Menotti A, Farchi G; Research Group of the RIFLE Project. An index to measure the association between dietary patterns and coronary heart disease risk factors: findings from two Italian studies. Prev Med. 2004 Oct;39(4):841-7. PMID: 15351554	Does not meet inclusion criteria for methodology (related to and index to measure dietary patterns and CHD)
210.	Mattei J, Noel SE, Tucker KL. A meat, processed meat, and French fries dietary pattern is associated with high allostatic load in Puerto Rican older adults. J Am Diet Assoc. 2011 Oct;111(10):1498-506. PMID: 21963016	Does not meet inclusion criteria for methodology
211.	Matthews VL, Wien M, Sabaté J. The risk of child and adolescent overweight is related to types of food consumed. Nutr J. 2011 Jun 24;10:71. PMID: 21702912	Does not meet inclusion criteria for methodology
212.	McCarron DA, Reusser ME. Reducing cardiovascular disease risk with diet. Obes Res. 2001 Nov;9 Suppl 4:335S-340S. PMID: 11707562	Does not meet inclusion criteria for methodology
213.	McCrory MA, Fuss PJ, McCallum JE, Yao M, Vinken AG, Hays NP, Roberts SB. Dietary variety within food groups: association with energy intake and body fatness in men and women. Am J Clin Nutr. 1999 Mar;69(3):440-7. PMID: 10075328	Does not meet inclusion criteria for methodology
214.	McNaughton SA, Ball K, Mishra GD, Crawford DA. Dietary patterns of adolescents and risk of obesity and hypertension. J Nutr. 2008 Feb;138(2):364-70. PMID: 18203905	Cross-sectional analysis
215.	McNutt SW, Hu Y, Schreiber GB, Crawford PB, Obarzanek E, Mellin L. A longitudinal study of the dietary practices of black and white girls 9 and 10 years old at enrollment: the NHLBI Growth and Health Study. J Adolesc Health. 1997 Jan;20(1):27-37. PMID: 9007656	Does not meet inclusion criteria for methodology
216.	Meckling KA, Sherfey R. A randomized trial of a hypocaloric high-protein diet, with and without exercise, on weight loss, fitness, and markers of the Metabolic Syndrome in overweight and obese women. Appl Physiol Nutr Metab. 2007 Aug;32(4):743-52. PMID: 17622289	Does not meet inclusion criteria for methodology (related to macronutrients)
217.	Mercille G, Receveur O, Macaulay AC. Are snacking patterns associated with risk of overweight among Kahnawake schoolchildren? Public Health Nutr. 2010 Feb;13(2):163-71. Epub 2009 Aug 4. PMID: 19650958	Does not meet inclusion criteria for methodology (related to snacking patterns)
218.	Michaud DS, Skinner HG, Wu K, Hu F, Giovannucci E, Willett WC, Colditz GA, Fuchs CS. Dietary patterns and pancreatic cancer risk in men and women. J Natl Cancer Inst. 2005 Apr 6;97(7):518-24. PubMed PMID: 15812077.	Does not address the question (related to diet and bone fracture)
219.	Middleman AB, Vazquez I, Durant RH. Eating patterns, physical activity, and attempts to change weight among adolescents. J Adolesc Health. 1998 Jan;22(1):37-42. PMID: 9436065	Does not meet inclusion criteria for methodology
220.	Millen BE, Quatromoni PA, Copenhafer DL, Demissie S, O'Horo CE, D'Agostino RB. Validation of a dietary pattern approach for evaluating nutritional risk: the Framingham Nutrition Studies. J Am Diet Assoc. 2001 Feb;101(2):187-94. PMID: 11271691	Does not include body weight as an outcome (related to nutrient intakes)

221.	Millen BE, Quatromoni PA, Pencina M, Kimokoti R, Nam BH, Cobain S, Kozak W, Appugliese DP, Ordovas J, D'Agostino RB. Unique dietary patterns and chronic disease risk profiles of adult men: the Framingham nutrition studies. J Am Diet Assoc. 2005 Nov;105(11):1723-34. PMID: 16256756	Cross-sectional analysis
222.	Mills JP, Perry CD, Reicks M. Eating frequency is associated with energy intake but not obesity in midlife women. Obesity (Silver Spring). 2011 Mar;19(3):552-9. Epub 2010 Oct 21. PMID: 20966909	Does not meet inclusion criteria for methodology (cross-sectional analysis related to eating frequency)
223.	Mishra GD, McNaughton SA, Ball K, Brown WJ, Giles GG, Dobson AJ. Major dietary patterns of young and middle aged women: results from a prospective Australian cohort study. Eur J Clin Nutr. 2010 Oct;64(10):1125-33. Epub 2010 Aug 4. PMID: 20683460	Does not include body weight as an outcome
224.	Miura K, Greenland P, Stamler J, Liu K, Daviglus ML, Nakagawa H. Relation of vegetable, fruit, and meat intake to 7-year blood pressure change in middle-aged men: the Chicago Western Electric Study. Am J Epidemiol. 2004 Mar 15;159(6):572-80. PMID: 15003961	Does not include body weight as an outcome
225.	Mizoue T, Yamaji T, Tabata S, Yamaguchi K, Ogawa S, Mineshita M, Kono S. Dietary patterns and glucose tolerance abnormalities in Japanese men. J Nutr. 2006 May;136(5):1352-8. PMID: 16614429	Does not include body weight as an outcome (related to glucose tolerance)
226.	Mohindra NA, Nicklas TA, O'neil CE, Yang SJ, Berenson GS. Eating patterns and overweight status in young adults: the Bogalusa Heart Study. Int J Food Sci Nutr. 2009;60 Suppl 3:14-25. Epub 2009 May 21. PubMed PMID: 19462322; PubMed Central PMCID: PMC2769992.	Does not address the question (related to diet and pancreatic cancer)
227.	Moreira P, Santos S, Padrão P, Cordeiro T, Bessa M, Valente H, Barros R, Teixeira V, Mitchell V, Lopes C, Moreira A. Food patterns according to sociodemographics, physical activity, sleeping and obesity in Portuguese children. Int J Environ Res Public Health. 2010 Mar;7(3):1121-38. Epub 2010 Mar 17. PMID: 20617022	Cross-sectional analysis
228.	Mozaffarian D, Hao T, Rimm EB, Willett WC, Hu FB. Changes in diet and lifestyle and long-term weight gain in women and men. N Engl J Med. 2011 Jun 23;364(25):2392-404. PMID: 21696306	Does not meet inclusion criteria for methodology
229.	Mullie P, Aerenhouts D, Clarys P. Demographic, socioeconomic and nutritional determinants of daily versus non-daily sugar-sweetened and artificially sweetened beverage consumption. Eur J Clin Nutr. 2012 Feb;66(2):150-5. doi: 10.1038/ejcn.2011.138. Epub 2011 Aug 10. PMID: 21829215	Does not include body weight as an outcome
230.	Muñoz MA, Fíto M, Marrugat J, Covas MI, Schröder H; REGICOR and HERMES investigators. Adherence to the Mediterranean diet is associated with better mental and physical health. Br J Nutr. 2009 Jun;101(12):1821-7. Epub 2008 Dec 15. PMID: 19079848	Does not include body weight as an outcome
231.	Murtaugh MA, Herrick JS, Sweeney C, Baumgartner KB, Guiliano AR, Byers T, Slattery ML. Diet composition and risk of overweight and obesity in women living in the southwestern United States. J Am Diet Assoc. 2007 Aug;107(8):1311-21. PMID: 17659896	Cross-sectional analysis
232.	Muti P, Trevisan M, Panico S, Micheli A, Celentano E, Freudenheim JL, Berrino F. Body fat distribution, peripheral indicators of androgenic activity, and blood pressure in women. Ann Epidemiol. 1996 May;6(3):181-7. PMID: 8827152	Does not address the question (related to body far distribution and BP)
233.	Naja F, Nasreddine L, Itani L, Chamieh MC, Adra N, Sibai AM, Hwalla N. Dietary patterns and their association with obesity and sociodemographic factors in a national sample of Lebanese adults.	Cross-sectional analysis

	Public Health Nutr. 2011 Sep;14(9):1570-8. Epub 2011 May 4. PMID: 21557871	
234.	Nakade M, Lee JS, Kawakubo K, Amano Y, Mori K, Akabayashi A. Correlation between food intake change patterns and body weight loss in middle-aged women in Japan. Obesity Research and Clinical Practice. 2007 1;2:79-89.	Non-controlled trial. Individuals received dietary advice to reduce energy intake to 1600 Kcal.
235.	Nakade M, Lee JS, Kawakubo K, Kondo K, Mori K, Akabayashi A. Changes in food intake patterns associated with body weight loss during a 12-week health promotion program and a 9-month follow-up period in a Japanese population. Obesity Research and Clinical Practice. 2009 3;2:85-98	Non-controlled trial.
236.	Nettleton JA, Polak JF, Tracy R, Burke GL, Jacobs DR Jr. Dietary patterns and incident cardiovascular disease in the Multi-Ethnic Study of Atherosclerosis. Am J Clin Nutr. 2009 Sep;90(3):647-54. Epub 2009 Jul 22. PMID: 19625679	Cross-sectional analysis (measured waist circumference)
237.	Nettleton JA, Schulze MB, Jiang R, Jenny NS, Burke GL, Jacobs DR Jr. A priori-defined dietary patterns and markers of cardiovascular disease risk in the Multi-Ethnic Study of Atherosclerosis (MESA). Am J Clin Nutr. 2008 Jul;88(1):185-94. PMID: 18614740	Does not include body weight as an outcome (rank analysis related to CVD)
238.	Nettleton JA, Steffen LM, Mayer-Davis EJ, Jenny NS, Jiang R, Herrington DM, Jacobs DR Jr. Dietary patterns are associated with biochemical markers of inflammation and endothelial activation in the Multi-Ethnic Study of Atherosclerosis (MESA). Am J Clin Nutr. 2006 Jun;83(6):1369-79. PMID: 16762949	Does not include body weight as an outcome
239.	Neutzling MB, Taddei JA, Gigante DP. Risk factors of obesity among Brazilian adolescents: a case-control study. Public Health Nutr. 2003 Dec;6(8):743-9. PMID: 14641944	Does not meet inclusion criteria for methodology
240.	Newby PK, Tucker KL, Wolk A. Risk of overweight and obesity among semivegetarian, lactovegetarian, and vegan women. Am J Clin Nutr. 2005 Jun;81(6):1267-74. PMID: 15941875	Does not meet inclusion criteria for methodology (cross-sectional analysis related to vegetarian diets)
241.	Nicholson AS, Sklar M, Barnard ND, Gore S, Sullivan R, Browning S. Toward improved management of NIDDM: A randomized, controlled, pilot intervention using a lowfat, vegetarian diet. Prev Med. 1999 Aug;29(2):87-91. PMID: 10446033	Does not meet inclusion criteria for methodology (RCT using a low fat, vegetarian diet)
242.	Nicklas TA, Morales M, Linares A, Yang SJ, Baranowski T, De Moor C, Berenson G. Children's meal patterns have changed over a 21-year period: the Bogalusa Heart Study. J Am Diet Assoc. 2004 May;104(5):753-61. PMID: 15127060	Does not meet inclusion criteria for methodology (data from 7 cross-sectional surveys)
243.	Noel SE, Newby PK, Ordovas JM, Tucker KL. A traditional rice and beans pattern is associated with metabolic syndrome in Puerto Rican older adults. J Nutr. 2009 Jul;139(7):1360-7. Epub 2009 May 20. PMID: 19458029	Cross-sectional analysis
244.	Noel SE, Newby PK, Ordovas JM, Tucker KL. Adherence to an (n-3) fatty acid/fish intake pattern is inversely associated with metabolic syndrome among Puerto Rican adults in the Greater Boston area. J Nutr. 2010 Oct;140(10):1846-54. Epub 2010 Aug 11. PMID: 20702744	Does not meet inclusion criteria for methodology (related to fatty acids and metabolic syndrome)
245.	Northstone K, Emmett P, Rogers I. Dietary patterns in pregnancy and associations with socio-demographic and lifestyle factors. Eur J Clin Nutr. 2008 Apr;62(4):471-9. Epub 2007 Mar 21. PMID: 17375108	Participants are pregnant
246.	Northstone K, Ness AR, Emmett PM, Rogers IS. Adjusting for energy intake in dietary pattern investigations using principal components analysis. Eur J Clin Nutr. 2008 Jul;62(7):931-8. Epub 2007 May 16. PMID: 17522611	Participants are pregnant

247.	Nowson CA, Wattanapenpaiboon N, Pachett A. Low-sodium Dietary Approaches to Stop Hypertension-type diet including lean red meat lowers blood pressure in postmenopausal women. Nutr Res. 2009 Jan;29(1):8-18. PMID: 19185772	Does not meet inclusion criteria for methodology [RCT comparing 2 diets (DASH)]
248.	Obarzanek E, Sacks FM, Vollmer WM, Bray GA, Miller ER 3rd, Lin PH, Karanja NM, Most-Windhauser MM, Moore TJ, Swain JF, Bales CW, Proschan MA; DASH Research Group. Effects on blood lipids of a blood pressure-lowering diet: the Dietary Approaches to Stop Hypertension (DASH) Trial. Am J Clin Nutr. 2001 Jul;74(1):80-9. PMID: 11451721	Does not meet inclusion criteria for methodology (RCT related to blood lipids and DASH diet)
249.	O'Doherty MG, Skidmore PM, Young IS, McKinley MC, Cardwell C, Yarnell JW, Gey FK, Evans A, Woodside JV. Dietary patterns and smoking in Northern Irish men: a population at high risk of coronary heart disease. Int J Vitam Nutr Res. 2011 Jan;81(1):21-33. PubMed PMID: 22002215.	Does not meet inclusion criteria for methodology (related to dietary scores)
250.	Oellingrath IM, Svendsen MV, Brantsaeter AL. Eating patterns and overweight in 9- to 10-year-old children in Telemark County, Norway: a cross-sectional study. Eur J Clin Nutr. 2010 Nov;64(11):1272-9. Epub 2010 Aug 18. PMID: 20717128	Cross-sectional analysis
251.	Oellingrath IM, Svendsen MV, Brantsaeter AL. Tracking of eating patterns and overweight - a follow-up study of Norwegian schoolchildren from middle childhood to early adolescence. Nutr J. 2011 Oct 6;10:106. PubMed PMID: 21978299; PubMed Central PMCID: PMC3200168.	Does not include body weight as an outcome (related to smoking)
252.	Ohmura S, Moji K, Aoyagi K, Yoshimi I, Yahata Y, Takemoto T, Iwai N, Yoshiike N, Date C, Tanaka H. Body mass index, physical activity, dietary intake, serum lipids and blood pressure of middle-aged Japanese women living in a community in the Goto archipelago. J Physiol Anthropol Appl Human Sci. 2002 Jan;21(1):21-8. PMID: 11938606	Does not meet inclusion criteria for methodology (cross-sectional analysis)
253.	Okubo H, Miyake Y, Sasaki S, Tanaka K, Murakami K, Hirota Y; Osaka Maternal and Child Health Study Group. Maternal dietary patterns in pregnancy and fetal growth in Japan: the Osaka Maternal and Child Health Study. Br J Nutr. 2011 Sep 20:1-8. [Epub ahead of print] PMID: 21929833	Patients were pregnant
254.	Okubo H, Sasaki S, Murakami K, Kim MK, Takahashi Y, Hosoi Y, Itabashi M; Freshmen in Dietetic Courses Study II group. Three major dietary patterns are all independently related to the risk of obesity among 3760 Japanese women aged 18-20 years. Int J Obes (Lond). 2008 Mar;32(3):541-9. Epub 2007 Sep 25. PMID: 17895884	Cross-sectional analysis
255.	O'Neil CE, Nicklas TA, Kleinman R. Relationship between 100% juice consumption and nutrient intake and weight of adolescents. Am J Health Promot. 2010 Mar-Apr;24(4):231-7. Erratum in: Am J Health Promot. 2010 May-Jun;24(5):368. PMID: 20232604	Does not meet inclusion criteria for methodology (cross-sectional analysis)
256.	Osler M, Heitmann BL, Gerdes LU, Jørgensen LM, Schroll M. Dietary patterns and mortality in Danish men and women: a prospective observational study. Br J Nutr. 2001 Feb;85(2):219-25. PMID: 11242490	Does not include body weight as an outcome
257.	Osler M, Heitmann BL, Høidrup S, Jørgensen LM, Schroll M. Food intake patterns, self rated health and mortality in Danish men and women. A prospective observational study. J Epidemiol Community Health. 2001 Jun;55(6):399-403. PMID: 11350996	Does not address the question (evaluated dietary patterns and self rated health)

258.	Osler M, Helms Andreasen A, Heitmann B, Høidrup S, Gerdes U, Mørch Jørgensen L, Schroll M. Food intake patterns and risk of coronary heart disease: a prospective cohort study examining the use of traditional scoring techniques. Eur J Clin Nutr. 2002 Jul;56(7):568-74. PMID: 12080395	Does not include body weight as an outcome
259.	Ottevaere C, Huybrechts I, Benser J, De Bourdeaudhuij I, Cuenca-Garcia M, Dallongeville J, Zaccaria M, Gottrand F, Kersting M, Rey-López JP, Manios Y, Molnár D, Moreno LA, Smpokos E, Widhalm K, De Henauw S; HELENA Study Group. Clustering patterns of physical activity, sedentary and dietary behavior among European adolescents: The HELENA study. BMC Public Health. 2011 May 17;11:328. PMID: 21586158	Does not include body weight as an outcome
260.	Pachucki MA. Food pattern analysis over time: unhealthful eating trajectories predict obesity. Int J Obes (Lond). 2011 Jul 26. doi: 10.1038/ijo.2011.133. [Epub ahead of print] PubMed PMID: 21792169; PubMed Central PMCID: PMC3212637.	Does not meet inclusion criteria for methodology
261.	Pala V, Sieri S, Masala G, Palli D, Panico S, Vineis P, Sacerdote C, Mattiello A, Galasso R, Salvini S, Ceroti M, Berrino F, Fusconi E, Tumino R, Frasca G, Riboli E, Trichopoulou A, Baibas N, Krogh V. Associations between dietary pattern and lifestyle, anthropometry and other health indicators in the elderly participants of the EPIC-Italy cohort. Nutr Metab Cardiovasc Dis. 2006 Apr;16(3):186-201. Epub 2006 Feb 17. PMID: 16580586	Cross-sectional analysis
262.	Panagiotakos DB, Pitsavos C, Skoumas Y, Stefanadis C. The association between food patterns and the metabolic syndrome using principal components analysis: The ATTICA Study. J Am Diet Assoc. 2007 Jun;107(6):979-87; quiz 997. PMID: 17524719	Cross-sectional analysis
263.	Panagiotakos DB, Rallidis LS, Katsiotis E, Pitsavos C, Stefanadis C, Kremastinos DT. Background dietary habits are strongly associated with the development of myocardial infarction at young ages: A case-control study. e-SPEN. 2008 3;6:e328-e334.	Does not meet inclusion criteria for methodology
264.	Paniagua JA, de la Sacristana AG, Sánchez E, Romero I, Vidal-Puig A, Berral FJ, Escribano A, Moyano MJ, Peréz-Martinez P, López-Miranda J, Pérez-Jiménez F. A MUFA-rich diet improves posprandial glucose, lipid and GLP-1 responses in insulin-resistant subjects. J Am Coll Nutr. 2007 Oct;26(5):434-44. PMID: 17914131	Participants are obese and diagnosed with T2D
265.	Paoli A, Cenci L, Grimaldi KA. Effect of ketogenic Mediterranean diet with phytoextracts and low carbohydrates/high-protein meals on weight, cardiovascular risk factors, body composition and diet compliance in Italian council employees. Nutr J. 2011 Oct 12;10:112. PMID: 21992535	Does not address the question (study of a ketogenic Mediterranean diet)
266.	Paradis AM, Godin G, Pérusse L, Vohl MC. Associations between dietary patterns and obesity phenotypes. Int J Obes (Lond). 2009 Dec;33(12):1419-26. Epub . PMID: 19736556	Cross-sectional analysis
267.	Paradis AM, Pérusse L, Vohl MC. Dietary patterns and associated lifestyles in individuals with and without familial history of obesity: a cross-sectional study. Int J Behav Nutr Phys Act. 2006 Oct 31;3:38. PMID: 17076904	Cross-sectional analysis
268.	Paradis AM, Pérusse L, Vohl MC. Dietary patterns and associated lifestyles in individuals with and without familial history of obesity: a cross-sectional study. Int J Behav Nutr Phys Act. 2006 Oct 31;3:38. PubMed PMID: 17076904; PubMed Central PMCID: PMC1635721.	Cross-sectional analysis
269.	Park SY, Murphy SP, Wilkens LR, Yamamoto JF, Sharma S, Hankin JH, Henderson BE, Kolonel LN. Dietary patterns using the Food Guide Pyramid groups are associated with sociodemographic and	Cross-sectional analysis

	lifestyle factors: the multiethnic cohort study. J Nutr. 2005 Apr;135(4):843-9. PMID: 15795445	
270.	Pearcey SM, de Castro JM. Food intake and meal patterns of weight-stable and weight-gaining persons. Am J Clin Nutr. 2002 Jul;76(1):107-12. PMID: 12081823	Does not meet inclusion criteria for methodology
271.	Pedone C, Napoli N, Pozzilli P, Rossi FF, Lauretani F, Bandinelli S, Ferrucci L, Antonelli-Incalzi R. Dietary pattern and bone density changes in elderly women: a longitudinal study. J Am Coll Nutr. 2011 Apr;30(2):149-54. PMID: 21730223	Does not include body weight as an outcome (measured bone density)
272.	Pérez-Jiménez F, López-Miranda J, Pinillos MD, Gómez P, Paz-Rojas E, Montilla P, Marín C, Velasco MJ, Blanco-Molina A, Jiménez Perepérez JA, Ordovás JM. A Mediterranean and a high-carbohydrate diet improve glucose metabolism in healthy young persons. Diabetologia. 2001 Nov;44(11):2038-43. PMID: 11719836	Does not meet inclusion criteria for methodology; does not include body weight as an outcome
273.	Persson LA. Dietary habits and health risks in Swedish children. Hum Nutr Clin Nutr. 1984 Jul;38(4):287-97. PMID: 6469706	Does not meet inclusion criteria for methodology
274.	Pesa JA, Turner LW. Fruit and vegetable intake and weight-control behaviors among US youth. Am J Health Behav. 2001 Jan-Feb;25(1):3-9. PMID: 11289726	Does not meet inclusion criteria for methodology
275.	Peterson KE, Sorensen G, Pearson M, Hebert JR, Gottlieb BR, McCormick MC. Design of an intervention addressing multiple levels of influence on dietary and activity patterns of low-income, postpartum women. Health Educ Res. 2002 Oct;17(5):531-40. PMID: 12408198	Does not address the question (related to nutrition instruction)
276.	Pierce BL, Austin MA, Crane PK, Retzlaff BM, Fish B, Hutter CM, Leonetti DL, Fujimoto WY. Measuring dietary acculturation in Japanese Americans with the use of confirmatory factor analysis of food-frequency data. Am J Clin Nutr. 2007 Aug;86(2):496-503. PMID: 17684224	Cross-sectional analysis
277.	Pitsavos C, Chrysohoou C, Panagiotakos DB, Lentzas Y, Stefanadis C. Abdominal obesity and inflammation predicts hypertension among prehypertensive men and women: the ATTICA Study. Heart Vessels. 2008 Mar;23(2):96-103. Epub 2008 Apr 4. PMID: 18389333	Does not meet inclusion criteria for methodology
278.	Pomerleau CS, Saules K. Body image, body satisfaction, and eating patterns in normal-weight and overweight/obese women current smokers and never-smokers. Addict Behav. 2007 Oct;32(10):2329-34. Epub 2007 Jan 23. PMID: 17320305	Does not meet inclusion criteria for methodology
279.	Porkka KV, Viikari JS, Taimela S, Dahl M, Akerblom HK. Tracking and predictiveness of serum lipid and lipoprotein measurements in childhood: a 12-year follow-up. The Cardiovascular Risk in Young Finns study. Am J Epidemiol. 1994 Dec 15;140(12):1096-110. PMID: 7998592	Does not meet inclusion criteria for methodology; does not include body weight as an outcome
280.	Post GB, Kemper HC, Twisk J, van Mechelen W. The association between dietary patterns and cardio vascular disease risk indicators in healthy youngsters: results covering fifteen years of longitudinal development. Eur J Clin Nutr. 1997 Jun;51(6):387-93. PMID: 9192197	Does not meet inclusion criteria for methodology; does not include body weight as an outcome
281.	Prentice RL, Caan B, Chlebowski RT, Patterson R, Kuller LH, Ockene JK, Margolis KL, Limacher MC, Manson JE, Parker LM, Paskett E, Phillips L, Robbins J, Rossouw JE, Sarto GE, Shikany JM, Stefanick ML, Thomson CA, Van Horn L, Vitolins MZ, Wactawski-Wende J, Wallace RB, Wassertheil-Smoller S, Whitlock E, Yano K,	Does not meet inclusion criteria for methodology; does not include body weight as an outcome

	Adams-Campbell L, Anderson GL, Assaf AR, Beresford SA, Black HR, Brunner RL, Brzyski RG, Ford L, Gass M, Hays J, Heber D, Heiss G, Hendrix SL, Hsia J, Hubbell FA, Jackson RD, Johnson KC, Kotchen JM, LaCroix AZ, Lane DS, Langer RD, Lasser NL, Henderson MM.Low-fat dietary pattern and risk of invasive breast cancer: the Women's Health Initiative Randomized Controlled Dietary Modification Trial. JAMA. 2006 Feb 8;295(6):629-42. PMID: 16467232	
282.	Pryer JA, Nichols R, Elliott P, Thakrar B, Brunner E, Marmot M. Dietary patterns among a national random sample of British adults. J Epidemiol Community Health. 2001 Jan;55(1):29-37. PMID: 11112948	Does not include body weight as an outcome
283.	Pryer JA, Rogers S. Dietary patterns among a national sample of British children aged 1 1/2-4 1/2 years. Public Health Nutr. 2009 Jul;12(7):957-66. Epub 2009 Jan 12. PMID: 19134239	Does not include body weight as an outcome
284.	Puder JJ, Marques-Vidal P, Schindler C, Zahner L, Niederer I, Bürgi F, Ebenegger V, Nydegger A, Kriemler S. Effect of multidimensional lifestyle intervention on fitness and adiposity in predominantly migrant preschool children (Ballabeina): cluster randomised controlled trial. BMJ. 2011 Oct 13;343:d6195. doi: 10.1136/bmj.d6195. PMID: 21998346	Does not meet inclusion criteria for methodology
285.	Rallidis LS, Lekakis J, Kolomvotsou A, Zampelas A, Vamvakou G, Efstathiou S, Dimitriadis G, Raptis SA, Kremastinos DT. Close adherence to a Mediterranean diet improves endothelial function in subjects with abdominal obesity. Am J Clin Nutr. 2009 Aug;90(2):263-8. Epub 2009 Jun 10. PMID: 19515732	Does not address the question (RT Analysis of 2 diets)
286.	Rankin JW, Turpyn AD. Low carbohydrate, high fat diet increases C-reactive protein during weight loss. J Am Coll Nutr. 2007 Apr;26(2):163-9. PMID: 17536128	Does not meet inclusion criteria for methodology (evaluated the effect of a weight loss diet)
287.	Rauma AL, Nenonen M, Helve T, Hänninen O. Effect of a strict vegan diet on energy and nutrient intakes by Finnish rheumatoid patients. Eur J Clin Nutr. 1993 Oct;47(10):747-9. PMID: 8269890	Does not meet inclusion criteria for methodology
288.	Raza S, Sheikh MA, Hussain MF, Siddiqui SE, Muhammad R, Aziz S, Qamar S, Saleem MA, Waki N, Faruqi H, Zia A. Dietary modification, body mass index (BMI), blood pressure (BP) and cardiovascular risk in medical students of a government medical college of Karachi. J Pak Med Assoc. 2010 Nov;60(11):970-4. PMID: 21375210	Does not meet inclusion criteria for methodology
289.	Razquin C, Alfredo Martinez J, Martinez-Gonzalez MA, Corella D, Santos JM, Marti A. The Mediterranean diet protects against waist circumference enlargement in 12Ala carriers for the PPARgamma gene: 2 years' follow-up of 774 subjects at high cardiovascular risk. Br J Nutr. 2009 Sep;102(5):672-9. Epub 2009 Mar 9. PMID: 19267951	Does not meet inclusion criteria for methodology (related to Mediterranean diet)
290.	Razquin C, Martínez JA, Martínez-González MA, Salas-Salvadó J, Estruch R, Marti A. A 3-year Mediterranean-style dietary intervention may modulate the association between adiponectin gene variants and body weight change. Eur J Nutr. 2010 Aug;49(5):311-9. Epub 2009 Dec 25. PMID: 20035337	Does not meet inclusion criteria for methodology (related to Mediterranean diet and gene interaction)
291.	Rezazadeh A, Rashidkhani B. The association of general and central obesity with major dietary patterns of adult women living in Tehran, Iran. J Nutr Sci Vitaminol (Tokyo). 2010;56(2):132-8. PMID: 20495295	Cross-sectional analysis

292.	Richard C, Couture P, Desroches S, Charest A, Lamarche B. Effect of the Mediterranean diet with and without weight loss on cardiovascular risk factors in men with the metabolic syndrome. Nutr Metab Cardiovasc Dis. 2011 Sep;21(9):628-35. Epub 2010 Jun 2. PMID: 20554173	Does not meet inclusion criteria for methodology
293.	Romaguera D, Norat T, Mouw T, May AM, Bamia C, Slimani N, Travier N, Besson H, Luan J, Wareham N, Rinaldi S, Couto E, Clavel-Chapelon F, Boutron-Ruault MC, Cottet V, Palli D, Agnoli C, Panico S, Tumino R, Vineis P, Agudo A, Rodriguez L, Sanchez MJ, Amiano P, Barricarte A, Huerta JM, Key TJ, Spencer EA, Bueno-de-Mesquita HB, Büchner FL, Orfanos P, Naska A, Trichopoulou A, Rohrmann S, Kaaks R, Bergmann M, Boeing H, Johansson I, Hellstrom V, Manjer J, Wirfält E, Uhre Jacobsen M, Overvad K, Tjonneland A, Halkjaer J, Lund E, Braaten T, Engeset D, Odysseos A, Riboli E, Peeters PH. Adherence to the Mediterranean diet is associated with lower abdominal adiposity in European men and women. J Nutr. 2009 Sep;139(9):1728-37. Epub 2009 Jul 1. PMID: 19571036	Does not meet inclusion criteria for methodology
294.	Rossi M, Negri E, Bosetti C, Dal Maso L, Talamini R, Giacosa A, Montella M, Franceschi S, La Vecchia C. Mediterranean diet in relation to body mass index and waist-to-hip ratio. Public Health Nutr. 2008 Feb;11(2):214-7. Epub 2007 Aug 9. PMID: 17686205	Does not meet inclusion criteria for methodology
295.	Ruidavets JB, Bongard V, Bataille V, Gourdy P, Ferrières J. Eating frequency and body fatness in middle-aged men. Int J Obes Relat Metab Disord. 2002 Nov;26(11):1476-83. PMID: 12439650	Does not meet inclusion criteria for methodology (related to eating occasions)
296.	Ruixing Y, Jinzhen W, Yaoheng H, Jing T, Hai W, Muyan L, Yiyang L, Dongmei F, Hanjun Y, Yuming C. Associations of diet and lifestyle with hyperlipidemia for middle-aged and elderly persons among the Guangxi Bai Ku Yao and Han populations. J Am Diet Assoc. 2008 Jun;108(6):970-6. PMID: 18502227	Does not meet inclusion criteria for methodology
297.	Ruixing Y, Yuming C, Shangling P, Fengping H, Tangwei L, Dezhai Y, Jinzhen W, Limei Y, Weixiong L, Rongshan L, Jiandong H. Effects of demographic, dietary and other lifestyle factors on the prevalence of hyperlipidemia in Guangxi Hei Yi Zhuang and Han populations. Eur J Cardiovasc Prev Rehabil. 2006 Dec;13(6):977-84. PMID: 17143131	Does not address the question (cross-sectional analysis; measured hyperlipidemia)
298.	Rumawas ME, Meigs JB, Dwyer JT, McKeown NM, Jacques PF. Mediterranean-style dietary pattern, reduced risk of metabolic syndrome traits, and incidence in the Framingham Offspring Cohort. Am J Clin Nutr. 2009 Dec;90(6):1608-14. Epub 2009 Oct 14. PMID: 19828705	Does not meet inclusion criteria for methodology
299.	Sabbe D, De Bourdeaudhuij I, Legiest E, Maes L. A cluster-analytical approach towards physical activity and eating habits among 10-year-old children. Health Educ Res. 2008 Oct;23(5):753-62. Epub 2007 Nov 17. PMID: 18024978	Does not address the question (related to physical activity)
300.	Sadakane A, Tsutsumi A, Gotoh T, Ishikawa S, Ojima T, Kario K, Nakamura Y, Kayaba K. Dietary patterns and levels of blood pressure and serum lipids in a Japanese population. J Epidemiol. 2008;18(2):58-67. PMID: 18403855	Does not include body weight as an outcome (measured serum lipids)
301.	Salas-Salvadó J, Bulló M, Babio N, Martínez-González MÁ, Ibarrola-Jurado N, Basora J, Estruch R, Covas MI, Corella D, Arós F, Ruiz-Gutiérrez V, Ros E; PREDIMED Study Investigators. Reduction in the incidence of type 2 diabetes with the Mediterranean diet: results of the PREDIMED-Reus nutrition intervention randomized trial. Diabetes Care. 2011 Jan;34(1):14-9. Epub 2010 Oct 7. PMID:	Does not meet inclusion criteria for methodology

	20929998	
302.	Salas-Salvadó J, Martinez-González MÁ, Bulló M, Ros E. The role of diet in the prevention of type 2 diabetes. Nutr Metab Cardiovasc Dis. 2011 Sep;21 Suppl 2:B32-48. Epub 2011 Jul 13. Review. PMID: 21745730	Does not meet inclusion criteria for methodology (narrative review)
303.	Samieri C, Jutand MA, Féart C, Capuron L, Letenneur L, Barberger-Gateau P. Dietary patterns derived by hybrid clustering method in older people: association with cognition, mood, and self-rated health. J Am Diet Assoc. 2008 Sep;108(9):1461-71. PMID: 18755318	Does not include body weight as an outcome (cross-sectional analysis)
304.	Sanchez A, Norman GJ, Sallis JF, Calfas KJ, Rock C, Patrick K. Patterns and correlates of multiple risk behaviors in overweight women. Prev Med. 2008 Mar;46(3):196-202. Epub 2007 Oct 18. PMID: 18022220	Does not include body weight as an outcome (cross-sectional analysis)
305.	Sarri K, Bertsias G, Linardakis M, Tsibinos G, Tzanakis N, Kafatos A. The effect of periodic vegetarianism on serum retinol and alpha-tocopherol levels. Int J Vitam Nutr Res. 2009 Sep;79(5-6):271-80. PMID: 20533213	Does not meet inclusion criteria for methodology (cross-sectional analysis)
306.	Sartorelli DS, Franco LJ, Cardoso MA. High intake of fruits and vegetables predicts weight loss in Brazilian overweight adults. Nutr Res. 2008 Apr;28(4):233-8. PMID: 19083413	Does not meet inclusion criteria for methodology
307.	Satia JA, Tseng M, Galanko JA, Martin C, Sandler RS. Dietary patterns and colon cancer risk in Whites and African Americans in the North Carolina Colon Cancer Study. Nutr Cancer. 2009;61(2):179-93. PubMed PMID: 31219235034.	Does not meet inclusion criteria for methodology
308.	Scali J, Siari S, Grosclaude P, Gerber M. Dietary and socio-economic factors associated with overweight and obesity in a southern French population. Public Health Nutr. 2004 Jun;7(4):513-22. PMID: 15153257	Does not meet inclusion criteria for methodology (cross-sectional analysis)
309.	Schacht M, Richter-Appelt H, Schulte-Markwort M, Hebebrand J, Schimmelmann BG. Eating Pattern Inventory for Children: a new self-rating questionnaire for preadolescents. J Clin Psychol. 2006 Oct;62(10):1259-73. PMID: 16897691	Does not meet inclusion criteria for methodology
310.	Schmidt SL, Hickey MS, Koblenz KM, Klamer H, Botero MF, Pfaffenbach KT, Pagliassotti MJ, Melby CL. Cardiometabolic plasticity in response to a short-term diet and exercise intervention in young Hispanic and nonHispanic white adults. PLoS One. 2011 Feb 22;6(2):e16987. PMID: 21364957	Does not include body weight as an outcome (measured LDL-cholesterol and TG)
311.	Schröder H, Fitó M, Estruch R, Martínez-González MA, Corella D, Salas-Salvadó J, Lamuela-Raventós R, Ros E, Salaverría I, Fiol M, Lapetra J, Vinyoles E, Gómez-Gracia E, Lahoz C, Serra-Majem L, Pintó X, Ruiz-Gutierrez V, Covas MI. A short screener is valid for assessing Mediterranean diet adherence among older Spanish men and women. J Nutr. 2011 Jun;141(6):1140-5. Epub 2011 Apr 20. PMID: 21508208	Does not meet inclusion criteria for methodology
312.	Schröder H, Mendez MA, Ribas-Barba L, Covas MI, Serra-Majem L. Mediterranean diet and waist circumference in a representative national sample of young Spaniards. Int J Pediatr Obes. 2010 Dec;5(6):516-9. Epub 2010 Sep 23. PMID: 20863166	Does not meet inclusion criteria for methodology
313.	Schröder H, Rohlfs I, Schmelz EM, Marrugat J; REGICOR investigators. Relationship of socioeconomic status with cardiovascular risk factors and lifestyle in a Mediterranean population. Eur J Nutr. 2004 Apr;43(2):77-85. Epub 2004 Jan 6.	Does not meet inclusion criteria for methodology (related to colon cancer)

	PubMed PMID: 15083314.	
314.	Schubert E, Randler C. Association between chronotype and the constructs of the Three-Factor-Eating-Questionnaire. Appetite. 2008 Nov;51(3):501-5. Epub 2008 Apr 8. PMID: 18479778	Does not address the question (related to chronotype and the Three-Factor-Eating-Questionnaire)
315.	Schulze MB, Hoffmann K, Manson JE, Willett WC, Meigs JB, Weikert C, Heidemann C, Colditz GA, Hu FB. Dietary pattern, inflammation, and incidence of type 2 diabetes in women. Am J Clin Nutr. 2005 Sep;82(3):675-84; quiz 714-5. PMID: 16155283	Does not include body weight as an outcome (rank regression analysis related to T2D)
316.	Schutte AE, van Rooyen JM, Huisman HW, Kruger HS, de Ridder JH. Factor analysis of possible risks for hypertension in a black South African population. J Hum Hypertens. 2003 May;17(5):339-48. PMID: 12756407	Does not address the question (evaluated factors related to hypertension)
317.	Schwerin HS, Stanton JL, Riley AM Jr, Schaefer AE, Leveille GA, Elliott JG, Warwick KM, Brett BE. Food eating patterns and health: a reexamination of the Ten-State and HANES I surveys. Am J Clin Nutr. 1981 Apr;34(4):568-80. PMID: 7223707	Cross-sectional analysis
318.	Seghers J, Rutten C. Clustering of multiple lifestyle behaviours and its relationship with weight status and cardiorespiratory fitness in a sample of Flemish 11- to 12-year-olds. Public Health Nutr. 2010 Nov;13(11):1838-46. Epub 2010 Mar 18. PMID: 20236562	Does not address the question (related to lifestyle factors)
319.	Serra-Majem L, Roman B, Estruch R. Scientific evidence of interventions using the Mediterranean diet: a systematic review. Nutr Rev. 2006 Feb;64(2 Pt 2):S27-47. Review. PMID: 16532897	Does not meet inclusion criteria for methodology (systematic review related to Mediterranean diet and health outcomes)
320.	Shi Z, Hu X, Yuan B, Hu G, Pan X, Dai Y, Byles JE, Holmboe-Ottesen G. Vegetable-rich food pattern is related to obesity in China. Int J Obes (Lond). 2008 Jun;32(6):975-84. Epub 2008 Mar 4. PMID: 18317472	Cross-sectional analysis
321.	Shi Z, Lien N, Kumar BN, Holmboe-Ottesen G. Socio-demographic differences in food habits and preferences of school adolescents in Jiangsu Province, China. Eur J Clin Nutr. 2005 Dec;59(12):1439-48. PMID: 16118652	Does not meet inclusion criteria for methodology (cross-sectional analysis)
322.	Shi Z, Yuan B, Hu G, Dai Y, Zuo H, Holmboe-Ottesen G. Dietary pattern and weight change in a 5-year follow-up among Chinese adults: results from the Jiangsu Nutrition Study. Br J Nutr. 2011 Apr;105(7):1047-54. Epub 2010 Nov 25. PMID: 21106132	Population of a country is not listed in the HDI
323.	Shimazu T, Kuriyama S, Hozawa A, Ohmori K, Sato Y, Nakaya N, Nishino Y, Tsubono Y, Tsuji I. Dietary patterns and cardiovascular disease mortality in Japan: a prospective cohort study. Int J Epidemiol. 2007 Jun;36(3):600-9. Epub 2007 Feb 22. PMID: 17317693	Does not include body weight as an outcome (related to CVD)
324.	Shin KO, Oh SY, Park HS. Empirically derived major dietary patterns and their associations with overweight in Korean preschool children. Br J Nutr. 2007 Aug;98(2):416-21. Epub 2007 Apr 16. PMID: 17433127	Cross-sectional analysis
325.	Shubair MM, McColl RS, Hanning RM. Mediterranean dietary components and body mass index in adults: the peel nutrition and heart health survey. Chronic Dis Can. 2005 Spring-Summer;26(2-3):43-51. PMID: 16251009	Cross-sectional analysis
326.	Sibai AM, Hwalla N, Adra N, Rahal B. Prevalence and covariates of obesity in Lebanon: findings from the first epidemiological study. Obes Res. 2003 Nov;11(11):1353-61. PMID: 14627756	Does not meet inclusion criteria for methodology (descriptive study)
327.	Sichieri R. Dietary patterns and their associations with obesity in the	Cross-sectional analysis

	Brazilian city of Rio de Janeiro. Obes Res. 2002 Jan;10(1):42-8. PMID: 11786600	
328.	Siegrist M, Hanssen H, Lammel C, Haller B, Halle M. A cluster randomised school-based lifestyle intervention programme for the prevention of childhood obesity and related early cardiovascular disease (JuvenTUM 3). BMC Public Health. 2011 Apr 22;11:258. PMID: 21513530	Does not meet inclusion criteria for methodology
329.	Slattery ML, Edwards SL, Boucher KM, Anderson K, Caan BJ. Lifestyle and colon cancer: an assessment of factors associated with risk. Am J Epidemiol. 1999 Oct 15;150(8):869-77. PubMed PMID: 10522658.	Does not meet inclusion criteria for methodology (related to cardiovascular factors)
330.	Smith PJ, Blumenthal JA, Babyak MA, Craighead L, Welsh-Bohmer KA, Browndyke JN, Strauman TA, Sherwood A. Effects of the dietary approaches to stop hypertension diet, exercise, and caloric restriction on neurocognition in overweight adults with high blood pressure. Hypertension. 2010 Jun;55(6):1331-8. Epub 2010 Mar 19. PMID: 20305128	Does not meet inclusion criteria for methodology
331.	Smithers LG, Golley RK, Brazionis L, Lynch JW. Characterizing whole diets of young children from developed countries and the association between diet and health: a systematic review. Nutr Rev. 2011 Aug;69(8):449-67. doi: 10.1111/j.1753-4887.2011.00407.x. Review. PMID: 21790612	Does not meet inclusion criteria for methodology (systematic review; it includes cross-sectional analysis)
332.	Smithers LG, Golley RK, Brazionis L, Lynch JW. Characterizing whole diets of young children from developed countries and the association between diet and health: a systematic review. Nutr Rev. 2011 Aug;69(8):449-67. doi: 10.1111/j.1753-4887.2011.00407.x. Review. PubMed PMID: 21790612.	Does not include body weight as an outcome (related to dietary habits and individuals with myocardial infarction)
333.	Snowdon DA, Phillips RL, Fraser GE. Meat consumption and fatal ischemic heart disease. Prev Med. 1984 Sep;13(5):490-500. PMID: 6527990	Does not address the question (related to meat consumption and ischemic heart disease)
334.	Snowdon DA, Phillips RL. Does a vegetarian diet reduce the occurrence of diabetes? Am J Public Health. 1985 May;75(5):507-12. PMID: 3985239	Does not meet inclusion criteria for methodology
335.	Sodjinou R, Agueh V, Fayomi B, Delisle H. Obesity and cardio-metabolic risk factors in urban adults of Benin: relationship with socio-economic status, urbanisation, and lifestyle patterns. BMC Public Health. 2008 Mar 4;8:84. PubMed PMID: 18318907; PubMed Central PMCID: PMC2315643.	Does not meet inclusion criteria for methodology (narrative review related to characterization of young children's diets)
336.	Sone Y, Yamaguchi K, Fujiwara A, Kido T, Kawahara K, Ishiwaki A, Kondo K, Morita Y, Tominaga N, Otsuka Y. Association of lifestyle factors, polymorphisms in adiponectin, perilipin and hormone sensitive lipase, and clinical markers in Japanese males. J Nutr Sci Vitaminol (Tokyo). 2010;56(2):123-31. PMID: 20495294	Does not address the question (related to clinical markers and lifestyle factors)
337.	Song Y, Park MJ, Paik HY, Joung H. Secular trends in dietary patterns and obesity-related risk factors in Korean adolescents aged 10-19 years. Int J Obes (Lond). 2010 Jan;34(1):48-56. Epub 2009 Oct 13. PMID: 19823182	Cross-sectional analysis
338.	Sonnenberg L, Pencina M, Kimokoti R, Quatromoni P, Nam BH, D'Agostino R, Meigs JB, Ordovas J, Cobain M, Millen B. Dietary patterns and the metabolic syndrome in obese and non-obese Framingham women. Obes Res. 2005 Jan;13(1):153-62. PMID: 15761175	Does not meet inclusion criteria for methodology

339.	Stang J, Kong A, Story M, Eisenberg ME, Neumark-Sztainer D. Food and weight-related patterns and behaviors of Hmong adolescents. J Am Diet Assoc. 2007 Jun;107(6):936-41. PMID: 17524713	Does not address the question (cross-sectional analysis of dietary behaviors)
340.	Stang J, Zephier EM, Story M, Himes JH, Yeh JL, Welty T, Howard BV. Dietary intakes of nutrients thought to modify cardiovascular risk from three groups of American Indians: The Strong Heart Dietary Study, Phase II. J Am Diet Assoc. 2005 Dec;105(12):1895-903. PMID: 16321595	Does not include body weight as an outcome (cross-sectional analysis; evaluated CVD)
341.	Summerbell CD, Moody RC, Shanks J, Stock MJ, Geissler C. Relationship between feeding pattern and body mass index in 220 free-living people in four age groups. Eur J Clin Nutr. 1996 Aug;50(8):513-9. PMID: 8863011	Does not meet inclusion criteria for methodology
342.	Svensson V, Lundborg L, Cao Y, Nowicka P, Marcus C, Sobko T. Obesity related eating behaviour patterns in Swedish preschool children and association with age, gender, relative weight and parental weight - factorial validation of the Children's Eating Behaviour Questionnaire. Int J Behav Nutr Phys Act. 2011 Dec 8;8(1):134. [Epub ahead of print] PMID: 22152012	Does not address the question (analyzed of dietary behaviors)
343.	Takahashi MM, de Oliveira EP, Moreto F, Portero-McLellan KC, Burini RC. Association of dyslipidemia with intakes of fruit and vegetables and the body fat content of adults clinically selected for a lifestyle modification program. Arch Latinoam Nutr. 2010 Jun;60(2):148-54. PMID: 21425719	Does not meet inclusion criteria for methodology
344.	Thomas NE, Baker JS, Graham MR, Cooper SM, Davies B. C-reactive protein in schoolchildren and its relation to adiposity, physical activity, aerobic fitness and habitual diet. Br J Sports Med. 2008 May;42(5):357-60. Epub 2008 Jan 4. PMID: 18178678	Does not address the question (cross-sectional analysis of CRP and health factors)
345.	Tinker LF, Bonds DE, Margolis KL, Manson JE, Howard BV, Larson J, Perri MG, Beresford SA, Robinson JG, Rodríguez B, Safford MM, Wenger NK, Stevens VJ, Parker LM; Women's Health Initiative. Low-fat dietary pattern and risk of treated diabetes mellitus in postmenopausal women: the Women's Health Initiative randomized controlled dietary modification trial. Arch Intern Med. 2008 Jul 28;168(14):1500-11. PMID: 18663162	Does not meet inclusion criteria for methodology
346.	Togo P, Osler M, Sørensen TI, Heitmann BL. Food intake patterns and body mass index in observational studies. Int J Obes Relat Metab Disord. 2001 Dec;25(12):1741-51. Review. PMID: 11781753	Does not meet inclusion criteria for methodology (systematic review)
347.	Trichopoulou A, Naska A, Orfanos P, Trichopoulos D. Mediterranean diet in relation to body mass index and waist-to-hip ratio: the Greek European Prospective Investigation into Cancer and Nutrition Study. Am J Clin Nutr. 2005 Nov;82(5):935-40. PMID: 16280422	Does not meet inclusion criteria for methodology
348.	Tupe R, Chiplonkar SA. Diet patterns of lactovegetarian adolescent girls: need for devising recipes with high zinc bioavailability. Nutrition. 2010 Apr;26(4):390-8. Epub 2009 Jul 22. PMID: 19628369	Does not include body weight as an outcome (related to dietary patterns of lacto vegetarian and zinc deficiency)
349.	Turcinov D, Stanley C, Rutherford GW, Novotny TE, Begovac J. Adherence to the Mediterranean diet is associated with a lower risk of body-shape changes in Croatian patients treated with combination antiretroviral therapy. Eur J Epidemiol. 2009;24(5):267-74. Epub 2009 Mar 26. PMID: 19322667	Does not meet inclusion criteria for methodology (evaluated adherence to the Mediterranean diet and lipoatrophy)
350.	Tyrovolas S, Panagiotakos DB. The role of Mediterranean type of diet on the development of cancer and cardiovascular disease, in the elderly: a systematic review. Maturitas. 2010 Feb;65(2):122-30. Epub 2009 Aug 4. Review. PMID: 19656644	Does not meet inclusion criteria for methodology (systematic review; evaluated adherence to Mediterranean diet and CVD and

		Cancer)
351.	Tyrovolas S, Pounis G, Zeimbekis A, Antonopoulou M, Bountziouka V, Gotsis E, Metallinos G, Polystipioti A, Polychronopoulos E, Lionis C, Panagiotakos DB. Associations of energy intake and type 2 diabetes with hypertryglyceridemia in older adults living in the Mediterranean islands: the MEDIS study. J Nutr Elder. 2010 Jan;29(1):72-86. PMID: 20391043	Does not meet inclusion criteria for methodology
352.	Tzima N, Pitsavos C, Panagiotakos DB, Skoumas J, Zampelas A, Chrysohoou C, Stefanadis C. Mediterranean diet and insulin sensitivity, lipid profile and blood pressure levels, in overweight and obese people; the Attica study. Lipids Health Dis. 2007 Sep 19;6:22. PMID: 17880675	Does not meet inclusion criteria for methodology (evaluated adherence to the Mediterranean diet and insulin sensitivity and lipid profile)
353.	Uglem S, Stea TH, Frølich W, Wandel M. Body weight, weight perceptions and food intake patterns. A cross-sectional study among male recruits in the Norwegian National Guard. BMC Public Health. 2011 May 19;11:343. PMID: 21595899	Cross-sectional analysis
354.	Ursoniu S, Vernic C, Vlaicu B, Petrescu C, Fira-Mladinescu C, Putnoky S, Suciu O, Fira-Mladinescu O, Vlaicu S. Eating habits in an adolescent population from Timiş county. Rev Med Chir Soc Med Nat Iasi. 2010 Oct-Dec;114(4):1155-61. PMID: 21495459	Does not include body weight as an outcome (cross-sectional analysis related to eating habits and school performance)
355.	Uusitalo U, Arkkola T, Ovaskainen ML, Kronberg-Kippilä C, Kenward MG, Veijola R, Simell O, Knip M, Virtanen SM. Unhealthy dietary patterns are associated with weight gain during pregnancy among Finnish women. Public Health Nutr. 2009 Dec;12(12):2392-9. Epub 2009 Mar 27. PMID:19323867	Participants are pregnant
356.	van Dam RM, Grievink L, Ocké MC, Feskens EJ. Patterns of food consumption and risk factors for cardiovascular disease in the general Dutch population. Am J Clin Nutr. 2003 May;77(5):1156-63. PMID: 12716666	Does not include body weight as an outcome (cross-sectional analysis related to cholesterol, glucose concentration and blood pressure)
357.	van Dam RM, Rimm EB, Willett WC, Stampfer MJ, Hu FB. Dietary patterns and risk for type 2 diabetes mellitus in U.S. men. Ann Intern Med. 2002 Feb 5;136(3):201-9. PMID: 11827496	Does not include body weight as an outcome (this study adjusted for BMI)
358.	van den Brandt PA. The impact of a Mediterranean diet and healthy lifestyle on premature mortality in men and women. Am J Clin Nutr. 2011 Sep;94(3):913-20. Epub 2011 Jul 27. PubMed PMID: 21795445.	Does not address the question (related to diet and pancreatic cancer)
359.	Van Horn L, Dolecek TA, Grandits GA, Skweres L. Adherence to dietary recommendations in the special intervention group in the Multiple Risk Factor Intervention Trial. Am J Clin Nutr. 1997 Jan;65(1 Suppl):289S-304S. PMID: 8988943	Does not meet inclusion criteria for methodology
360.	Van Horn LV, Ballew C, Liu K, Ruth K, McDonald A, Hilner JE, Burke GL, Savage PJ, Bragg C, Caan B, et al. Diet, body size, and plasma lipids-lipoproteins in young adults: differences by race and sex. The Coronary Artery Risk Development in Young Adults (CARDIA) study. Am J Epidemiol. 1991 Jan;133(1):9-23. PMID: 1983903	Does not meet inclusion criteria for methodology (cross-sectional analysis)
361.	Vanhala ML, Keinänen-Kiukaanniemi SM, Kaikkonen KM, Laitinen JH, Korpelainen RI. Factors associated with parental recognition of a child's overweight status--a cross sectional study. BMC Public Health. 2011 Aug 24;11:665. PMID: 21864365	Does not address the question (cross-sectional analysis of child's lifestyle and parental recognition)

362.	Vardavas CI, Linardakis MK, Hatzis CM, Saris WH, Kafatos AG. Cardiovascular disease risk factors and dietary habits of farmers from Crete 45 years after the first description of the Mediterranean diet. Eur J Cardiovasc Prev Rehabil. 2010 Aug;17(4):440-6. PMID: 20531009	Does not include body weight as an outcome (cross-sectional analysis related to dietary habits)
363.	Venkaiah K, Brahmam GN, Vijayaraghavan K.Application of factor analysis to identify dietary patterns and use of factor scores to study their relationship with nutritional status of adult rural populations. J Health Popul Nutr. 2011 Aug;29(4):327-38. PMID: 21957671	Does not include body weight as an outcome (cross-sectional analysis related to dietary patterns and chronic energy deficiency)
364.	Ventura EE, Davis JN, Alexander KE, Shaibi GQ, Lee W, Byrd-Williams CE, Toledo-Corral CM, Lane CJ, Kelly LA, Weigensberg MJ, Goran MI. Dietary intake and the metabolic syndrome in overweight Latino children. J Am Diet Assoc. 2008 Aug;108(8):1355-9. PMID: 18656576	Does not meet inclusion criteria for methodology (cross-sectional analysis of dietary intake and metabolic syndrome)
365.	Vergnaud AC, Norat T, Romaguera D, Mouw T, May AM, Travier N, Luan J, Wareham N, Slimani N, Rinaldi S, Couto E, Clavel-Chapelon F, Boutron-Ruault MC, Cottet V, Palli D, Agnoli C, Panico S, Tumino R, Vineis P, Agudo A, Rodriguez L, Sanchez MJ, Amiano P, Barricarte A, Huerta JM, Key TJ, Spencer EA, Bueno-de-Mesquita B, Büchner FL, Orfanos P, Naska A, Trichopoulou A, Rohrmann S, Hermann S, Boeing H, Buijsse B, Johansson I, Hellstrom V, Manjer J, Wirfält E, Jakobsen MU, Overvad K, Tjonneland A, Halkjaer J, Lund E, Braaten T, Engeset D, Odysseos A, Riboli E, Peeters PH. Meat consumption and prospective weight change in participants of the EPIC-PANACEA study. Am J Clin Nutr. 2010 Aug;92(2):398-407. Epub 2010 Jun 30. PMID: 20592131	Does not meet inclusion criteria for methodology
366.	Vernarelli JA, Mitchell DC, Hartman TJ, Rolls BJ. Dietary energy density is associated with body weight status and vegetable intake in U.S. children. J Nutr. 2011 Dec;141(12):2204-10. Epub 2011 Nov 2. PMID: 22049295	Does not meet inclusion criteria for methodology (cross-sectional analysis)
367.	Veugelers PJ, Fitzgerald AL. Prevalence of and risk factors for childhood overweight and obesity. CMAJ. 2005 Sep 13;173(6):607-13. PMID: 16157724	Does not meet inclusion criteria for methodology (evaluated dietary habits)
368.	Videon TM, Manning CK. Influences on adolescent eating patterns: the importance of family meals. J Adolesc Health. 2003 May;32(5):365-73. PMID: 12729986	Does not meet inclusion criteria for methodology (evaluated dietary habits)
369.	Villard LC, Rydén L, Ståhle A. Predictors of healthy behaviours in Swedish school children. Eur J Cardiovasc Prev Rehabil. 2007 Jun;14(3):366-72. PMID: 17568234	Does not meet inclusion criteria for methodology (evaluated dietary habits)
370.	Villegas R, Kearney PM, Perry IJ. The cumulative effect of core lifestyle behaviours on the prevalence of hypertension and dyslipidemia. BMC Public Health. 2008 Jun 13;8:210. PubMed PMID: 18554385; PubMed Central PMCID: PMC2442070.	Does not meet inclusion criteria for methodology (cross-sectional analysis related to CVD risk factors)
371.	Villegas R, Salim A, Collins MM, Flynn A, Perry IJ. Dietary patterns in middle-aged Irish men and women defined by cluster analysis. Public Health Nutr. 2004 Dec;7(8):1017-24. PMID: 15548339	Cross-sectional analysis
372.	Villegas R, Shu XO, Gao YT, Yang G, Elasy T, Li H, Zheng W. Vegetable but not fruit consumption reduces the risk of type 2 diabetes in Chinese women. J Nutr. 2008 Mar;138(3):574-80. PMID: 18287369	Does not include body weight as an outcome (related to T2D)
373.	Villegas R, Yang G, Gao YT, Cai H, Li H, Zheng W, Shu XO. Dietary patterns are associated with lower incidence of type 2 diabetes in middle-aged women: the Shanghai Women's Health Study. Int J Epidemiol. 2010 Jun;39(3):889-99. Epub 2010 Mar 15. PMID: 20231261	Does not include body weight as an outcome

374.	Vioque J, Weinbrenner T, Castelló A, Asensio L, Garcia de la Hera M. Intake of fruits and vegetables in relation to 10-year weight gain among Spanish adults. Obesity (Silver Spring). 2008 Mar;16(3):664-70. Epub 2008 Jan 17. PMID: 18239583	Does not meet inclusion criteria for methodology
375.	Vitolins MZ, Anderson AM, Delahanty L, Raynor H, Miller GD, Mobley C, Reeves R, Yamamoto M, Champagne C, Wing RR, Mayer-Davis E; Look AHEAD Research Group. Action for Health in Diabetes (Look AHEAD) trial: baseline evaluation of selected nutrients and food group intake. J Am Diet Assoc. 2009 Aug;109(8):1367-75. PMID: 19631042	Does not meet inclusion criteria for methodology (cross-sectional analysis)
376.	Vlismas K, Panagiotakos DB, Pitsavos C, Chrysohoou C, Skoumas Y, Stavrinos V, Stefanadis C. Hellenic J. The role of dietary and socioeconomic status assessment on the predictive ability of the HellenicSCORE. Cardiol. 2011 Sep-Oct;52(5):391-8. PMID: 21940286	Does not address the question (related to CVD and SES)
377.	Vollmer WM, Sacks FM, Ard J, Appel LJ, Bray GA, Simons-Morton DG, Conlin PR, Svetkey LP, Erlinger TP, Moore TJ, Karanja N; DASH-Sodium Trial Collaborative Research Group. Effects of diet and sodium intake on blood pressure: subgroup analysis of the DASH-sodium trial. Ann Intern Med. 2001 Dec 18;135(12):1019-28. PMID: 11747380	Does not address the question (related to Na intake and blood pressure)
378.	Votruba SB, Blanc S, Schoeller DA. Pattern and cost of weight gain in previously obese women. Am J Physiol Endocrinol Metab. 2002 Apr;282(4):E923-30. PMID: 11882514	Does not address the question (measure energy expenditure and metabolizable energy intake)
379.	Waijers PM, Ocké MC, van Rossum CT, Peeters PH, Bamia C, Chloptsios Y, van der Schouw YT, Slimani N, Bueno-de-Mesquita HB. Dietary patterns and survival in older Dutch women. Am J Clin Nutr. 2006 May;83(5):1170-6. PMID: 16685062	Does not include body weight as an outcome (related to mortality risk)
380.	Wanke KL, Daston C, Slonim A, Albert PS, Snyder K, Schatzkin A, Lanza E; Polyp Prevention Study Group. Adherence to the polyp prevention trial dietary intervention is associated with a behavioral pattern of adherence to nondietary trial requirements and general health recommendations. J Nutr. 2007 Feb;137(2):391-8. PMID: 17237317	Does not meet inclusion criteria for methodology
381.	Webber LS, Osganian SK, Feldman HA, Wu M, McKenzie TL, Nichaman M, Lytle LA, Edmundson E, Cutler J, Nader PR, Luepker RV. Cardiovascular risk factors among children after a 2 1/2-year intervention-The CATCH Study. Prev Med. 1996 Jul-Aug;25(4):432-41. PMID: 8818067	Does not address the question (related to cardiovascular factors)
382.	Weikert C, Hoffmann K, Dierkes J, Zyriax BC, Klipstein-Grobusch K, Schulze MB, Jung R, Windler E, Boeing H. A homocysteine metabolism-related dietary pattern and the risk of coronary heart disease in two independent German study populations. J Nutr. 2005 Aug;135(8):1981-8. PMID: 16046726	Does not include body weight as an outcome (measured CHD risk biomarkers)
383.	White E, Shattuck AL, Kristal AR, Urban N, Prentice RL, Henderson MM, Insull W Jr, Moskowitz M, Goldman S, Woods MN. Maintenance of a low-fat diet: follow-up of the Women's Health Trial. Cancer Epidemiol Biomarkers Prev. 1992 May-Jun;1(4):315-23. PMID: 1338896	Does not meet inclusion criteria for methodology
384.	Williams DE, Prevost AT, Whichelow MJ, Cox BD, Day NE, Wareham NJ. A cross-sectional study of dietary patterns with glucose intolerance and other features of the metabolic syndrome. Br J Nutr. 2000 Mar;83(3):257-66. PMID: 10884714	Cross-sectional analysis

385.	Williams DE, Wareham NJ, Cox BD, Byrne CD, Hales CN, Day NE. Frequent salad vegetable consumption is associated with a reduction in the risk of diabetes mellitus. J Clin Epidemiol. 1999 Apr;52(4):329-35. PMID: 10235173	Does not include body weight as an outcome (measured glucose intolerance)
386.	Wirfält AK, Jeffery RW. Using cluster analysis to examine dietary patterns: nutrient intakes, gender, and weight status differ across food pattern clusters. J Am Diet Assoc. 1997 Mar;97(3):272-9. PMID: 9060944	Cross-sectional analysis
387.	Wirfält E, Hedblad B, Gullberg B, Mattisson I, Andrén C, Rosander U, Janzon L, Berglund G. Food patterns and components of the metabolic syndrome in men and women: a cross-sectional study within the Malmö Diet and Cancer cohort. Am J Epidemiol. 2001 Dec 15;154(12):1150-9. PMID: 11744521	Cross-sectional analysis
388.	Woo J, Cheung B, Ho S, Sham A, Lam TH. Influence of dietary pattern on the development of overweight in a Chinese population. Eur J Clin Nutr. 2008 Apr;62(4):480-7. Epub 2007 Feb 28. PMID: 17327865	Does not meet inclusion criteria for methodology
389.	Würbach A, Zellner K, Kromeyer-Hauschild K. Meal patterns among children and adolescents and their associations with weight status and parental characteristics. Public Health Nutr. 2009 Aug;12(8):1115-21. Epub 2009 Feb 26. PMID: 19243677	Does not address the question (measured meal patterns)
390.	Yannakoulia M, Ntalla I, Papoutsakis C, Farmaki AE, Dedoussis GV. Consumption of vegetables, cooked meals, and eating dinner is negatively associated with overweight status in children. J Pediatr. 2010 Nov;157(5):815-20. Epub 2010 Jun 17. PMID: 20955852	Cross-sectional analysis
391.	Yannakoulia M, Panagiotakos D, Pitsavos C, Skoumas Y, Stafanadis C. Eating patterns may mediate the association between marital status, body mass index, and blood cholesterol levels in apparently healthy men and women from the ATTICA study. Soc Sci Med. 2008 Jun;66(11):2230-9. Epub 2008 Mar 10. PMID: 18329772	Does not address the question (evaluated dietary patterns and marital status)
392.	Yannakoulia M, Panagiotakos DB, Pitsavos C, Tsetsekou E, Fappa E, Papageorgiou C, Stefanadis C. Eating habits in relations to anxiety symptoms among apparently healthy adults. A pattern analysis from the ATTICA Study. Appetite. 2008 Nov;51(3):519-25. Epub 2008 Apr 8. PMID: 18495296	Does not include body weight as an outcome (measured dietary patterns and anxiety)
393.	Yannakoulia M, Yiannakouris N, Melistas L, Fappa E, Vidra N, Kontogianni MD, Mantzoros CS. Dietary factors associated with plasma high molecular weight and total adiponectin levels in apparently healthy women. Eur J Endocrinol. 2008 Oct;159(4):R5-10. Epub 2008 Jul 1. PMID: 18593824	Does not address the question (evaluated dietary patterns and HMW adiponectin)
394.	Yeh CJ, Chang HY, Pan WH. Time trend of obesity, the metabolic syndrome and related dietary pattern in Taiwan: from NAHSIT 1993-1996 to NAHSIT 2005-2008. Asia Pac J Clin Nutr. 2011;20(2):292-300. PMID: 21669598	Unsure of study designs. Authors did nopt respond to inquiry
395.	Young TK. Obesity, central fat patterning, and their metabolic correlates among the inuit of the central Canadian Arctic. Hum Biol. 1996 Apr;68(2):245-63. PMID: 8838915	Does not meet inclusion criteria for methodology (descriptive study)
396.	Yu R, Woo J, Chan R, Sham A, Ho S, Tso A, Cheung B, Lam TH, Lam K. Relationship between dietary intake and the development of type 2 diabetes in a Chinese population: the Hong Kong Dietary Survey. Public Health Nutr. 2011 Apr 5:1-9. [Epub ahead of print] PMID: 21466742	Does not include body weight as an outcome (measured T2D)
397.	Zhang Y, Tan H, Dai X, Huang H, He G. Dietary patterns are associated with weight gain in newlyweds: findings from a cross-sectional study in Shanghai, China. Public Health Nutr. 2011 Oct	Cross-sectional analysis

	18:1-9. [Epub ahead of print] PMID: 22005131	