



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
1	Aboud FE,Shafique S,Akhter S. A responsive feeding intervention increases children's self-feeding and maternal responsiveness but not weight gain. J Nutr. 2009;139(9):1738-43. PMID:19587124.	Independent Variable
2	Abraczinskas M, Jr. Fisak B,Barnes RD. The relation between parental influence, body image, and eating behaviors in a nonclinical female sample. Body Image. 2012;9(1):93-100. PMID:22104125.	Study Design , Independent Variable
3	Adamson M,Morawska A,Sanders MR. Childhood feeding difficulties: a randomized controlled trial of a group-based parenting intervention. J Dev Behav Pediatr. 2013;34(5):293-302. PMID:23751884.	Location, Independent Variable
4	Admiraal WM,Vlaar EM,Nierkens V,Holleman F,Middelkoop BJ,Stronks K,van Valkengoed IG. Intensive lifestyle intervention in general practice to prevent type 2 diabetes among 18 to 60-year-old South Asians: 1-year effects on the weight status and metabolic profile of participants in a randomized controlled trial. PLoS One. 2013;8(7):e68605. PMID:23894322.	Independent Variable
5	Affenito SG,Thompson DR,Barton BA,Franco DL,Daniels SR,Obarzanek E,Schreiber GB,Striegel-Moore RH. Breakfast consumption by African-American and white adolescent girls correlates positively with calcium and fiber intake and negatively with body mass index. J Am Diet Assoc. 2005;105(6):938-45. PMID:15942545.	Independent Variable
6	Alexander AG,Grant WL,Pedrinio KJ,Lyons PE. A prospective multifactorial intervention on subpopulations of predominately Hispanic children at high risk for obesity. Obesity (Silver Spring). 2014;22(1):249-53. PMID:23836698.	Independent Variable
7	Alexander KE,Ventura EE,Spruijt-Metz D,Weigensberg MJ,Goran MI,Davis JN. Association of breakfast skipping with visceral fat and insulin indices in overweight Latino youth. Obesity (Silver Spring). 2009;17(8):1528-33. PMID:19424166.	Independent Variable
8	Alexy U,Freese J,Kersting M,Clausen K. Lunch habits of German children and adolescents: composition and dietary quality. Ann Nutr Metab. 2013;62(1):75-9. PMID:23257471.	Independent Variable
9	Allen JO,Griffith DM,Gaines HC. "She looks out for the meals, period": African American men's perceptions of how their wives influence their eating behavior and dietary health. Health Psychol. 2013;32(4):447-55. PMID:22563755.	Study Design
10	Allen KL,Gibson LY,McLean NJ,Davis EA,Byrne SM. Maternal and family factors and child eating pathology: Risk and protective relationships. Journal of Eating Disorders. 2014;2(1).	Outcome
11	Ambrosini GL,Emmett PM,Northstone K,Jebb SA. Tracking a dietary pattern associated with increased adiposity in childhood and adolescence. Obesity (Silver Spring). 2014;22(2):458-65. PMID:23804590.	Independent Variable



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	Excluded Citations	Reason for Exclusion
12	Amirrood MM, Taghdisi MH, Shidfar F, Gohari MR. The impact of training on women's capabilities in modifying their obesity-related dietary behaviors: Applying family-centered empowerment model. <i>Journal of Research in Health Sciences</i> . 2014;14(1):76-81.	Study Design
13	Andaya AA, Arredondo EM, Alcaraz JE, Lindsay SP, Elder JP. The association between family meals, TV viewing during meals, and fruit, vegetables, soda, and chips intake among Latino children. <i>J Nutr Educ Behav</i> . 2011;43(5):308-15. PMID:20965787.	Study Design
14	Anderson PM. Parental employment, family routines and childhood obesity. <i>Econ Hum Biol</i> . 2012;10(4):340-51. PMID:22622096.	Study Design
15	Anderson SE, Must A, Curtin C, Bandini LG. Meals in Our Household: reliability and initial validation of a questionnaire to assess child mealtime behaviors and family mealtime environments. <i>J Acad Nutr Diet</i> . 2012;112(2):276-84. PMID:22741169.	Study Design
16	Anderson SE, Whitaker RC. Household routines and obesity in US preschool-aged children. <i>Pediatrics</i> . 2010;125(3):420-8. PMID:20142280.	Study Design
17	Appelhans BM, Waring ME, Schneider KL, Pagoto SL. Food preparation supplies predict children's family meal and home-prepared dinner consumption in low-income households. <i>Appetite</i> . 2014;76:1-8. PMID:24462491.	Study Design , Independent Variable
18	Arcan C, Neumark-Sztainer D, Hannan P, van den Berg P, Story M, Larson N. Parental eating behaviours, home food environment and adolescent intakes of fruits, vegetables and dairy foods: longitudinal findings from Project EAT. <i>Public Health Nutr</i> . 2007;10(11):1257-65. PMID:17391551.	Independent Variable
19	Arredondo EM, Elder JP, Ayala GX, Slymen D, Campbell NR. Association of a traditional vs shared meal decision-making and preparation style with eating behavior of Hispanic women in San Diego County. <i>J Am Diet Assoc</i> . 2006;106(1):38-45. PMID:16390665.	Study Design , Independent Variable
20	Attorp A, Scott JE, Yew AC, Rhodes RE, Barr SI, Naylor PJ. Associations between socioeconomic, parental and home environment factors and fruit and vegetable consumption of children in grades five and six in British Columbia, Canada. <i>BMC Public Health</i> . 2014;14:150. PMID:24517088.	Study Design
21	Averett SL, Sikora A, Argys LM. For better or worse: relationship status and body mass index. <i>Econ Hum Biol</i> . 2008;6(3):330-49. PMID:18753018.	Independent Variable
22	Ayala GX, Baquero B, Arredondo EM, Campbell N, Larios S, Elder JP. Association between family variables and Mexican American children's dietary behaviors. <i>J Nutr Educ Behav</i> . 2007;39(2):62-9. PMID:17346653.	Study Design
23	Babajafari S, Marks GC, Mamun AA, O'Callaghan MJ, Najman JM. Family food behaviours and adolescents'	Study Design



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	Excluded Citations	Reason for Exclusion
	overweight status: a mother-offspring link study. Iran Red Crescent Med J. 2011;13(11):783-94. PMID:22737418.	
24	Backlund C,Sundelin G,Larsson C. Effect of a 1-year lifestyle intervention on physical activity in overweight and obese children. Advances in Physiotherapy. 2011;13(3):87-96.	Independent Variable
25	Bae HO,Kim M,Hong SM. Meal skipping children in low-income families and community practice implications. Nutr Res Pract. 2008;2(2):100-6. PMID:20126373.	Study Design , Outcome
26	Baker E,Balistreri KS, Van Hook J. Maternal employment and overweight among Hispanic children of immigrants and children of natives. J Immigr Minor Health. 2009;11(3):158-67. PMID:17963041.	Independent Variable
27	Banks J,Williams J,Cumberlidge T,Cimonetti T,Sharp DJ,Shield JP. Is healthy eating for obese children necessarily more costly for families?. Br J Gen Pract. 2012;62(594):e1-5. PMID:22520655.	Independent Variable, Outcome
28	Bargiota A,Pelekanou M,Tsitouras A,Koukoulis GN. Eating habits and factors affecting food choice of adolescents living in rural areas. Hormones (Athens). 2013;12(2):246-53. PMID:23933693.	Study Design
29	Bau AM,Krull S,Ernert A,Babitsch B. Eating behaviour and its association with social living conditions and weight status among adolescent girls: results of the cross-sectional Berlin School Children's Cohort study. Public Health Nutr. 2011;14(10):1759-67. PMID:21466744.	Study Design , Location
30	Bauer KW,Hearst MO,Escoto K,Berge JM,Neumark-Sztainer D. Parental employment and work-family stress: associations with family food environments. Soc Sci Med. 2012;75(3):496-504. PMID:22591825.	Study Design
31	Bauer KW,Neumark-Sztainer D,Fulkerson JA,Hannan PJ,Story M. Familial correlates of adolescent girls' physical activity, television use, dietary intake, weight, and body composition. Int J Behav Nutr Phys Act. 2011;8:25. PMID:21453516.	Study Design
32	Bauer KW,Neumark-Sztainer D,Fulkerson JA,Story M. Adolescent girls' weight-related family environments, Minnesota. Prev Chronic Dis. 2011;8(3):A68. PMID:21477508.	Study Design
33	Bayer O,Nehring I,Bolte G,Von Kries R. Fruit and vegetable consumption and BMI change in primary school-age children: A cohort study. European Journal of Clinical Nutrition. 2014;68(2):265-270.	Independent Variable
34	Bean MK,Jeffers AJ,Tully CB,Thornton LM,Mazzeo SE. Motivational interviewing with parents of overweight children: Study design and methods for the NOURISH+MI study. Contemporary Clinical Trials. 2014;37(2):312-321.	Independent Variable
35	Befort C,Kaur H,Nollen N,Sullivan DK,Nazir N,Choi WS,Hornberger L,Ahluwalia JS. Fruit, vegetable, and fat intake among non-Hispanic black and non-Hispanic white adolescents: associations with home availability and food consumption settings. J Am Diet Assoc. 2006;106(3):367-73. PMID:16503225.	Study Design



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	Excluded Citations	Reason for Exclusion
36	Bellisle F,Rolland-Cachera MF. Three consecutive (1993, 1995, 1997) surveys of food intake, nutritional attitudes and knowledge, and lifestyle in 1000 French children, aged 9-11 years. J Hum Nutr Diet. 2007;20(3):241-51. PMID:17539877.	Study Design , Outcome
37	Benedet J,de Assis MAA,Calvo MCM,de Andrade DF. Overweight in adolescents: Exploring potential risk factors. Revista Paulista de Pediatria. 2013;31(2):172-181.	Study Design , Location
38	Berge JM,Arikian A,Doherty WJ,Neumark-Sztainer D. Healthful eating and physical activity in the home environment: results from multifamily focus groups. J Nutr Educ Behav. 2012;44(2):123-31. PMID:22192951.	Study Design , Independent Variable
39	Berge JM,Hoppmann C,Hanson C,Neumark-Sztainer D. Perspectives about family meals from single-headed and dual-headed households: a qualitative analysis. J Acad Nutr Diet. 2013;113(12):1632-9. PMID:24238144.	Study Design
40	Berge JM,Jin SW,Hannan P,Neumark-Sztainer D. Structural and interpersonal characteristics of family meals: associations with adolescent body mass index and dietary patterns. J Acad Nutr Diet. 2013;113(6):816-22. PMID:23567247.	Study Design
41	Berge JM,MacLehose RF,Loth KA,Eisenberg ME,Fulkerson JA,Neumark-Sztainer D. Family meals. Associations with weight and eating behaviors among mothers and fathers. Appetite. 2012;58(3):1128-35. PMID:22425759.	Study Design
42	Berge JM,Wall M,Larson N,Eisenberg ME,Loth KA,Neumark-Sztainer D. The unique and additive associations of family functioning and parenting practices with disordered eating behaviors in diverse adolescents. J Behav Med. 2014;37(2):205-17. PMID:23196919.	Independent Variable, Unhealthy Subjects
43	Berge JM,Wall M,Larson N,Forsyth A,Bauer KW,Neumark-Sztainer D. Youth dietary intake and weight status: healthful neighborhood food environments enhance the protective role of supportive family home environments. Health Place. 2014;26:69-77. PMID:24378461.	Study Design , Independent Variable
44	Berge JM,Wall M,Larson N,Loth KA,Neumark-Sztainer D. Family functioning: associations with weight status, eating behaviors, and physical activity in adolescents. J Adolesc Health. 2013;52(3):351-7. PMID:23299010.	Study Design , Independent Variable
45	Berge JM,Wall M,Neumark-Sztainer D,Larson N,Story M. Parenting style and family meals: cross-sectional and 5-year longitudinal associations. J Am Diet Assoc. 2010;110(7):1036-42. PMID:20630160.	Independent Variable, Outcome
46	Berge JM,Wickel K,Doherty WJ. The individual and combined influence of the "quality" and "quantity" of family meals on adult body mass index. Fam Syst Health. 2012;30(4):344-51. PMID:23148980.	Study Design
47	Bernardi JR,Cezaro CD,Fisberg RM,Fisberg M,Vitolo MR. Estimation of energy and macronutrient intake at home and in the kindergarten programs in preschool children. J Pediatr (Rio J). 2010;86(1):59-64. PMID:20151091.	Study Design , Independent Variable



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48	Bernardo Cde O,Vasconcelos Fde A. Association of parents' nutritional status, and sociodemographic and dietary factors with overweight/obesity in schoolchildren 7 to 14 years old. Cad Saude Publica. 2012;28(2):291-304. PMID:22331155.	Study Design , Location
49	Berry DC,Schwartz TA,McMurray RG,Skelly AH,Neal M,Hall EG,Aimyong N,Amatuli DJ,Melkus G. The family partners for health study: A cluster randomized controlled trial for child and parent weight management. Nutrition and Diabetes. 2014;4(JANUARY) .	Independent Variable
50	Bes-Rastrollo M,Basterra-Gortari FJ,Sanchez-Villegas A,Marti A,Martinez JA,Martinez-Gonzalez MA. A prospective study of eating away-from-home meals and weight gain in a Mediterranean population: the SUN (Seguimiento Universidad de Navarra) cohort. Public Health Nutr. 2010;13(9):1356-63. PMID:19954575.	Location, Independent Variable
51	Bjornara HB,Vik FN,Brug J,Manios Y,De Bourdeaudhuij I,Jan N,Maes L,Moreno LA,Dossegger A,Bere E. The association of breakfast skipping and television viewing at breakfast with weight status among parents of 10-12-year-olds in eight European countries; the ENERGY (European Energy balance Research to prevent excessive weight Gain among Youth) cross-sectional study. Public Health Nutr. 2014;17(4):906-14. PMID:23472903.	Study Design
52	Boles RE,Reiter-Purtill J,Zeller MH. Persistently obese youth: interactions between parenting styles and feeding practices with child temperament. Clin Pediatr (Phila). 2013;52(12):1098-106. PMID:23884967.	Independent Variable, Outcome
53	Bost KK,Wiley AR,Fiese B,Hammons A,McBride B. Associations between adult attachment style, emotion regulation, and preschool children's food consumption. J Dev Behav Pediatr. 2014;35(1):50-61. PMID:24356497.	Independent Variable
54	Boutelle KN,Birkeland RW,Hannan PJ,Story M,Neumark-Sztainer D. Associations between maternal concern for healthful eating and maternal eating behaviors, home food availability, and adolescent eating behaviors. J Nutr Educ Behav. 2007;39(5):248-56. PMID:17826344.	Study Design , Independent Variable
55	Boutelle KN,Fulkerson JA,Neumark-Sztainer D,Story M,French SA. Fast food for family meals: relationships with parent and adolescent food intake, home food availability and weight status. Public Health Nutr. 2007;10(1):16-23. PMID:17212838.	Study Design
56	Bova A,Arcidiacono F. "You must eat the salad because it is nutritious". Argumentative strategies adopted by parents and children in food-related discussions at mealtimes. Appetite. 2014;73:81-94. PMID:24216487.	Independent Variable
57	Bowen RL,Devine CM. "Watching a person who knows how to cook, you'll learn a lot". Linked lives, cultural transmission, and the food choices of Puerto Rican girls. Appetite. 2011;56(2):290-8. PMID:21172395.	Study Design , Independent Variable
58	Brennan L,Walkley J,Wilks R,Fraser SF,Greenway K. Physiological and behavioural outcomes of a randomised	Independent Variable



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	Excluded Citations	Reason for Exclusion
	controlled trial of a cognitive behavioural lifestyle intervention for overweight and obese adolescents. <i>Obesity Research and Clinical Practice</i> . 2013;7(1):e23-e41.	
59	Briggs L, Lake AA. Exploring school and home food environments: perceptions of 8-10-year-olds and their parents in Newcastle upon Tyne, UK. <i>Public Health Nutr</i> . 2011;14(12):2227-35. PMID:21859512.	Study Design
60	Brophy S, Cooksey R, Gravenor MB, Mistry R, Thomas N, Lyons RA, Williams R. Risk factors for childhood obesity at age 5: analysis of the millennium cohort study. <i>BMC Public Health</i> . 2009;9:467. PMID:20015353.	Independent Variable
61	Brown JL, Wenrich TR. Intra-family role expectations and reluctance to change identified as key barriers to expanding vegetable consumption patterns during interactive family-based program for Appalachian low-income food preparers. <i>J Acad Nutr Diet</i> . 2012;112(8):1188-200. PMID:22818727.	Independent Variable
62	Brown KA, Ogden J, Vogele C, Gibson EL. The role of parental control practices in explaining children's diet and BMI. <i>Appetite</i> . 2008;50(2-3):252-9. PMID:17804116.	Study Design
63	Bruening M, MacLehose R, Loth K, Story M, Neumark-Sztainer D. Feeding a family in a recession: food insecurity among Minnesota parents. <i>Am J Public Health</i> . 2012;102(3):520-6. PMID:22390517.	Independent Variable
64	Brug J, Uijtdewilligen L, van Stralen MM, Singh AS, Chin AMJ, De Bourdeaudhuij I, Lien N, Bere E, Maes L, Fernandez-Alvira JM, Jan N, Kovacs E, Dossegger A, Manios Y, Te Velde SJ. Differences in beliefs and home environments regarding energy balance behaviors according to parental education and ethnicity among schoolchildren in Europe: the ENERGY cross sectional study. <i>BMC Public Health</i> . 2014;14:610. PMID:24934085.	Study Design
65	Bryant MJ, Ward DS, Hales D, Vaughn A, Tabak RG, Stevens J. Reliability and validity of the Healthy Home Survey: A tool to measure factors within homes hypothesized to relate to overweight in children. <i>International Journal of Behavioral Nutrition and Physical Activity</i> . 2008;5.	Study Design , Independent Variable
66	Burgess-Champoux TL, Chan HW, Rosen R, Marquart L, Reicks M. Healthy whole-grain choices for children and parents: a multi-component school-based pilot intervention. <i>Public Health Nutr</i> . 2008;11(8):849-59. PMID:18062842.	Independent Variable
67	Burnier D, Dubois L, Girard M. Arguments at mealtime and child energy intake. <i>J Nutr Educ Behav</i> . 2011;43(6):473-81. PMID:21852197.	Study Design
68	Burrows T, Warren JM, Baur LA, Collins CE. Impact of a child obesity intervention on dietary intake and behaviors. <i>Int J Obes (Lond)</i> . 2008;32(10):1481-8. PMID:18607380.	Independent Variable
69	Buttigieg SC, Rocchiccioli JT, Ellul ML. Maternal awareness of health promotion, parental and preschool childhood obesity. <i>Malta Medical Journal</i> . 2012;24(1):9-15.	Independent Variable



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70	Byrd-Bredbenner C, Abbot JM, Cussler E. Mothers of young children cluster into 4 groups based on psychographic food decision influencers. <i>Nutr Res.</i> 2008;28(8):506-16. PMID:19083453.	Study Design , Independent Variable
71	Campbell KJ, Crawford DA, Salmon J, Carver A, Garnett SP, Baur LA. Associations between the home food environment and obesity-promoting eating behaviors in adolescence. <i>Obesity (Silver Spring).</i> 2007;15(3):719-30. PMID:17372323.	Study Design
72	Cardel M, Willig AL, Dulin-Keita A, Casazza K, Cherrington A, Gunnarsdottir T, Johnson SL, Peters JC, Hill JO, Allison DB, Fernandez JR. Home-schooled children are thinner, leaner, and report better diets relative to traditionally schooled children. <i>Obesity (Silver Spring).</i> 2014;22(2):497-503. PMID:24039204.	Independent Variable
73	Cardoso Chaves O, Franceschini Sdo C, Machado Rocha Ribeiro S, Ferreira Rocha Sant Ana L, Garcon de Faria C, Priore SE. Anthropometric and biochemical parameters in adolescents and their relationship with eating habits and household food availability. <i>Nutr Hosp.</i> 2013;28(4):1352-6. PMID:23889666.	Independent Variable
74	Carnell S, Benson L, Driggin E, Kolbe L. Parent feeding behavior and child appetite: Associations depend on feeding style. <i>International Journal of Eating Disorders.</i> 2014.	Independent Variable
75	Carney PA, Hamada JL, Rdesinski R, Sprager L, Nichols KR, Liu BY, Pelayo J, Sanchez MA, Shannon J. Impact of a community gardening project on vegetable intake, food security and family relationships: a community-based participatory research study. <i>J Community Health.</i> 2012;37(4):874-81. PMID:22194063.	Study Design , Independent Variable
76	Carriere C, Langevin C, Lamireau T, Maurice S, Thibault H. Dietary behaviors as associated factors for overweight and obesity in a sample of adolescents from Aquitaine, France. <i>J Physiol Biochem.</i> 2013;69(1):111-8. PMID:22773296.	Location, Independent Variable
77	Cawley J, Liu F. Maternal employment and childhood obesity: a search for mechanisms in time use data. <i>Econ Hum Biol.</i> 2012;10(4):352-64. PMID:22790446.	Study Design , Independent Variable
78	Chan JC, Sobal J. Family meals and body weight. Analysis of multiple family members in family units. <i>Appetite.</i> 2011;57(2):517-24. PMID:21763740.	Study Design
79	Chang Y, Gable S. Predicting weight status stability and change from fifth grade to eighth grade: the significant role of adolescents' social-emotional well-being. <i>J Adolesc Health.</i> 2013;52(4):448-55. PMID:23298991.	Independent Variable
80	Chen Q, Goto K, Wolff C, Bianco-Simeral S, Gruneisen K, Gray K. Cooking up diversity. Impact of a multicomponent, multicultural, experiential intervention on food and cooking behaviors among elementary-school students from low-income ethnically diverse families. <i>Appetite.</i> 2014;80:114-22. PMID:24845782.	Independent Variable
81	Christian MS, Evans CE, Hancock N, Nykjaer C, Cade JE. Family meals can help children reach their 5 a day: a cross-	Location,



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	Excluded Citations	Reason for Exclusion
	sectional survey of children's dietary intake from London primary schools. J Epidemiol Community Health. 2013;67(4):332-8. PMID:23254183.	Independent Variable
82	Christiansen KM, Qureshi F, Schaible A, Park S, Gittelsohn J. Environmental factors that impact the eating behaviors of low-income African American adolescents in Baltimore City. J Nutr Educ Behav. 2013;45(6):652-60. PMID:23916684.	Study Design
83	Chu YL, Farmer A, Fung C, Kuhle S, Storey KE, Veugelers PJ. Involvement in home meal preparation is associated with food preference and self-efficacy among Canadian children. Public Health Nutr. 2013;16(1):108-12. PMID:22578854.	Study Design
84	Cluskey M, Edlefsen M, Olson B, Reicks M, Auld G, Bock MA, Boushey CJ, Bruhn C, Goldberg D, Misner S, Wang C, Zaghoul S. At-home and away-from-home eating patterns influencing preadolescents' intake of calcium-rich food as perceived by Asian, Hispanic and Non-Hispanic white parents. J Nutr Educ Behav. 2008;40(2):72-9. PMID:18314082.	Study Design
85	Contento IR, Williams SS, Michela JL, Franklin AB. Understanding the food choice process of adolescents in the context of family and friends. J Adolesc Health. 2006;38(5):575-82. PMID:16635770.	Study Design , Independent Variable
86	Cooke LJ, Wardle J, Gibson EL, Sapochnik M, Sheiham A, Lawson M. Demographic, familial and trait predictors of fruit and vegetable consumption by pre-school children. Public Health Nutr. 2004;7(2):295-302. PMID:15003137.	Study Design
87	Costa SM, Horta PM, dos Santos LC. Food advertising and television exposure: influence on eating behavior and nutritional status of children and adolescents. Arch Latinoam Nutr. 2012;62(1):53-9. PMID:23477208.	Study Design
88	Cowgill BO, Chung PJ, Thompson LR, Elijah J, Lamb S, Garcia VP, Bastani R. Parents' views on engaging families of middle school students in obesity prevention and control in a multiethnic population. Prev Chronic Dis. 2014;11:E54. PMID:24698532.	Study Design , Independent Variable
89	Crossman A, Anne Sullivan D, Benin M. The family environment and American adolescents' risk of obesity as young adults. Soc Sci Med. 2006;63(9):2255-67. PMID:16828216.	Independent Variable
90	Cullen KW, Thompson D. Feasibility of an 8-week African American web-based pilot program promoting healthy eating behaviors: Family Eats. Am J Health Behav. 2008;32(1):40-51. PMID:18021032.	Study Design , Independent Variable
91	Curtis PJ, Adamson AJ, Mathers JC. Effects on nutrient intake of a family-based intervention to promote increased consumption of low-fat starchy foods through education, cooking skills and personalised goal setting: the Family Food and Health Project. Br J Nutr. 2012;107(12):1833-44. PMID:22017999.	Independent Variable
92	Custers K, Van den Bulck J. Television viewing, computer game play and book reading during meals are predictors	Study Design



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	of meal skipping in a cross-sectional sample of 12-, 14- and 16-year-olds. Public Health Nutr. 2010;13(4):537-43. PMID:19772688.	
93	Czaja J,Hartmann AS,Rief W,Hilbert A. Mealtime family interactions in home environments of children with loss of control eating. Appetite. 2011;56(3):587-93. PMID:21291929.	Independent Variable
94	Dammann K,Smith C. Food-related attitudes and behaviors at home, school, and restaurants: perspectives from racially diverse, urban, low-income 9- to 13-year-old children in Minnesota. J Nutr Educ Behav. 2010;42(6):389-97. PMID:20702141.	Study Design , Independent Variable
95	Daniels LA,Mallan KM,Battistutta D,Nicholson JM,Meedeniya JE,Bayer JK,Magarey A. Child eating behavior outcomes of an early feeding intervention to reduce risk indicators for child obesity: the NOURISH RCT. Obesity (Silver Spring). 2014;22(5):E104-11. PMID:24415390.	Independent Variable, Age
96	Datar A,Nicosia N,Shier V. Maternal work and children's diet, activity, and obesity. Soc Sci Med. 2014;107:196-204. PMID:24491828.	Study Design , Independent Variable
97	De Backer CJ. Family meal traditions. Comparing reported childhood food habits to current food habits among university students. Appetite. 2013;69:64-70. PMID:23707416.	Study Design
98	De Bourdeaudhuij I,te Velde S,Brug J,Due P,Wind M,Sandvik C,Maes L,Wolf A,Perez Rodrigo C,Yngve A,Thorsdottir I,Rasmussen M,Elmadfa I,Franchini B,Klepp KI. Personal, social and environmental predictors of daily fruit and vegetable intake in 11-year-old children in nine European countries. Eur J Clin Nutr. 2008;62(7):834-41. PMID:17522608.	Independent Variable
99	De Bourdeaudhuij I,Yngve A,te Velde SJ,Klepp KI,Rasmussen M,Thorsdottir I,Wolf A,Brug J. Personal, social and environmental correlates of vegetable intake in normal weight and overweight 9 to 13-year old boys. International Journal of Behavioral Nutrition and Physical Activity. 2006;3 .	Study Design
100	de Jong E,Visscher TL,HiraSing RA,Seidell JC,Renders CM. Home environmental determinants of children's fruit and vegetable consumption across different SES backgrounds. Pediatr Obes. 2014;PMID:24903612.	Study Design
101	de Lauzon-Guillain B,Musher-Eizenman D,Leporc E,Holub S,Charles MA. Parental feeding practices in the United States and in France: relationships with child's characteristics and parent's eating behavior. J Am Diet Assoc. 2009;109(6):1064-9. PMID:19465189.	Study Design
102	De Lepeleere S,DeSmet A,Verloigne M,Cardon G,De Bourdeaudhuij I. What practices do parents perceive as effective or ineffective in promoting a healthy diet, physical activity, and less sitting in children: parent focus groups. BMC Public Health. 2013;13:1067. PMID:24219513.	Study Design



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
103	de Moraes AC,Adami F,Falcao MC. Understanding the correlates of adolescents' dietary intake patterns. A multivariate analysis. <i>Appetite</i> . 2012;58(3):1057-62. PMID:22326882.	Study Design , Location
104	de Sousa A. Maternal, child and family factors in childhood obesity. <i>International Journal of Diabetes and Metabolism</i> . 2009;18(3):111-112.	Study Design
105	DeBar LL,Stevens VJ,Perrin N,Wu P,Pearson J,Yarborough BJ,Dickerson J,Lynch F. A primary care-based, multicomponent lifestyle intervention for overweight adolescent females. <i>Pediatrics</i> . 2012;129(3):e611-20. PMID:22331335.	Independent Variable
106	DeLong AJ,Larson NI,Story M,Neumark-Sztainer D,Weber-Main AM,Ireland M. Factors associated with overweight among urban American Indian adolescents: findings from Project EAT. <i>Ethn Dis</i> . 2008;18(3):317-23. PMID:18785446.	Study Design , Independent Variable
107	Devine CM,Jastran M,Jabs J,Wethington E,Farell TJ,Bisogni CA. "A lot of sacrifices;" work-family spillover and the food choice coping strategies of low-wage employed parents. <i>Soc Sci Med</i> . 2006;63(10):2591-603. PMID:16889881.	Independent Variable
108	Devine CM,Stoddard AM,Barbeau EM,Naishadham D,Sorensen G. Work-to-family spillover and fruit and vegetable consumption among construction laborers. <i>American Journal of Health Promotion</i> . 2007;21(3):175-182.	Study Design , Independent Variable
109	Dickens E,Ogden J. The role of parental control and modelling in predicting a child's diet and relationship with food after they leave home. A prospective study. <i>Appetite</i> . 2014;76:23-29.	Independent Variable
110	Dickin KL,Seim G. Adapting the Trials of Improved Practices (TIPs) approach to explore the acceptability and feasibility of nutrition and parenting recommendations: What works for low-income families?. <i>Maternal and Child Nutrition</i> . 2013;.	Study Design
111	Dodd AH,Briefel R,Cabili C,Wilson A,Crepinsek MK. Disparities in consumption of sugar-sweetened and other beverages by race/ethnicity and obesity status among United States schoolchildren. <i>J Nutr Educ Behav</i> . 2013;45(3):240-9. PMID:23414783.	Independent Variable
112	Draxten M,Fulkerson JA,Friend S,Flattum CF,Schow R. Parental role modeling of fruits and vegetables at meals and snacks is associated with children's adequate consumption. <i>Appetite</i> . 2014;78:1-7. PMID:24630934.	Study Design , Independent Variable
113	Drenowatz C,Kobel S,Kettner S,Kesztyus D,Wirt T,Dreyhaupt J,Steinacker JM. Correlates of weight gain in German children attending elementary school. <i>Prev Med</i> . 2013;57(4):310-4. PMID:23769901.	Independent Variable
114	Dubois L,Farmer A,Girard M,Peterson K,Tatone-Tokuda F. Problem eating behaviors related to social factors and	Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	body weight in preschool children: A longitudinal study. International Journal of Behavioral Nutrition and Physical Activity. 2007;4 .	
115	Dubois L, Farmer A, Girard M, Peterson K. Social factors and television use during meals and snacks is associated with higher BMI among pre-school children. Public Health Nutr. 2008;11(12):1267-79. PMID:18547454.	Independent Variable
116	Dubois L, Farmer AP, Girard M, Peterson K. Preschool children's eating behaviours are related to dietary adequacy and body weight. Eur J Clin Nutr. 2007;61(7):846-55. PMID:17180152.	Independent Variable
117	Dubois L, Girard M, Potvin Kent M, Farmer A, Tatone-Tokuda F. Breakfast skipping is associated with differences in meal patterns, macronutrient intakes and overweight among pre-school children. Public Health Nutr. 2009;12(1):19-28. PMID:18346309.	Study Design
118	Dubois L, Girard M, Potvin Kent M. Breakfast eating and overweight in a pre-school population: is there a link?. Public Health Nutr. 2006;9(4):436-42. PMID:16870015.	Location, Independent Variable
119	Duncanson K, Burrows T, Collins C. Effect of a low-intensity parent-focused nutrition intervention on dietary intake of 2- to 5-year olds. Journal of Pediatric Gastroenterology and Nutrition. 2013;57(6):728-734.	Independent Variable
120	Dupuy M, Godeau E, Vignes C, Ahluwalia N. Socio-demographic and lifestyle factors associated with overweight in a representative sample of 11-15 year olds in France: results from the WHO-Collaborative Health Behaviour in School-aged Children (HBSC) cross-sectional study. BMC Public Health. 2011;11:442. PMID:21649892.	Study Design , Independent Variable
121	Eidner MB, Lund AS, Harboe BS, Clemmensen IH. Calories and portion sizes in recipes throughout 100 years: an overlooked factor in the development of overweight and obesity?. Scand J Public Health. 2013;41(8):839-45. PMID:23885112.	Independent Variable
122	Eisenberg ME, Neumark-Sztainer D, Feldman S. Does TV viewing during family meals make a difference in adolescent substance use?. Prev Med. 2009;48(6):585-7. PMID:19371761.	Study Design , Independent Variable
123	Elder JP, Crespo NC, Corder K, Ayala GX, Slymen DJ, Lopez NV, Moody JS, McKenzie TL. Childhood obesity prevention and control in city recreation centres and family homes: The MOVE/me Muevo Project. Pediatric Obesity. 2014;9(3):218-231.	Independent Variable
124	Elfhag K, Rasmussen F. Food consumption, eating behaviour and self-esteem among single v. married and cohabiting mothers and their 12-year-old children. Public Health Nutr. 2008;11(9):934-9. PMID:18489812.	Study Design , Independent Variable
125	Elfhag K, Tholin S, Rasmussen F. Consumption of fruit, vegetables, sweets and soft drinks are associated with psychological dimensions of eating behaviour in parents and their 12-year-old children. Public Health Nutr. 2008;11(9):914-23. PMID:18498675.	Study Design , Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
126	Elfhag K,Tynelius P,Rasmussen F. Family links of eating behaviour in normal weight and overweight children. <i>Int J Pediatr Obes.</i> 2010;5(6):491-500. PMID:20233161.	Location, Independent Variable
127	Elgar FJ,Craig W,Trites SJ. Family dinners, communication, and mental health in Canadian adolescents. <i>J Adolesc Health.</i> 2013;52(4):433-8. PMID:23299005.	Study Design , Outcome
128	Elizondo-Montemayor L,Gutierrez NG,Moreno DM,Martinez U,Tamargo D,Trevino M. School-based individualised lifestyle intervention decreases obesity and the metabolic syndrome in Mexican children. <i>J Hum Nutr Diet.</i> 2013;26 Suppl 1:82-9. PMID:23600808.	Independent Variable
129	Engler-Stringer R. The domestic foodscapes of young low-income women in Montreal: cooking practices in the context of an increasingly processed food supply. <i>Health Educ Behav.</i> 2010;37(2):211-26. PMID:19690290.	Study Design , Independent Variable
130	Erinosho TO,Beth Dixon L,Young C,Brotman LM,Hayman LL. Caregiver food behaviours are associated with dietary intakes of children outside the child-care setting. <i>Public Health Nutr.</i> 2013;16(7):1263-72. PMID:22883539.	Study Design
131	Erkorkmaz U,Yilmaz R,Demir O,Sanisoglu SY,Etikan I,Ozcetin M. Analysis of the correlation between children's eating behavior and parent's feeding style using canonical correlation analysis. <i>Turkiye Klinikleri Journal of Medical Sciences.</i> 2013;33(1):138-148.	Study Design
132	Esfarjani F,Khalafi M,Mohammadi F,Mansour A,Roustae R,Zamani-Nour N,Kelishadi R. Family-based intervention for controlling childhood obesity: An experience among iranian children. <i>International Journal of Preventive Medicine.</i> 2013;4(3):358-365.	Location, Independent Variable
133	Estima CC,Bruening M,Hannan PJ,Alvarenga MS,Leal GV,Philippi ST,Neumark-Sztainer D. A Cross-Cultural Comparison of Eating Behaviors and Home Food Environmental Factors in Adolescents From Sao Paulo (Brazil) and Saint Paul-Minneapolis (US). <i>J Nutr Educ Behav.</i> 2014;PMID:24656651.	Study Design , Outcome
134	Evans A,Chow S,Jennings R,Dave J,Scoblick K,Sterba KR,Loyo J. Traditional foods and practices of Spanish-speaking Latina mothers influence the home food environment: implications for future interventions. <i>J Am Diet Assoc.</i> 2011;111(7):1031-8. PMID:21703381.	Study Design
135	Farajian P,Panagiotakos DB,Risvas G,Malisova O,Zampelas A. Hierarchical analysis of dietary, lifestyle and family environment risk factors for childhood obesity: the GRECO study. <i>European Journal of Clinical Nutrition.</i> 2014;.	Study Design
136	Farrow C. A comparison between the feeding practices of parents and grandparents. <i>Eating Behaviors.</i> 2014;15(3):339-342.	Independent Variable, Outcome
137	Feeley AB,Musenge E,Pettifor JM,Norris SA. Investigation into longitudinal dietary behaviours and household	Location



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	socio-economic indicators and their association with BMI Z-score and fat mass in South African adolescents: the Birth to Twenty (Bt20) cohort. <i>Public Health Nutr.</i> 2013;16(4):693-703. PMID:22801035.	
138	Feldman S,Eisenberg ME,Neumark-Sztainer D,Story M. Associations between watching TV during family meals and dietary intake among adolescents. <i>J Nutr Educ Behav.</i> 2007;39(5):257-63. PMID:17826345.	Study Design
139	Fernandez-Aranda F,Krug I,Granero R,Ramon JM,Badia A,Gimenez L,Solano R,Collier D,Karwautz A,Treasure J. Individual and family eating patterns during childhood and early adolescence: an analysis of associated eating disorder factors. <i>Appetite.</i> 2007;49(2):476-85. PMID:17467116.	Outcome
140	Fiese BH,Foley KP,Spagnola M. Routine and ritual elements in family mealtimes: contexts for child well-being and family identity. <i>New Dir Child Adolesc Dev.</i> 2006;#volume#(111):67-89. PMID:16646500.	Study Design
141	Fiese BH,Hammons A,Grigsby-Toussaint D. Family mealtimes: a contextual approach to understanding childhood obesity. <i>Econ Hum Biol.</i> 2012;10(4):365-74. PMID:22652025.	Study Design
142	Fiese BH,Jones BL. Food and family: a socio-ecological perspective for child development. <i>Adv Child Dev Behav.</i> 2012;42:307-37. PMID:22675910.	Study Design
143	Fiese BH,Winter MA,Botti JC. The ABCs of Family Mealtimes: Observational Lessons for Promoting Healthy Outcomes for Children With Persistent Asthma. <i>Child Development.</i> 2011;82(1):133-145.	Independent Variable, Outcome
144	Fink SK,Racine EF,Mueffelmann RE,Dean MN,Herman-Smith R. Family Meals and Diet Quality Among Children and Adolescents in North Carolina. <i>J Nutr Educ Behav.</i> 2014;PMID:24974356.	Study Design
145	Fish CA,Brown JR,Quandt SA. African American and Latino Low Income Families' Food Shopping Behaviors: Promoting Fruit and Vegetable Consumption and Use of Alternative Healthy Food Options. <i>J Immigr Minor Health.</i> 2013;PMID:24293075.	Independent Variable
146	Fisher JO,Birch LL,Zhang J,Grusak MA,Hughes SO. External influences on children's self-served portions at meals. <i>Int J Obes (Lond).</i> 2013;37(7):954-60. PMID:23295501.	Independent Variable
147	Fismen AS,Samdal O,Torsheim T. Family affluence and cultural capital as indicators of social inequalities in adolescent's eating behaviours: a population-based survey. <i>BMC Public Health.</i> 2012;12:1036. PMID:23190697.	Independent Variable
148	Fitzpatrick E,Edmunds LS,Dennison BA. Positive effects of family dinner are undone by television viewing. <i>J Am Diet Assoc.</i> 2007;107(4):666-71. PMID:17383273.	Study Design
149	Flores G,Lin H. Factors predicting severe childhood obesity in kindergarteners. <i>Int J Obes (Lond).</i> 2013;37(1):31-9. PMID:23147114.	Study Design , Independent Variable
150	Flores G,Maldonado J,Duran P. Making tortillas without lard: Latino parents' perspectives on healthy eating,	Study Design ,



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	physical activity, and weight-management strategies for overweight Latino children. <i>J Acad Nutr Diet</i> . 2012;112(1):81-9. PMID:22717179.	Independent Variable
151	Folta SC,Kuder JF,Goldberg JP,Hyatt RR,Must A,Naumova EN,Nelson ME,Economos CD. Changes in diet and physical activity resulting from the Shape Up Somerville community intervention. <i>BMC Pediatr</i> . 2013;13:157. PMID:24093936.	Study Design , Independent Variable
152	Fonseca H,Palmeira AL,Martins SC,Falcato L,Quaresma A. Managing paediatric obesity: A multidisciplinary intervention including peers in the therapeutic process. <i>BMC Pediatrics</i> . 2014;14(1) .	Study Design , Independent Variable
153	Francis LA,Birch LL. Does eating during television viewing affect preschool children's intake?. <i>J Am Diet Assoc</i> . 2006;106(4):598-600. PMID:16567158.	Independent Variable
154	Franko DL,Thompson D,Affenito SG,Barton BA,Striegel-Moore RH. What mediates the relationship between family meals and adolescent health issues. <i>Health Psychol</i> . 2008;27(2 Suppl):S109-17. PMID:18377152.	Outcome
155	Franko DL,Thompson D,Bauserman R,Affenito SG,Striegel-Moore RH. What's love got to do with it? Family cohesion and healthy eating behaviors in adolescent girls. <i>Int J Eat Disord</i> . 2008;41(4):360-7. PMID:18318040.	Study Design
156	Fraser K,Wallis M,St John W. Improving children's problem eating and mealtime behaviours: An evaluative study of a single session parent education programme. <i>Health Education Journal</i> . 2004;63(3):229-241.	Study Design , Independent Variable
157	Frongillo EA,Wolfe WS. Impact of participation in Home-Delivered Meals on nutrient intake, dietary patterns, and food insecurity of older persons in New York state. <i>J Nutr Elder</i> . 2010;29(3):293-310. PMID:20711924.	Independent Variable
158	Fugas V,Berta E,Walz F,Fortino MA,Martinelli MJ. Breakfast habit and quality in students from two public primary schools in the city of Santa Fe. <i>Arch Argent Pediatr</i> . 2013;111(6):502-7. PMID:24196763.	Study Design , Independent Variable
159	Fuglestad PT,Jeffery RW,Sherwood NE. Lifestyle patterns associated with diet, physical activity, body mass index and amount of recent weight loss in a sample of successful weight losers. <i>Int J Behav Nutr Phys Act</i> . 2012;9:79. PMID:22734914.	Study Design , Independent Variable
160	Fulkerson JA,Farbakhsh K,Lytle L,Hearst MO,Dengel DR,Pasch KE,Kubik MY. Away-from-home family dinner sources and associations with weight status, body composition, and related biomarkers of chronic disease among adolescents and their parents. <i>J Am Diet Assoc</i> . 2011;111(12):1892-7. PMID:22117665.	Study Design , Independent Variable
161	Fulkerson JA,Kubik MY,Rydell S,Boutelle KN,Garwick A,Story M,Neumark-Sztainer D,Dudovitz B. Focus groups with working parents of school-aged children: what's needed to improve family meals?. <i>J Nutr Educ Behav</i> . 2011;43(3):189-93. PMID:21367663.	Study Design
162	Fulkerson JA,Kubik MY,Story M,Lytle L,Arcan C. Are there nutritional and other benefits associated with family	Study Design



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	meals among at-risk youth?. J Adolesc Health. 2009;45(4):389-95. PMID:19766944.	
163	Fulkerson JA,Loth K,Bruening M,Berge J,Eisenberg ME,Neumark-Sztainer D. Time 2 tlk 2nite: Use of Electronic Media by Adolescents during Family Meals and Associations with Demographic Characteristics, Family Characteristics, and Foods Served. J Acad Nutr Diet. 2014;114(7):1053-8. PMID:24361006.	Study Design
164	Fulkerson JA,Lytle L,Story M,Moe S,Samuelson A,Weymiller A. Development and validation of a screening instrument to assess the types and quality of foods served at home meals. Int J Behav Nutr Phys Act. 2012;9:10. PMID:22313614.	Study Design , Independent Variable
165	Fulkerson JA,Neumark-Sztainer D,Story M,Gurvich O,Kubik MY,Garwick A,Dudovitz B. The Healthy Home Offerings via the Mealtime Environment (HOME) Plus study: design and methods. Contemp Clin Trials. 2014;38(1):59-68. PMID:24480729.	Study Design
166	Fulkerson JA,Pasch KE,Stigler MH,Farbakhsh K,Perry CL,Komro KA. Longitudinal associations between family dinner and adolescent perceptions of parent-child communication among racially diverse urban youth. J Fam Psychol. 2010;24(3):261-70. PMID:20545399.	Outcome
167	Fulkerson JA,Rydell S,Kubik MY,Lytle L,Boutelle K,Story M,Neumark-Sztainer D,Dudovitz B,Garwick A. Healthy Home Offerings via the Mealtime Environment (HOME): feasibility, acceptability, and outcomes of a pilot study. Obesity (Silver Spring). 2010;18 Suppl 1:S69-74. PMID:20107464.	Independent Variable
168	Fulkerson JA,Story M,Neumark-Sztainer D,Rydell S. Family meals: perceptions of benefits and challenges among parents of 8- to 10-year-old children. J Am Diet Assoc. 2008;108(4):706-9. PMID:18375230.	Study Design
169	Fulkerson JA,Strauss J,Neumark-Sztainer D,Story M,Boutelle K. Correlates of psychosocial well-being among overweight adolescents: The role of the family. Journal of Consulting and Clinical Psychology. 2007;75(1):181-186.	Study Design , Outcome
170	Fuster M,Houser RF,Messer E,Palma de Fulladolsa P,Deman H,Bermudez OI. Perceived access and actual intake of healthy diets among households in vulnerable Salvadoran communities. J Nutr Educ Behav. 2013;45(6):713-7. PMID:23877053.	Location, Independent Variable
171	Gable S,Chang Y,Krull JL. Television Watching and Frequency of Family Meals Are Predictive of Overweight Onset and Persistence in a National Sample of School-Aged Children{A figure is presented}. Journal of the American Dietetic Association. 2007;107(1):53-61.	Duplicate Study
172	Gage H,Egan B,Williams P,Gyorei E,Brands B,Lopez-Robles JC,Campoy C,Koletzko B,Decsi T,Raats M. Views of parents in four European countries about the effect of food on the mental performance of primary school	Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

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	Excluded Citations	Reason for Exclusion
	children. #Secondary title#. 2014;68(1):32-7. PMID:24281310.	
173	Gallant AR,Tremblay A,Perusse L,Despres JP,Bouchard C,Drapeau V. Parental eating behavior traits are related to offspring BMI in the Quebec Family Study. Int J Obes (Lond). 2013;37(11):1422-6. PMID:23399776.	Study Design , Location
174	Galloway AT,Farrow CV,Martz DM. Retrospective reports of child feeding practices, current eating behaviors, and BMI in college students. Obesity (Silver Spring). 2010;18(7):1330-5. PMID:19876005.	Study Design , Independent Variable
175	Gao Y,Huang Y,Zhang Y,Liu F,Feng CX,Liu T,Li C,Ling DD,Mu Y,Tarver SL,Wang M,Sun W. Evaluation of fast food behavior in pre-school children and parents following a one-year intervention with nutrition education. Int J Environ Res Public Health. 2014;11(7):6780-90. PMID:24983391.	Independent Variable
176	Garcia AL,Vargas E,Lam PS,Shennan DB,Smith F,Parrett A. Evaluation of a cooking skills programme in parents of young children--a longitudinal study. Public Health Nutr. 2014;17(5):1013-21. PMID:23402548.	Independent Variable
177	Ghoneim EH,Hassan MH,Amine EK. An intervention programme for improving the nutritional status of children aged 2-5 years in Alexandria. East Mediterr Health J. 2004;10(6):828-43. PMID:16335771.	Independent Variable
178	Giannisi F,Pervanidou P,Michalaki E,Papanikolaou K,Chrousos G,Yannakoulia M. Parental readiness to implement life-style behaviour changes in relation to children's excess weight. J Paediatr Child Health. 2014;50(6):476-81. PMID:24612057.	Study Design
179	Goldfarb S,Tarver WL,Sen B. Family structure and risk behaviors: the role of the family meal in assessing likelihood of adolescent risk behaviors. Psychol Res Behav Manag. 2014;7:53-66. PMID:24627645.	Study Design
180	Goldfield GS,Murray MA,Buchholz A,Henderson K,Obeid N,Kukawadia A,Flament MF. Family meals and body mass index among adolescents: effects of gender. Appl Physiol Nutr Metab. 2011;36(4):539-46. PMID:21851205.	Study Design
181	Goncalves VSS,Chaves OC,Ribeiro SMR,Sant'Ana LFR,Franceschini SCC,Priore SE. Household availability of lipids for consumption and its relationship with serum lipids in adolescents. Revista Paulista de Pediatria. 2012;30(2):229-236.	Study Design
182	Gooze RA,Hughes CC,Finkelstein DM,Whitaker RC. Obesity and food insecurity at the same table: how head start programs respond. Prev Chronic Dis. 2012;9:E132. PMID:22840884.	Study Design , Independent Variable
183	Gorin AA,Raynor HA,Niemeier HM,Wing RR. Home grocery delivery improves the household food environments of behavioral weight loss participants: Results of an 8-week pilot study. International Journal of Behavioral Nutrition and Physical Activity. 2007;4 .	Independent Variable
184	Graham DJ,Pelletier JE,Neumark-Sztainer D,Lust K,Laska MN. Perceived social-ecological factors associated with fruit and vegetable purchasing, preparation, and consumption among young adults. J Acad Nutr Diet.	Study Design , Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	2013;113(10):1366-74. PMID:23958116.	
185	Gray VB,Byrd SH,Cossman JS,Chromiak JA,Cheek W,Jackson G. Parental attitudes toward child nutrition and weight have a limited relationship with child's weight status. Nutrition Research. 2007;27(9):548-558.	Independent Variable
186	Gregory JE,Paxton SJ,Brozovic AM. Maternal feeding practices, child eating behaviour and body mass index in preschool-aged children: A prospective analysis. International Journal of Behavioral Nutrition and Physical Activity. 2010;7 .	Location, Independent Variable
187	Gross SM,Pollock ED,Braun B. Family influence: key to fruit and vegetable consumption among fourth- and fifth-grade students. J Nutr Educ Behav. 2010;42(4):235-41. PMID:20452287.	Independent Variable
188	Grosso G,Mistretta A,Turconi G,Cena H,Roggi C,Galvano F. Nutrition knowledge and other determinants of food intake and lifestyle habits in children and young adolescents living in a rural area of Sicily, South Italy. Public Health Nutr. 2013;16(10):1827-36. PMID:22931967.	Study Design
189	Grydeland M,Bergh IH,Bjelland M,Lien N,Andersen LF,Ommundsen Y,Klepp KI,Anderssen SA. Correlates of weight status among Norwegian 11-year-olds: The HEIA study. BMC Public Health. 2012;12:1053. PMID:23216675.	Location, Independent Variable
190	Gubbels JS,Kremers SP,Goldbohm RA,Stafleu A,Thijs C. Energy balance-related behavioural patterns in 5-year-old children and the longitudinal association with weight status development in early childhood. Public Health Nutr. 2012;15(8):1402-10. PMID:22124196.	Location, Independent Variable
191	Gubbels JS,Kremers SP,Stafleu A,Goldbohm RA,de Vries NK,Thijs C. Clustering of energy balance-related behaviors in 5-year-old children: lifestyle patterns and their longitudinal association with weight status development in early childhood. Int J Behav Nutr Phys Act. 2012;9:77. PMID:22721567.	Location, Independent Variable
192	Guo X,Zheng L,Li Y,Yu S,Sun G,Yang H,Zhou X,Zhang X,Sun Z,Sun Y. Differences in lifestyle behaviors, dietary habits, and familial factors among normal-weight, overweight, and obese Chinese children and adolescents. Int J Behav Nutr Phys Act. 2012;9:120. PMID:23031205.	Study Design , Location
193	Haerens L,Craeynest M,Deforche B,Maes L,Cardon G,De Bourdeaudhuij I. The contribution of psychosocial and home environmental factors in explaining eating behaviours in adolescents. Eur J Clin Nutr. 2008;62(1):51-9. PMID:17299461.	Study Design
194	Haines J,Gillman MW,Rifas-Shiman S,Field AE,Austin SB. Family dinner and disordered eating behaviors in a large cohort of adolescents. Eat Disord. 2010;18(1):10-24. PMID:20390605.	Outcome
195	Haines J,Neumark-Sztainer D,Wall M,Story M. Personal, behavioral, and environmental risk and protective factors for adolescent overweight. Obesity (Silver Spring). 2007;15(11):2748-60. PMID:18070766.	Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
196	Haire-Joshu D,Schwarz C,Budd E,Yount BW,Lapka C. Postpartum teens' breakfast consumption is associated with snack and beverage intake and body mass index. J Am Diet Assoc. 2011;111(1):124-30. PMID:21185974.	Study Design , Independent Variable
197	Hajna S,Leblanc PJ,Faught BE,Merchant AT,Cairney J,Hay J,Liu J. Associations between family eating behaviours and body composition measures in peri-adolescents: results from a community-based study of school-aged children. Can J Public Health. 2014;105(1):e15-21. PMID:24735691.	Study Design
198	Hallstrom L,Vereecken CA,Labayen I,Ruiz JR,Le Donne C,Garcia MC,Gilbert CC,Martinez SG,Grammatikaki E,Huybrechts I,Kafatos A,Kersting M,Manios Y,Molnar D,Patterson E,Widhalm K,De Vriendt T,Moreno LA,Sjostrom M. Breakfast habits among European adolescents and their association with sociodemographic factors: the HELENA (Healthy Lifestyle in Europe by Nutrition in Adolescence) study. Public Health Nutr. 2012;15(10):1879-89. PMID:22348273.	Study Design
199	Hallstrom L,Vereecken CA,Ruiz JR,Patterson E,Gilbert CC,Catasta G,Diaz LE,Gomez-Martinez S,Gonzalez Gross M,Gottrand F,Hegy A,Lehoux C,Mouratidou T,Widham K,Astrom A,Moreno LA,Sjostrom M. Breakfast habits and factors influencing food choices at breakfast in relation to socio-demographic and family factors among European adolescents. The HELENA Study. Appetite. 2011;56(3):649-57. PMID:21376767.	Study Design , Independent Variable
200	Hanson KL,Olson CM. School meals participation and weekday dietary quality were associated after controlling for weekend eating among U.S. school children aged 6 to 17 years. J Nutr. 2013;143(5):714-21. PMID:23486981.	Independent Variable
201	Hanson NI,Neumark-Sztainer D,Eisenberg ME,Story M,Wall M. Associations between parental report of the home food environment and adolescent intakes of fruits, vegetables and dairy foods. Public Health Nutr. 2005;8(1):77-85. PMID:15705248.	Study Design
202	Hardy LL,King L,Hector D,Lloyd B. Weight status and weight-related behaviors of children commencing school. Prev Med. 2012;55(5):433-7. PMID:22995371.	Study Design , Location
203	Harnack LJ,Oakes JM,French SA,Rydell SA,Farah FM,Taylor GL. Results from an experimental trial at a Head Start center to evaluate two meal service approaches to increase fruit and vegetable intake of preschool aged children. Int J Behav Nutr Phys Act. 2012;9:51. PMID:22546262.	Independent Variable
204	Harrington KF,Franklin FA,Davies SL,Shewchuk RM,Binns MB. Implementation of a family intervention to increase fruit and vegetable intake: the Hi5+ experience. Health Promot Pract. 2005;6(2):180-9. PMID:15855288.	Study Design , Independent Variable
205	Hasenboehler K,Munsch S,Meyer AH,Kappler C,Vogele C. Family structure, body mass index, and eating behavior. Int J Eat Disord. 2009;42(4):332-8. PMID:19107830.	Study Design , Independent Variable
206	Hastert TA,Babey SH. School lunch source and adolescent dietary behavior. Prev Chronic Dis. 2009;6(4):A117.	Study Design ,



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	PMID:19754993.	Outcome
207	Hauser SI,Economos CD,Nelson ME,Goldberg JP,Hyatt RR,Naumova EN,Anderson SE,Must A. Household and family factors related to weight status in first through third graders: a cross-sectional study in Eastern Massachusetts. BMC Pediatr. 2014;14(1):167. PMID:24984590.	Study Design
208	Hendy HM,Seiverling L,Lukens CT,Williams KE. Brief assessment of mealtime behavior in children: Psychometrics and association with child characteristics and parent responses. Children's Health Care. 2013;42(1):1-14.	Independent Variable
209	Hendy HM,Williams KE,Camise TS,Eckman N,Hedemann A. The Parent Mealtime Action Scale (PMAS). Development and association with children's diet and weight. Appetite. 2009;52(2):328-39. PMID:19059292.	Study Design , Independent Variable
210	Hendy HM,Williams KE,Camise TS. Kid's Choice Program improves weight management behaviors and weight status in school children. Appetite. 2011;56(2):484-94. PMID:21277924.	Independent Variable
211	Hendy HM,Williams KE,Riegel K,Paul C. Parent mealtime actions that mediate associations between children's fussy-eating and their weight and diet. Appetite. 2010;54(1):191-195.	Study Design , Independent Variable
212	Hendy HM,Williams KE. Mother's feeding practices for children 3-10 years of age and their associations with child demographics. Appetite. 2012;58(2):710-6. PMID:22269792.	Study Design
213	Herman AN,Malhotra K,Wright G,Fisher JO,Whitaker RC. A qualitative study of the aspirations and challenges of low-income mothers in feeding their preschool-aged children. Int J Behav Nutr Phys Act. 2012;9:132. PMID:23157723.	Study Design , Independent Variable
214	Hermans RC,Larsen JK,Herman CP,Engels RC. How much should I eat? Situational norms affect young women's food intake during meal time. Br J Nutr. 2012;107(4):588-94. PMID:21733296.	Independent Variable
215	Hilbert A,Tuschen-Caffier B,Czaja J. Eating behavior and familial interactions of children with loss of control eating: a laboratory test meal study. Am J Clin Nutr. 2010;91(3):510-8. PMID:20089727.	Independent Variable, Outcome
216	Hildebrand DA,Shriver LH. A quantitative and qualitative approach to understanding fruit and vegetable availability in low-income african-american families with children enrolled in an urban head start program. J Am Diet Assoc. 2010;110(5):710-8. PMID:20430132.	Study Design , Independent Variable
217	Hoare A,Virgo-Milton M,Boak R,Gold L,Waters E,Gussy M,Calache H,Smith M,de Silva AM. A qualitative study of the factors that influence mothers when choosing drinks for their young children. BMC Res Notes. 2014;7(1):430. PMID:24997015.	Study Design
218	Hoerr S,Utech AE,Ruth E. Child control of food choices in Head Start families. J Nutr Educ Behav. 2005;37(4):185-90. PMID:16029688.	Study Design , Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
219	Hoffmann JP,Warnick E. Do family dinners reduce the risk for early adolescent substance use? A propensity score analysis. <i>J Health Soc Behav.</i> 2013;54(3):335-52. PMID:23956358.	Outcome
220	Holland JC,Kolko RP,Stein RI,Welch RR,Perri MG,Schechtman KB,Saelens BE,Epstein LH,Wilfley DE. Modifications in parent feeding practices and child diet during family-based behavioral treatment improve child zBMI. <i>Obesity.</i> 2014;22(5):E119-E126.	Independent Variable
221	Holmes AS,Serrano EL,Machin JE,Duetsch T,Davis GC. Effect of different children's menu labeling designs on family purchases. <i>Appetite.</i> 2013;62:198-202. PMID:22664301.	Independent Variable
222	Hong S,Bae HC,Kim HS,Park EC. Variation in meal-skipping rates of Korean adolescents according to socio-economic status: Results of the Korea Youth Risk Behavior Web-based Survey. <i>Journal of Preventive Medicine and Public Health.</i> 2014;47(3):158-168.	Study Design , Independent Variable
223	Hoppu U,Lehtisalo J,Tapanainen H,Pietinen P. Dietary habits and nutrient intake of Finnish adolescents. <i>Public Health Nutr.</i> 2010;13(6a):965-72. PMID:20513267.	Study Design
224	Horne PJ,Hardman CA,Lowe CF,Tapper K,Le Noury J,Madden P,Patel P,Doody M. Increasing parental provision and children's consumption of lunchbox fruit and vegetables in Ireland: the Food Dudes intervention. <i>Eur J Clin Nutr.</i> 2009;63(5):613-8. PMID:18493261.	Independent Variable
225	Horodyski MA,Stommel M,Brophy-Herb H,Xie Y,Weatherspoon L. Low-income African American and non-Hispanic White mothers' self-efficacy, "picky eater" perception, and toddler fruit and vegetable consumption. <i>Public Health Nurs.</i> 2010;27(5):408-17. PMID:20840710.	Study Design
226	Horodyski MA,Stommel M,Brophy-Herb HE,Weatherspoon L. Mealtime television viewing and dietary quality in low-income African American and Caucasian mother-toddler dyads. <i>Matern Child Health J.</i> 2010;14(4):548-56. PMID:19629662.	Study Design , Independent Variable
227	Hsueh J,Yoshikawa H. Working nonstandard schedules and variable shifts in low-income families: Associations with parental psychological well-being, family functioning, and child well-being. <i>Developmental Psychology.</i> 2007;43(3):620-632.	Study Design , Outcome
228	Hughes SO,Power TG,Papaioannou MA,Cross MB,Nicklas TA,Hall SK,Shewchuk RM. Emotional climate, feeding practices, and feeding styles: an observational analysis of the dinner meal in Head Start families. <i>Int J Behav Nutr Phys Act.</i> 2011;8:60. PMID:21663653.	Independent Variable
229	Hyland R,Stacy R,Adamson A,Moynihan P. Nutrition-related health promotion through an after-school project: the responses of children and their families. <i>Soc Sci Med.</i> 2006;62(3):758-68. PMID:16039768.	Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
230	Irwin C, Irwin R, Richey P, Miller M, Boddie J, Dickerson T. Get fit with the Grizzlies: a community-school-home initiative to fight childhood obesity led by a professional sports organization. <i>Stud Health Technol Inform.</i> 2012;172:163-7. PMID:22910518.	Independent Variable
231	Jaaskelainen A, Schwab U, Kolehmainen M, Pirkola J, Jarvelin MR, Laitinen J. Associations of meal frequency and breakfast with obesity and metabolic syndrome traits in adolescents of Northern Finland Birth Cohort 1986. <i>Nutr Metab Cardiovasc Dis.</i> 2013;23(10):1002-9. PMID:22901841.	Independent Variable
232	Jabs J, Devine CM, Bisogni CA, Farrell TJ, Jastran M, Wethington E. Trying to find the quickest way: employed mothers' constructions of time for food. <i>J Nutr Educ Behav.</i> 2007;39(1):18-25. PMID:17276323.	Study Design
233	Jacobs MP, Fiese BH. Family mealtime interactions and overweight children with asthma: potential for compounded risks?. <i>J Pediatr Psychol.</i> 2007;32(1):64-8. PMID:16951307.	Study Design
234	Jaeger SR, Meiselman HL. Perceptions of meal convenience: the case of at-home evening meals. <i>Appetite.</i> 2004;42(3):317-25. PMID:15183923.	Study Design , Independent Variable
235	Jahnke DL, Warschburger PA. Familial transmission of eating behaviors in preschool-aged children. <i>Obesity (Silver Spring).</i> 2008;16(8):1821-5. PMID:18483480.	Independent Variable
236	Jansen E, Mallan KM, Nicholson JM, Daniels LA. The feeding practices and structure questionnaire: construction and initial validation in a sample of Australian first-time mothers and their 2-year olds. <i>Int J Behav Nutr Phys Act.</i> 2014;11:72. PMID:24898364.	Study Design
237	Jansen PW, Roza SJ, Jaddoe VW, Mackenbach JD, Raat H, Hofman A, Verhulst FC, Tiemeier H. Children's eating behavior, feeding practices of parents and weight problems in early childhood: results from the population-based Generation R Study. <i>Int J Behav Nutr Phys Act.</i> 2012;9:130. PMID:23110748.	Study Design , Location
238	Jarman M, Fisk CM, Ntani G, Crozier SR, Godfrey KM, Inskip HM, Cooper C, Robinson SM. Assessing diets of 3-year-old children: evaluation of an FFQ. <i>Public Health Nutr.</i> 2014;17(5):1069-77. PMID:23635946.	Study Design , Independent Variable
239	Jelastopulu E, Kallianezos P, Merikoulias G, Alexopoulos EC, Sapountzi-Krepia D. Prevalence and risk factors of excess weight in school children in West Greece. <i>Nurs Health Sci.</i> 2012;14(3):372-80. PMID:22631878.	Study Design
240	Jilcott SB, Liu H, Dubose KD, Chen S, Kranz S. Food stamp participation is associated with fewer meals away from home, yet higher body mass index and waist circumference in a nationally representative sample. <i>J Nutr Educ Behav.</i> 2011;43(2):110-5. PMID:21392714.	Study Design
241	Jodkowska M, Oblacinska A, Tabak I, Radiukiewicz K. Differences in dietary patterns between overweight and normal-weight adolescents. <i>Med Wieku Rozwoj.</i> 2011;15(3):266-73. PMID:22006481.	Study Design , Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
242	Johannsen DL,Johannsen NM,Specker BL. Influence of parents' eating behaviors and child feeding practices on children's weight status. <i>Obesity (Silver Spring)</i> . 2006;14(3):431-9. PMID:16648614.	Independent Variable
243	Johnson BA,Kremer PJ,Swinburn BA,de Silva-Sanigorski AM. Multilevel analysis of the Be Active Eat Well intervention: environmental and behavioural influences on reductions in child obesity risk. <i>Int J Obes (Lond)</i> . 2012;36(7):901-7. PMID:22531087.	Independent Variable
244	Johnson DB,Birkett D,Evens C,Pickering S. Promoting family meals in WIC: lessons learned from a statewide initiative. <i>J Nutr Educ Behav</i> . 2006;38(3):177-82. PMID:16731453.	Study Design , Outcome
245	Johnson JS,Nobmann ED,Asay E. Factors related to fruit, vegetable and traditional food consumption which may affect health among Alaska Native People in Western Alaska. <i>Int J Circumpolar Health</i> . 2012;71:17345. PMID:22456043.	Independent Variable
246	Johnson SL,Hughes SO,Cui X,Li X,Allison DB,Liu Y,Goodell LS,Nicklas T,Power TG,Vollrath K. Portion sizes for children are predicted by parental characteristics and the amounts parents serve themselves. <i>Am J Clin Nutr</i> . 2014;99(4):763-70. PMID:24477036.	Study Design , Independent Variable
247	Johnson SL,Ramsay S,Shultz JA,Branen LJ,Fletcher JW. Creating potential for common ground and communication between early childhood program staff and parents about young children's eating. <i>J Nutr Educ Behav</i> . 2013;45(6):558-70. PMID:23769298.	Study Design , Independent Variable
248	Johnston CA,Moreno JP,El-Mubasher A,Woehler D. School lunches and lunches brought from home: a comparative analysis. <i>Child Obes</i> . 2012;8(4):364-8. PMID:22867076.	Independent Variable
249	Jones BL,Fiese BH. Parent routines, child routines, and family demographics associated with obesity in parents and preschool-aged children. <i>Front Psychol</i> . 2014;5:374. PMID:24808883.	Study Design
250	Jorgensen A,Pedersen TP,Meilstrup CR,Rasmussen M. The influence of family structure on breakfast habits among adolescents. <i>Dan Med Bull</i> . 2011;58(5):A4262. PMID:21535982.	Location, Independent Variable
251	Kant AK,Graubard BI. Family income and education were related with 30-year time trends in dietary and meal behaviors of American children and adolescents. <i>J Nutr</i> . 2013;143(5):690-700. PMID:23514763.	Independent Variable
252	Karatzi K,Moschonis G,Barouti AA,Lionis C,Chrousos GP,Manios Y. Dietary patterns and breakfast consumption in relation to insulin resistance in children. <i>The Healthy Growth Study. Public Health Nutr</i> . 2014;#volume#:1-8. PMID:24477051.	Study Design , Independent Variable
253	Karp SM,Barry KM,Gesell SB,Po EEK,Dietrich MS,Barkin SL. Parental feeding patterns and child weight status for Latino preschoolers. <i>Obesity Research and Clinical Practice</i> . 2014;8(1):e88-e97.	Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
254	Kegler MC,Alcantara I,Haardorfer R,Gazmararian JA,Ballard D,Sabbs D. The influence of home food environments on eating behaviors of overweight and obese women. J Nutr Educ Behav. 2014;46(3):188-96. PMID:24809866.	Study Design
255	Kegler MC,Alcantara I,Veluswamy JK,Haardorfer R,Hotz JA,Glanz K. Results from an intervention to improve rural home food and physical activity environments. Prog Community Health Partnersh. 2012;6(3):265-77. PMID:22982840.	Independent Variable
256	Khandpur N,Blaine RE,Fisher JO,Davison KK. Fathers' child feeding practices: a review of the evidence. Appetite. 2014;78:110-21. PMID:24667152.	Study Design
257	Kiefner-Burmeister AE,Hoffmann DA,Meers MR,Koball AM,Musher-Eizenman DR. Food consumption by young children: A function of parental feeding goals and practices. Appetite. 2014;74:6-11.	Independent Variable
258	Kim J,Shim JE,Wiley AR,Kim K,McBride BA. Is there a difference between center and home care providers' training, perceptions, and practices related to obesity prevention?. Matern Child Health J. 2012;16(8):1559-66. PMID:21877239.	Study Design , Independent Variable
259	Kim YS,Lee MJ,Suh YS,Kim DH. Relationship between Family Meals and Depressive Symptoms in Children. Korean J Fam Med. 2013;34(3):206-12. PMID:23730488.	Location, Outcome
260	Klohe-Lehman DM,Freeland-Graves J,Clarke KK,Cai G,Voruganti VS,Milani TJ,Nuss HJ,Proffitt JM,Bohman TM. Low-income, overweight and obese mothers as agents of change to improve food choices, fat habits, and physical activity in their 1-to-3-year-old children. J Am Coll Nutr. 2007;26(3):196-208. PMID:17634164.	Independent Variable
261	Kong A,Jones BL,Fiese BH,Schiffer LA,Odoms-Young A,Kim Y,Bailey L,Fitzgibbon ML. Parent-child mealtime interactions in racially/ethnically diverse families with preschool-age children. Eat Behav. 2013;14(4):451-5. PMID:24183134.	Study Design
262	Kornides ML,Nansel TR,Quick V,Haynie DL,Lipsky LM,Laffel LM,Mehta SN. Associations of family meal frequency with family meal habits and meal preparation characteristics among families of youth with type 1 diabetes. Child Care Health Dev. 2014;40(3):405-11. PMID:23731337.	Study Design , Unhealthy Subjects
263	Kral TV,Heo M,Whiteford LM,Faith MS. Effects on cognitive performance of eating compared with omitting breakfast in elementary schoolchildren. J Dev Behav Pediatr. 2012;33(1):9-16. PMID:22218013.	Independent Variable, Outcome
264	Kral TV,Whiteford LM,Heo M,Faith MS. Effects of eating breakfast compared with skipping breakfast on ratings of appetite and intake at subsequent meals in 8- to 10-y-old children. Am J Clin Nutr. 2011;93(2):284-91. PMID:21084650.	Independent Variable
265	Kramer RF,Coutinho AJ,Vaeth E,Christiansen K,Suratkar S,Gittelsohn J. Healthier home food preparation methods	Study Design ,



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	and youth and caregiver psychosocial factors are associated with lower BMI in African American youth. <i>J Nutr.</i> 2012;142(5):948-54. PMID:22457390.	Independent Variable
266	Kristiansen AL, Lande B, Sexton JA, Andersen LF. Dietary patterns among Norwegian 2-year-olds in 1999 and in 2007 and associations with child and parent characteristics. <i>Br J Nutr.</i> 2013;110(1):135-44. PMID:23192009.	Study Design , Location
267	Kristiansen H, Juliusson PB, Eide GE, Roelants M, Bjerknes R. TV viewing and obesity among Norwegian children: the importance of parental education. <i>Acta Paediatr.</i> 2013;102(2):199-205. PMID:23121043.	Independent Variable
268	Kristjansdottir AG, Thorsdottir I, De Bourdeaudhuij I, Due P, Wind M, Klepp KI. Determinants of fruit and vegetable intake among 11-year-old schoolchildren in a country of traditionally low fruit and vegetable consumption. <i>International Journal of Behavioral Nutrition and Physical Activity.</i> 2006;3 .	Study Design
269	Kroller K, Warschburger P. Maternal feeding strategies and child's food intake: Considering weight and demographic influences using structural equation modeling. <i>International Journal of Behavioral Nutrition and Physical Activity.</i> 2009;6 .	Study Design , Independent Variable
270	Krug I, Treasure J, Anderluh M, Bellodi L, Cellini E, Collier D, Bernardo M, Granero R, Karwautz A, Nacmias B, Penelo E, Ricca V, Sorbi S, Tchanturia K, Wagner G, Fernandez-Aranda F. Associations of individual and family eating patterns during childhood and early adolescence: a multicentre European study of associated eating disorder factors. <i>Br J Nutr.</i> 2009;101(6):909-18. PMID:18752723.	Outcome
271	Kruger J, Blanck HM, Gillespie C. Dietary and physical activity behaviors among adults successful at weight loss maintenance. <i>International Journal of Behavioral Nutrition and Physical Activity.</i> 2006;3 .	Study Design
272	Kudlova E, Schneidrova D. Dietary patterns and their changes in early childhood. <i>Cent Eur J Public Health.</i> 2012;20(2):126-34. PMID:22966737.	Study Design , Location
273	Kuhl ES, Clifford LM, Bandstra NF, Filigno SS, Yeomans-Maldonado G, Rausch JR, Stark LJ. Examination of the association between lifestyle behavior changes and weight outcomes in preschoolers receiving treatment for obesity. <i>Health Psychol.</i> 2014;33(1):95-8. PMID:23815763.	Independent Variable
274	Kukulu K, Sarvan S, Muslu L, Yirmibesoglu SG. Dietary habits, economic status, academic performance and body mass index in school children: a comparative study. <i>J Child Health Care.</i> 2010;14(4):355-66. PMID:21078697.	Study Design , Independent Variable
275	Kupers LK, de Pijper JJ, Sauer PJ, Stolk RP, Corpeleijn E. Skipping breakfast and overweight in 2- and 5-year-old Dutch children-the GECKO Drenthe cohort. <i>Int J Obes (Lond).</i> 2014;38(4):569-71. PMID:24158122.	Independent Variable
276	Kuznesof S, Brownlee IA, Moore C, Richardson DP, Jebb SA, Seal CJ. WHOLEheart study participant acceptance of wholegrain foods. <i>Appetite.</i> 2012;59(1):187-93. PMID:22546716.	Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
277	Lallukka T, Chandola T, Roos E, Cable N, Sekine M, Kagamimori S, Tatsuse T, Marmot M, Lahelma E. Work-family conflicts and health behaviors among British, Finnish, and Japanese employees. <i>Int J Behav Med.</i> 2010;17(2):134-42. PMID:19507039.	Location, Independent Variable
278	Lallukka T, Laaksonen M, Rahkonen O, Roos E, Lahelma E. Multiple socio-economic circumstances and healthy food habits. <i>Eur J Clin Nutr.</i> 2007;61(6):701-10. PMID:17180154.	Study Design , Independent Variable
279	Lally P, Cooke L, McGowan L, Croker H, Bartle N, Wardle J. Parents' misperceptions of social norms for pre-school children's snacking behaviour. <i>Public Health Nutr.</i> 2012;15(9):1678-82. PMID:22414799.	Study Design
280	Larson N, Hannan PJ, Fulkerson JA, Laska MN, Eisenberg ME, Neumark-Sztainer D. Secular trends in fast-food restaurant use among adolescents and maternal caregivers from 1999 to 2010. <i>Am J Public Health.</i> 2014;104(5):e62-9. PMID:24625157.	Study Design , Independent Variable
281	Larson N, Laska MN, Story M, Neumark-Sztainer D. Predictors of fruit and vegetable intake in young adulthood. <i>J Acad Nutr Diet.</i> 2012;112(8):1216-22. PMID:22698924.	Independent Variable
282	Larson N, MacLehose R, Fulkerson JA, Berge JM, Story M, Neumark-Sztainer D. Eating breakfast and dinner together as a family: associations with sociodemographic characteristics and implications for diet quality and weight status. <i>J Acad Nutr Diet.</i> 2013;113(12):1601-9. PMID:24139290.	Study Design
283	Larson NI, Nelson MC, Neumark-Sztainer D, Story M, Hannan PJ. Making time for meals: meal structure and associations with dietary intake in young adults. <i>J Am Diet Assoc.</i> 2009;109(1):72-9. PMID:19103325.	Study Design
284	Larson NI, Neumark-Sztainer D, Hannan PJ, Story M. Family meals during adolescence are associated with higher diet quality and healthful meal patterns during young adulthood. <i>J Am Diet Assoc.</i> 2007;107(9):1502-10. PMID:17761227.	Duplicate Study
285	Larson NI, Wall MM, Story MT, Neumark-Sztainer DR. Home/family, peer, school, and neighborhood correlates of obesity in adolescents. <i>Obesity (Silver Spring).</i> 2013;21(9):1858-69. PMID:23512596.	Study Design , Independent Variable
286	Laska MN, Larson NI, Neumark-Sztainer D, Story M. Does involvement in food preparation track from adolescence to young adulthood and is it associated with better dietary quality? Findings from a 10-year longitudinal study. <i>Public Health Nutr.</i> 2012;15(7):1150-8. PMID:22124458.	Independent Variable
287	Lawman HG, Polonsky HM, Vander Veur SS, Abel ML, Sherman S, Bauer KW, Sanders T, Fisher JO, Bailey-Davis L, Ng J, Van Wye G, Foster GD. Breakfast patterns among low-income, ethnically-diverse 4th-6th grade children in an urban area. <i>BMC Public Health.</i> 2014;14:604. PMID:24928474.	Study Design , Independent Variable
288	Lazzeri G, Giacchi MV, Spinelli A, Pammolli A, Dalmasso P, Nardone P, Lamberti A, Cavallo F. Overweight among	Study Design ,



Excluded Articles: Family Meals & Dietary Intake/Body Weight

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	Excluded Citations	Reason for Exclusion
	students aged 11-15 years and its relationship with breakfast, area of residence and parents' education: results from the Italian HBSC 2010 cross-sectional study. <i>Nutr J.</i> 2014;13(1):69. PMID:24997676.	Independent Variable
289	Lazzeri G, Giallombardo D, Guidoni C, Zani A, Casorelli A, Grasso A, Pozzi T, Rossi S, Giacchi M. Nutritional surveillance in Tuscany: eating habits at breakfast, mid-morning and afternoon snacks among 8-9 y-old children. <i>J Prev Med Hyg.</i> 2006;47(3):91-9. PMID:17217185.	Study Design , Independent Variable
290	Lee H, Keller KL. Children who are pressured to eat at home consume fewer high-fat foods in laboratory test meals. <i>J Acad Nutr Diet.</i> 2012;112(2):271-5. PMID:22732461.	Study Design
291	Lee HA, Lee WK, Kong KA, Chang N, Ha EH, Hong YS, Park H. The effect of eating behavior on being overweight or obese during preadolescence. <i>J Prev Med Public Health.</i> 2011;44(5):226-33. PMID:22020188.	Study Design , Independent Variable
292	Lee S, Young DR, Pratt CA, Jobe JB, Chae SE, McMurray RG, Johnson CC, Going SB, Elder JP, Stevens J. Effects of parents' employment status on changes in body mass index and percent body fat in adolescent girls. <i>Child Obes.</i> 2012;8(6):526-32. PMID:23181918.	Independent Variable
293	Leech RM, McNaughton SA, Crawford DA, Campbell KJ, Pearson N, Timperio A. Family food involvement and frequency of family dinner meals among Australian children aged 10-12 years. Cross-sectional and longitudinal associations with dietary patterns. <i>Appetite.</i> 2014;75:64-70. PMID:24389242.	Location, Independent Variable
294	Lehto R, Ray C, Lahti-Koski M, Roos E. Meal pattern and BMI in 9-11-year-old children in Finland. <i>Public Health Nutr.</i> 2011;14(7):1245-50. PMID:21129237.	Study Design
295	Lehto R, Ray C, Roos E. Longitudinal associations between family characteristics and measures of childhood obesity. <i>Int J Public Health.</i> 2012;57(3):495-503. PMID:21814847.	Location
296	Lesser IA, Gasevic D, Lear SA. The association between acculturation and dietary patterns of South Asian immigrants. <i>PLoS One.</i> 2014;9(2):e88495. PMID:24558396.	Independent Variable
297	Leung CY, Lumeng JC, Kaciroti NA, Chen YP, Rosenblum K, Miller AL. Surgency and negative affectivity, but not effortful control, are uniquely associated with obesogenic eating behaviors among low-income preschoolers. <i>Appetite.</i> 2014;78:139-46. PMID:24685763.	Independent Variable, Outcome
298	Levin KA, Kirby J, Currie C, Inchley J. Trends in adolescent eating behaviour: a multilevel cross-sectional study of 11-15 year olds in Scotland, 2002-2010. <i>J Public Health (Oxf).</i> 2012;34(4):523-31. PMID:22431257.	Independent Variable
299	Levin KA, Kirby J, Currie C. Adolescent risk behaviours and mealtime routines: does family meal frequency alter the association between family structure and risk behaviour?. <i>Health Educ Res.</i> 2012;27(1):24-35. PMID:21900407.	Study Design , Outcome



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
300	Levin KA,Kirby J,Currie C. Family structure and breakfast consumption of 11-15 year old boys and girls in Scotland, 1994-2010: a repeated cross-sectional study. BMC Public Health. 2012;12:228. PMID:22440153.	Location, Outcome
301	Levin KA,Kirby J. Irregular breakfast consumption in adolescence and the family environment: underlying causes by family structure. Appetite. 2012;59(1):63-70. PMID:22446725.	Location, Outcome
302	Lewis M,Worobey J. Mothers and toddlers lunch together. The relation between observed and reported behavior. Appetite. 2011;56(3):732-6. PMID:21349305.	Study Design
303	Lhuissier A,Tichit C,Caillavet F,Cardon P,Masullo A,Martin-Fernandez J,Parizot I,Chauvin P. Who still eats three meals a day? Findings from a quantitative survey in the Paris area. Appetite. 2013;63:59-69. PMID:23274963.	Study Design , Location
304	Liang T,Kuhle S,Veugelers PJ. Nutrition and body weights of Canadian children watching television and eating while watching television. Public Health Nutr. 2009;12(12):2457-63. PMID:19405988.	Study Design , Independent Variable
305	Lillico HG,Hammond D,Manske S,Murnaghan D. The prevalence of eating behaviors among Canadian youth using cross-sectional school-based surveys. BMC Public Health. 2014;14:323. PMID:24708863.	Study Design
306	Lindsay AC,Sussner KM,Greaney ML,Peterson KE. Influence of social context on eating, physical activity, and sedentary behaviors of Latina mothers and their preschool-age children. Health Educ Behav. 2009;36(1):81-96. PMID:18689491.	Study Design
307	Lissner L,Lanfer A,Gwozdz W,Olafsdottir S,Eiben G,Moreno LA,Santaliestra-Pasias AM,Kovacs E,Barba G,Loit HM,Kourides Y,Pala V,Pohlabein H,De Henauw S,Buchecker K,Ahrens W,Reisch L. Television habits in relation to overweight, diet and taste preferences in European children: the IDEFICS study. Eur J Epidemiol. 2012;27(9):705-15. PMID:22911022.	Location, Independent Variable
308	Liu J,Hwang WT,Dickerman B,Compher C. Regular breakfast consumption is associated with increased IQ in kindergarten children. Early Hum Dev. 2013;89(4):257-62. PMID:23395328.	Study Design , Independent Variable
309	Lockner DW,Crowe TK,Skipper BJ. Dietary intake and parents' perception of mealtime behaviors in preschool-age children with autism spectrum disorder and in typically developing children. J Am Diet Assoc. 2008;108(8):1360-3. PMID:18656577.	Study Design
310	Lohse B,Cunningham-Sabo L. Eating competence of Hispanic parents is associated with attitudes and behaviors that may mediate fruit and vegetable-related behaviors of 4th grade youth. J Nutr. 2012;142(10):1903-9. PMID:22933747.	Study Design , Independent Variable
311	Lohse B,Rifkin R,Arnold K,Least C. A digital program informs low-income caregivers of preschool-age children about family meals. J Nutr Educ Behav. 2012;44(3):256-61. PMID:22386387.	Study Design , Outcome



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
312	Lora KR,Sisson SB,DeGrace BW,Morris AS. Frequency of Family Meals and 6-11-year-old Children's Social Behaviors. J Fam Psychol. 2014;PMID:25000133.	Study Design , Outcome
313	Loth KA,MacLehose RF,Fulkerson JA,Crow S,Neumark-Sztainer D. Are food restriction and pressure-to-eat parenting practices associated with adolescent disordered eating behaviors?. Int J Eat Disord. 2014;47(3):310-4. PMID:24105668.	Independent Variable
314	Lovelace S,Rabiee-Khan F. Food choices made by low-income households when feeding their pre-school children: a qualitative study. Matern Child Nutr. 2013;PMID:23320519.	Study Design , Location
315	Lubans DR,Morgan PJ,Okely AD,Dewar D,Collins CE,Batterham M,Callister R,Plotnikoff RC. Preventing obesity among adolescent girls: One-year outcomes of the nutrition and enjoyable activity for teen girls (NEAT Girls) cluster randomized controlled trial. Archives of Pediatrics and Adolescent Medicine. 2012;166(9):821-827.	Independent Variable
316	Luszczynska A,de Wit JB,de Vet E,Januszewicz A,Liszewska N,Johnson F,Pratt M,Gaspar T,de Matos MG,Stok FM. At-home environment, out-of-home environment, snacks and sweetened beverages intake in preadolescence, early and mid-adolescence: the interplay between environment and self-regulation. J Youth Adolesc. 2013;42(12):1873-83. PMID:23354418.	Study Design , Location
317	Lyerly JE,Huber LR,Warren-Findlow J,Racine EF,Dmochowski J. Is breakfast skipping associated with physical activity among U.S. adolescents? A cross-sectional study of adolescents aged 12-19 years, National Health and Nutrition Examination Survey (NHANES). Public Health Nutr. 2014;17(4):896-905. PMID:23534672.	Study Design
318	Lytle LA,Kubik MY,Perry C,Story M,Birnbaum AS,Murray DM. Influencing healthful food choices in school and home environments: results from the TEENS study. Prev Med. 2006;43(1):8-13. PMID:16697452.	Independent Variable
319	M AH,Arndt MJ. "Eating-together" mealtimes with African-American fathers and their toddlers. Appl Nurs Res. 2005;18(2):106-9. PMID:15991109.	Study Design
320	MacFarlane A,Abbott G,Crawford D,Ball K. Personal, social and environmental correlates of healthy weight status amongst mothers from socioeconomically disadvantaged neighborhoods: Findings from the READI study. International Journal of Behavioral Nutrition and Physical Activity. 2010;7 .	Location, Independent Variable
321	MacFarlane A,Cleland V,Crawford D,Campbell K,Timperio A. Longitudinal examination of the family food environment and weight status among children. Int J Pediatr Obes. 2009;4(4):343-52. PMID:19922051.	Location, Independent Variable
322	MacFarlane A,Crawford D,Worsley A. Associations between parental concern for adolescent weight and the home food environment and dietary intake. J Nutr Educ Behav. 2010;42(3):152-60. PMID:20097613.	Study Design
323	Maddah M,Nikooyeh B. Factors associated with overweight in children in Rasht, Iran: gender, maternal	Study Design



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	education, skipping breakfast and parental obesity. Public Health Nutr. 2010;13(2):196-200. PMID:19545473.	
324	Madowitz J,Liang J,Peterson CB,Rydell S,Zucker NL,Tanofsky-Kraff M,Harnack L,Boutelle KN. Concurrent and convergent validity of the eating in the absence of hunger questionnaire and behavioral paradigm in overweight children. Int J Eat Disord. 2014;47(3):287-95. PMID:24186043.	Study Design , Independent Variable
325	Mahadevan M,Hartwell HJ,Feldman CH,Ruzsilla JA,Raines ER. Assisted-living elderly and the mealtime experience. J Hum Nutr Diet. 2014;27(2):152-61. PMID:23489649.	Study Design , Independent Variable
326	Mak TN,Prynne CJ,Cole D,Fitt E,Bates B,Stephen AM. Patterns of sociodemographic and food practice characteristics in relation to fruit and vegetable consumption in children: results from the U.K. National Diet and Nutrition Survey Rolling Programme (2008-2010). Public Health Nutr. 2013;16(11):1912-23. PMID:23920151.	Study Design , Location
327	Makela J,Vaarno J,Kaljonen A,Niinikoski H,Lagstrom H. Maternal overweight impacts infant feeding patterns - The STEPS Study. European Journal of Clinical Nutrition. 2014;68(1):43-49.	Independent Variable, Age
328	Malhotra K,Herman AN,Wright G,Bruton Y,Fisher JO,Whitaker RC. Perceived benefits and challenges for low-income mothers of having family meals with preschool-aged children: childhood memories matter. J Acad Nutr Diet. 2013;113(11):1484-93. PMID:24144074.	Study Design , Independent Variable
329	Mallan KM,Daniels LA,Nothard M,Nicholson JM,Wilson A,Cameron CM,Scuffham PA,Thorpe K. Dads at the dinner table. A cross-sectional study of Australian fathers' child feeding perceptions and practices. Appetite. 2014;73:40-44.	Study Design
330	Mallan KM,Liu WH,Mehta RJ,Daniels LA,Magarey A,Battistutta D. Maternal report of young children's eating styles. Validation of the Children's Eating Behaviour Questionnaire in three ethnically diverse Australian samples. Appetite. 2013;64:48-55. PMID:23333562.	Location, Independent Variable
331	Mandal B,Powell LM. Child care choices, food intake, and children's obesity status in the United States. Economics and Human Biology. 2014;14(1):50-61.	Study Design , Independent Variable
332	Manios Y,Moschonis G,Androutsos O,Filippou C, Van Lippevelde W,Vik FN,Te Velde SJ,Jan N,Dossegger A,Bere E,Molnar D,Moreno LA,Chinapaw MJ,De Bourdeaudhuij I,Brug J. Family sociodemographic characteristics as correlates of children's breakfast habits and weight status in eight European countries. The ENERGY (European Energy balance Research to prevent excessive weight Gain among Youth) project. Public Health Nutr. 2014;#volume#:1-10. PMID:25017807.	Study Design
333	Marquis M,Shatenstein B. Food choice motives and the importance of family meals among immigrant mothers. Can J Diet Pract Res. 2005;66(2):77-82. PMID:15975196.	Study Design



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
334	Martin-Biggers J, Spaccarotella K, Berhaupt-Glickstein A, Hongu N, Worobey J, Byrd-Bredbenner C. Come and get it! A discussion of family mealtime literature and factors affecting obesity risk. <i>Adv Nutr.</i> 2014;5(3):235-47. PMID:24829470.	Study Design
335	Martinez SM, Rhee K, Blanco E, Boutelle K. Maternal attitudes and behaviors regarding feeding practices in elementary school-aged Latino children: a pilot qualitative study on the impact of the cultural role of mothers in the US-Mexican border region of San Diego, California. <i>J Acad Nutr Diet.</i> 2014;114(2):230-7. PMID:24315129.	Study Design
336	Masse LC, Blanck HM, Valente M, Atienza AA, Agurs-Collins T, Weber D, Yaroch AL. Association between self-reported household practices and body mass index of US children and adolescents, 2005. <i>Prev Chronic Dis.</i> 2012;9:E174. PMID:23237244.	Independent Variable
337	Masters MA, Stanek Krogstrand KL, Eskridge KM, Albrecht JA. Race/Ethnicity and Income in Relation to the Home Food Environment in US Youth Aged 6 to 19 Years. <i>J Acad Nutr Diet.</i> 2014; PMID:24935611.	Study Design
338	Mata J, Scheibehenne B, Todd PM. Predicting children's meal preferences: how much do parents know?. <i>Appetite.</i> 2008;50(2-3):367-75. PMID:17950951.	Independent Variable
339	Mazzeo SE, Kelly NR, Stern M, Gow RW, Cotter EW, Thornton LM, Evans RK, Bulik CM. Parent skills training to enhance weight loss in overweight children: Evaluation of NOURISH. <i>Eating Behaviors.</i> 2014;15(2):225-229.	Independent Variable, Attrition
340	McBride CM, Persky S, Wagner LK, Faith MS, Ward DS. Effects of providing personalized feedback of child's obesity risk on mothers' food choices using a virtual reality buffet. <i>Int J Obes (Lond).</i> 2013;37(10):1322-7. PMID:23736369.	Independent Variable
341	McCurdy K, Gorman KS, Kislner T, Metallinos-Katsaras E. Associations between family food behaviors, maternal depression, and child weight among low-income children. <i>Appetite.</i> 2014;79:97-105. PMID:24768937.	Study Design , Independent Variable
342	McEwen C, Flouri E. Fathers' parenting, adverse life events, and adolescents' emotional and eating disorder symptoms: the role of emotion regulation. <i>Eur Child Adolesc Psychiatry.</i> 2009;18(4):206-16. PMID:18810309.	Location, Independent Variable
343	McGowan L, Cooke LJ, Gardner B, Beeken RJ, Croker H, Wardle J. Healthy feeding habits: efficacy results from a cluster-randomized, controlled exploratory trial of a novel, habit-based intervention with parents. <i>Am J Clin Nutr.</i> 2013;98(3):769-77. PMID:23864536.	Location, Independent Variable
344	McIntosh WA, Kubena KS, Tolle G, Dean WR, Jan JS, Anding J. Mothers and meals. The effects of mothers' meal planning and shopping motivations on children's participation in family meals. <i>Appetite.</i> 2010;55(3):623-8. PMID:20870001.	Study Design , Independent Variable, Outcome
345	McPhie S, Skouteris H, McCabe M, Ricciardelli LA, Milgrom J, Baur LA, Aksan N, Dell'aquila D. Maternal correlates of	Study Design



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	preschool child eating behaviours and body mass index: a cross-sectional study. <i>Int J Pediatr Obes.</i> 2011;6(5-6):476-80. PMID:21780868.	
346	Meier A, Musick K. Variation in Associations Between Family Dinners and Adolescent Well-Being. <i>J Marriage Fam.</i> 2014;76(1):13-23. PMID:24511154.	Outcome
347	Melbye EL, Ogaard T, Overby NC, Hansen H. Parental food-related behaviors and family meal frequencies: associations in Norwegian dyads of parents and preadolescent children. <i>BMC Public Health.</i> 2013;13:820. PMID:24015833.	Study Design
348	Melgar-Quinonez HR, Kaiser LL. Relationship of child-feeding practices to overweight in low-income Mexican-American preschool-aged children. <i>J Am Diet Assoc.</i> 2004;104(7):1110-9. PMID:15215770.	Study Design
349	Mellin AE, Neumark-Sztainer D, Patterson J, Sockalosky J. Unhealthy weight management behavior among adolescent girls with type 1 diabetes mellitus: the role of familial eating patterns and weight-related concerns. <i>J Adolesc Health.</i> 2004;35(4):278-89. PMID:15450541.	Unhealthy Subjects
350	Merten MJ, Williams AL, Shriver LH. Breakfast consumption in adolescence and young adulthood: parental presence, community context, and obesity. <i>J Am Diet Assoc.</i> 2009;109(8):1384-91. PMID:19631044.	Independent Variable
351	Mesas AE, Leon-Munoz LM, Guallar-Castillon P, Graciani A, Gutierrez-Fisac JL, Lopez-Garcia E, Aguilera MT, Banegas JR, Rodriguez-Artalejo F. Obesity-related eating behaviours in the adult population of Spain, 2008-2010. <i>Obes Rev.</i> 2012;13(10):858-67. PMID:22577840.	Study Design
352	Miller DP, Waldfogel J, Han WJ. Family meals and child academic and behavioral outcomes. <i>Child Dev.</i> 2012;83(6):2104-20. PMID:22880815.	Outcome
353	Mitchell M, Piazza-Waggoner C, Modi A, Janicke D. Examining short-term stability of the Mealtime Interaction Coding System (MICS). <i>Journal of Pediatric Psychology.</i> 2009;34(1):63-68.	Independent Variable
354	Moens E, Braet C, Soetens B. Observation of family functioning at mealtime: a comparison between families of children with and without overweight. <i>J Pediatr Psychol.</i> 2007;32(1):52-63. PMID:16801324.	Independent Variable
355	Mohd Nasir MT, Norimah AK, Hazizi AS, Nurliyana AR, Loh SH, Suraya I. Child feeding practices, food habits, anthropometric indicators and cognitive performance among preschoolers in Peninsular Malaysia. <i>Appetite.</i> 2012;58(2):525-30. PMID:22265752.	Location, Outcome
356	Moller LM, de Hoog ML, van Eijdsden M, Gemke RJ, Vrijkotte TG. Infant nutrition in relation to eating behaviour and fruit and vegetable intake at age 5 years. <i>Br J Nutr.</i> 2013;109(3):564-71. PMID:22717117.	Location, Independent Variable
357	Monteiro SM, Jancey J, Howat P, Burns S, Jones C, Dhaliwal SS, McManus A, Hills AP, Anderson AS. The protocol of a	Location,



Excluded Articles: Family Meals & Dietary Intake/Body Weight

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	Excluded Citations	Reason for Exclusion
	randomized controlled trial for playgroup mothers: Reminder on Food, Relaxation, Exercise, and Support for Health (REFRESH) Program. BMC Public Health. 2011;11:648. PMID:21843366.	Independent Variable
358	Montgomery-Reagan K,Bianco JA,Heh V,Rettos J,Huston RS. Prevalence and correlates of high body mass index in rural Appalachian children aged 6-11 years. Rural Remote Health. 2009;9(4):1234. PMID:19848443.	Study Design , Independent Variable
359	Moore GF,Murphy S,Chaplin K,Lyons RA,Atkinson M,Moore L. Impacts of the Primary School Free Breakfast Initiative on socio-economic inequalities in breakfast consumption among 9-11-year-old schoolchildren in Wales. Public Health Nutr. 2014;17(6):1280-9. PMID:24476560.	Independent Variable
360	Moore J,Harre N. Eating and activity: the importance of family and environment. Health Promot J Austr. 2007;18(2):143-8. PMID:17663650.	Study Design , Independent Variable
361	Morawska A,Adamson M,Hinchliffe K,Adams T. Hassle Free Mealtimes Triple P: a randomised controlled trial of a brief parenting group for childhood mealtime difficulties. Behav Res Ther. 2014;53:1-9. PMID:24362359.	Independent Variable, Outcome
362	Moreira I,Severo M,Oliveira A,Durao C,Moreira P,Barros H,Lopes C. Social and health behavioural determinants of maternal child-feeding patterns in preschool-aged children. Maternal and Child Nutrition. 2014;.	Study Design , Independent Variable
363	Morin P,Roy MA. Perceptions of employed parents about early childhood obesity and the need for prevention strategies. Health Promot Pract. 2013;14(1):113-21. PMID:22193255.	Study Design
364	Moschonis G,Kalliora AC,Costarelli V,Papandreou C,Koutoukidis D,Lionis C,Chrousos GP,Manios Y. Identification of lifestyle patterns associated with obesity and fat mass in children: the Healthy Growth Study. Public Health Nutr. 2014;17(3):614-24. PMID:23531449.	Study Design
365	Moschonis G,Mavrogianni C,Karatzis K,Iatridi V,Chrousos GP,Lionis C,Manios Y. Increased physical activity combined with more eating occasions is beneficial against dyslipidemias in children. The Healthy Growth Study. Eur J Nutr. 2013;52(3):1135-44. PMID:22868822.	Study Design , Independent Variable
366	Moser A,Chen SE,Jilcott SB,Nayga RM. Associations between maternal employment and time spent in nutrition-related behaviours among German children and mothers. Public Health Nutr. 2012;15(7):1256-61. PMID:22189559.	Study Design
367	Mossavar-Rahmani Y,Tinker LF,Huang Y,Neuhouser ML,McCann SE,Seguin RA,Vitolins MZ,Curb JD,Prentice RL. Factors relating to eating style, social desirability, body image and eating meals at home increase the precision of calibration equations correcting self-report measures of diet using recovery biomarkers: findings from the Women's Health Initiative. Nutr J. 2013;12:63. PMID:23679960.	Outcome
368	Muhammad NA,Omar K,Shah SA,Muthupalaniappen LA,Arshad F. Parental perception of their children's weight	Study Design ,



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	status, and its association with their nutrition and obesity knowledge. <i>Asia Pac J Clin Nutr.</i> 2008;17(4):597-602. PMID:19114396.	Independent Variable
369	Muller K,Libuda L,Diethelm K,Huybrechts I,Moreno LA,Manios Y,Mistura L,Dallongeville J,Kafatos A,Gonzalez-Gross M,Cuenca-Garcia M,Sjostrom M,Hallstrom L,Widhalm K,Kersting M. Lunch at school, at home or elsewhere. Where do adolescents usually get it and what do they eat? Results of the HELENA Study. <i>Appetite.</i> 2013;71:332-9. PMID:24055659.	Study Design
370	Munoz DJ,Israel AC,Anderson DA. The relationship of family stability and family mealtime frequency with bulimia symptomatology. <i>Eat Disord.</i> 2007;15(3):261-71. PMID:17520457.	Outcome
371	Musaiger AO,Al-Roomi K,Bader Z. Social, dietary and lifestyle factors associated with obesity among Bahraini adolescents. <i>Appetite.</i> 2014;73:197-204.	Independent Variable
372	Musick K,Meier A. ASSESSING CAUSALITY AND PERSISTENCE IN ASSOCIATIONS BETWEEN FAMILY DINNERS AND ADOLESCENT WELL-BEING. <i>J Marriage Fam.</i> 2012;74(3):476-493. PMID:23794750.	Outcome
373	Myhre JB,Loken EB,Wandel M,Andersen LF. Eating location is associated with the nutritional quality of the diet in Norwegian adults. <i>Public Health Nutr.</i> 2014;17(4):915-23. PMID:23481490.	Study Design
374	Nagel G,Wabitsch M,Galm C,Berg S,Brandstetter S,Fritz M,Klenk J,Peter R,Prokopchuk D,Steiner R,Stroth S,Wartha O,Weiland SK,Steinacker J. Determinants of obesity in the Ulm Research on Metabolism, Exercise and Lifestyle in Children (URMEL-ICE). <i>Eur J Pediatr.</i> 2009;168(10):1259-67. PMID:19562371.	Study Design
375	Natale RA,Messiah SE,Asfour L,Uhlhorn SB,Delamater A,Arheart KL. Role Modeling as an Early Childhood Obesity Prevention Strategy: Effect of Parents and Teachers on Preschool Children's Healthy Lifestyle Habits. <i>J Dev Behav Pediatr.</i> 2014;35(6):378-87. PMID:25007060.	Independent Variable
376	Nelson Laska M,Larson NI,Neumark-Sztainer D,Story M. Dietary patterns and home food availability during emerging adulthood: do they differ by living situation?. <i>Public Health Nutr.</i> 2010;13(2):222-8. PMID:19691902.	Study Design
377	Nelson MC,Larson NI,Barr-Anderson D,Neumark-Sztainer D,Story M. Disparities in dietary intake, meal patterning, and home food environments among young adult nonstudents and 2- and 4-year college students. <i>Am J Public Health.</i> 2009;99(7):1216-9. PMID:19443824.	Independent Variable
378	Ness M,Barradas DT,Irving J,Manning SE. Correlates of overweight and obesity among American Indian/Alaska Native and Non-Hispanic White children and adolescents: National Survey of Children's Health, 2007. <i>Matern Child Health J.</i> 2012;16 Suppl 2:268-77. PMID:23229132.	Independent Variable
379	Neumark-Sztainer D,Eisenberg ME,Fulkerson JA,Story M,Larson NI. Family meals and disordered eating in	Outcome



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	adolescents: longitudinal findings from project EAT. Arch Pediatr Adolesc Med. 2008;162(1):17-22. PMID:18180407.	
380	Neumark-Sztainer D,Larson NI,Fulkerson JA,Eisenberg ME,Story M. Family meals and adolescents: what have we learned from Project EAT (Eating Among Teens)?. Public Health Nutr. 2010;13(7):1113-21. PMID:20144257.	Study Design
381	Neumark-Sztainer D,MacLehose R,Loth K,Fulkerson JA,Eisenberg ME,Berge J. What's for dinner? Types of food served at family dinner differ across parent and family characteristics. Public Health Nutr. 2014;17(1):145-55. PMID:23083836.	Study Design
382	Neumark-Sztainer D,Wall M,Fulkerson JA,Larson N. Changes in the frequency of family meals from 1999 to 2010 in the homes of adolescents: trends by sociodemographic characteristics. J Adolesc Health. 2013;52(2):201-6. PMID:23332485.	Study Design
383	Neumark-Sztainer D,Wall M,Story M,Fulkerson JA. Are family meal patterns associated with disordered eating behaviors among adolescents?. J Adolesc Health. 2004;35(5):350-9. PMID:15488428.	Outcome
384	Neumark-Sztainer D,Wall M,Story M,Sherwood NE. Five-year longitudinal predictive factors for disordered eating in a population-based sample of overweight adolescents: implications for prevention and treatment. Int J Eat Disord. 2009;42(7):664-72. PMID:19642214.	Outcome
385	Nicklas TA,O'Neil CE,Stuff JE,Hughes SO,Liu Y. Characterizing dinner meals served and consumed by low-income preschool children. Child Obes. 2012;8(6):561-71. PMID:23181922.	Independent Variable
386	Nielsen A,Krasnik A,Vassard D,Holm L. Opportunities for healthier child feeding. Does ethnic position matter? - Self-reported evaluation of family diet and impediments to change among parents with majority and minority status in Denmark. Appetite. 2014;78:122-128.	Study Design , Independent Variable
387	Niermann C,Krapf F,Renner B,Reiner M,Woll A. Family health climate scale (FHC-scale): Development and validation. International Journal of Behavioral Nutrition and Physical Activity. 2014;11(1) .	Study Design , Independent Variable
388	Nieuwesteeg A,Hartman E,Pouwer F,Emons W,Aanstoot HJ, Van Mil E, Van Bakel H. Qualitative observation instrument to measure the quality of parent-child interactions in young children with type 1 diabetes mellitus. BMC Pediatrics. 2014;14(1) .	Independent Variable, Unhealthy Subjects
389	Nijs KA,de Graaf C,Kok FJ,van Staveren WA. Effect of family style mealtimes on quality of life, physical performance, and body weight of nursing home residents: cluster randomised controlled trial. Bmj. 2006;332(7551):1180-4. PMID:16679331.	Location, Independent Variable
390	Nijs KA,de Graaf C,Siebelink E,Blauw YH,Vanneste V,Kok FJ,van Staveren WA. Effect of family-style meals on	Location,



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	energy intake and risk of malnutrition in dutch nursing home residents: a randomized controlled trial. J Gerontol A Biol Sci Med Sci. 2006;61(9):935-42. PMID:16960024.	Independent Variable
391	Nishiyama M,Suzuki E,Hashimoto M,Takaoka N,Inaba M,Tadokoro N,Kumakura M,Furuichi T,Kamikawa Y. Skipping breakfast is associated with academic achievement, unhealthy behaviors, and sense of coherence among medical students. Dokkyo Journal of Medical Sciences. 2013;40(1):47-54.	Independent Variable
392	Nurul-Fadhilah A,Teo PS,Huybrechts I,Foo LH. Infrequent breakfast consumption is associated with higher body adiposity and abdominal obesity in Malaysian school-aged adolescents. PLoS One. 2013;8(3):e59297. PMID:23520556.	Independent Variable
393	O'Dea JA,Amy NK. Perceived and desired weight, weight related eating and exercising behaviours, and advice received from parents among thin, overweight, obese or normal weight Australian children and adolescents. Int J Behav Nutr Phys Act. 2011;8:68. PMID:21703026.	Study Design , Independent Variable
394	O'Dea JA,Mugridge AC. Nutritional quality of breakfast and physical activity independently predict the literacy and numeracy scores of children after adjusting for socioeconomic status. Health Educ Res. 2012;27(6):975-85. PMID:22798563.	Independent Variable, Outcome
395	O'Dougherty M,Story M,Lytle L. Food choices of young African-American and Latino adolescents: where do parents fit in?. J Am Diet Assoc. 2006;106(11):1846-50. PMID:17081835.	Study Design , Independent Variable
396	Oellingrath IM,Hersleth M,Svendsen MV. Association between parental motives for food choice and eating patterns of 12- to 13-year-old Norwegian children. Public Health Nutr. 2013;16(11):2023-31. PMID:23034288.	Study Design
397	Oellingrath IM,Svendsen MV,Brantsaeter AL. Tracking of eating patterns and overweight - a follow-up study of Norwegian schoolchildren from middle childhood to early adolescence. Nutr J. 2011;10:106. PMID:21978299.	Location, Independent Variable
398	Offer S. Assessing the relationship between family mealtime communication and adolescent emotional well-being using the experience sampling method. Journal of Adolescence. 2013;36(3):577-585.	Study Design , Outcome
399	Offer S. Time with children and employed parents' emotional well-being. Soc Sci Res. 2014;47:192-203. PMID:24913954.	Independent Variable, Outcome
400	Okubo H,Miyake Y,Sasaki S,Tanaka K,Murakami K,Hirota Y. Dietary patterns in infancy and their associations with maternal socio-economic and lifestyle factors among 758 Japanese mother-child pairs: The Osaka Maternal and Child Health Study. Maternal and Child Nutrition. 2014;10(2):213-225.	Study Design , Independent Variable
401	Olsen NJ,Buch-Andersen T,Handel MN,Ostergaard LM,Pedersen J,Seeger C,Stougaard M,Traerup M,Livemore K,Mortensen EL,Holst C,Heitmann BL. The Healthy Start project: a randomized, controlled intervention to	Study Design , Location



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	prevent overweight among normal weight, preschool children at high risk of future overweight. BMC Public Health. 2012;12:590. PMID:22852799.	
402	Olsen SO,Ruiz S. Adolescents' influence in family meal decisions. Appetite. 2008;51(3):646-53. PMID:18599156.	Study Design , Independent Variable
403	Opipari-Arrigan L,Powers SW,Quittner AL,Stark LJ. Mealtime problems predict outcome in clinical trial to improve nutrition in children with CF. Pediatr Pulmonol. 2010;45(1):78-82. PMID:19953660.	Unhealthy Subjects
404	Orrell-Valente JK,Hill LG,Brechwald WA,Dodge KA,Pettit GS,Bates JE. "Just three more bites": an observational analysis of parents' socialization of children's eating at mealtime. Appetite. 2007;48(1):37-45. PMID:17000028.	Study Design , Independent Variable
405	Ortiz-Hernandez L,Rodriguez-Magallanes M,Melgar-Quinonez H. Obesity, eating behavior, and food insecurity among adolescents in Mexico city. Boletin Medico del Hospital Infantil de Mexico. 2012;69(6):431-441.	Study Design
406	Ostbye T,Krause KM,Stroo M,Lovelady CA,Evenson KR,Peterson BL,Bastian LA,Swamy GK,West DG,Brouwer RJ,Zucker NL. Parent-focused change to prevent obesity in preschoolers: results from the KAN-DO study. Prev Med. 2012;55(3):188-95. PMID:22705016.	Independent Variable
407	Ostbye T,Malhotra R,Stroo M,Lovelady C,Brouwer R,Zucker N,Fuemmeler B. The effect of the home environment on physical activity and dietary intake in preschool children. Int J Obes (Lond). 2013;37(10):1314-21. PMID:23736357.	Independent Variable
408	Overby N,Stea TH,Vik FN,Klepp KI,Bere E. Changes in meal pattern among Norwegian children from 2001 to 2008. Public Health Nutr. 2011;14(9):1549-54. PMID:21241534.	Study Design
409	Oyama M,Nakamura K,Tsuchiya Y,Yamamoto M. Unhealthy maternal lifestyle leads to rapid infant weight gain: prevention of future chronic diseases. Tohoku J Exp Med. 2009;217(1):67-72. PMID:19155610.	Location, Independent Variable
410	Palenzuela Paniagua SM,Perez Milena A,Perula de Torres LA,Fernandez Garcia JA,Maldonado Alconada J. Food consumption patterns among adolescents. Anales del Sistema Sanitario de Navarra. 2014;37(1):47-58.	Study Design
411	Papoutsou S,Briassoulis G,Hadjigeorgiou C,Savva SC,Solea T,Hebestreit A,Pala V,Sieri S,Kourides Y,Kafatos A,Tornaritis M. The combination of daily breakfast consumption and optimal breakfast choices in childhood is an important public health message. Int J Food Sci Nutr. 2014;65(3):273-9. PMID:24512299.	Independent Variable
412	Papoutsou S,Briassoulis G,Wolters M,Peplies J,Iacoviello L,Eiben G,Veidebaum T,Molnar D,Russo P,Michels N,Moreno LA,Tornaritis M. No breakfast at home: association with cardiovascular disease risk factors in childhood. Eur J Clin Nutr. 2014;68(7):829-34. PMID:24848628.	Study Design , Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
413	Park S,Kang JH,Lawrence R,Gittelsohn J. Environmental influences on youth eating habits: insights from parents and teachers in South Korea. <i>Ecol Food Nutr.</i> 2014;53(4):347-62. PMID:24884552.	Study Design
414	Patton SR,Clements MA,Fridlington A,Cohoon C,Turpin AL,Delurgio SA. Frequency of mealtime insulin bolus as a proxy measure of adherence for children and youths with type 1 diabetes mellitus. <i>Diabetes Technol Ther.</i> 2013;15(2):124-8. PMID:23317372.	Outcome, Unhealthy Subjects
415	Patton SR,Dolan LM,Chen M,Powers SW. Dietary adherence and mealtime behaviors in young children with type 1 diabetes on intensive insulin therapy. <i>J Acad Nutr Diet.</i> 2013;113(2):258-62. PMID:23351629.	Study Design , Unhealthy Subjects
416	Patton SR,Dolan LM,Mitchell MJ,Byars KC,Standiford D,Powers SW. Mealtime interactions in families of pre-schoolers with type 1 diabetes. <i>Pediatr Diabetes.</i> 2004;5(4):190-8. PMID:15601361.	Study Design , Unhealthy Subjects
417	Patton SR,Dolan LM,Powers SW. Differences in family mealtime interactions between young children with type 1 diabetes and controls: implications for behavioral intervention. <i>J Pediatr Psychol.</i> 2008;33(8):885-93. PMID:18356184.	Study Design , Unhealthy Subjects
418	Patton SR,Dolan LM,Powers SW. Does eating during television viewing affect mealtimes in young children with type 1 diabetes mellitus?. <i>J Pediatr Nurs.</i> 2013;28(4):364-8. PMID:23273663.	Independent Variable, Unhealthy Subjects
419	Patton SR,Dolan LM,Smith LB,Brown MB,Powers SW. Examining mealtime behaviors in families of young children with type 1 diabetes on intensive insulin therapy. <i>Eat Behav.</i> 2013;14(4):464-7. PMID:24183137.	Independent Variable, Unhealthy Subjects
420	Patton SR,Piazza-Waggoner C,Modi AC,Dolan LM,Powers SW. Family functioning at meals relates to adherence in young children with type 1 diabetes. <i>J Paediatr Child Health.</i> 2009;45(12):736-41. PMID:19863707.	Independent Variable, Unhealthy Subjects
421	Pearson N,Atkin AJ,Biddle SJ,Gorely T,Edwardson C. Parenting styles, family structure and adolescent dietary behaviour. <i>Public Health Nutr.</i> 2010;13(8):1245-53. PMID:19954574.	Study Design
422	Pearson N,MacFarlane A,Crawford D,Biddle SJ. Family circumstance and adolescent dietary behaviours. <i>Appetite.</i> 2009;52(3):668-74. PMID:19501765.	Location, Independent Variable
423	Pearson N,Timperio A,Salmon J,Crawford D,Biddle SJH. Family influences on children's physical activity and fruit and vegetable consumption. <i>International Journal of Behavioral Nutrition and Physical Activity.</i> 2009;6 .	Independent Variable
424	Pearson N,Williams L,Crawford D,Ball K. Maternal and best friends' influences on meal-skipping behaviours. <i>Br J Nutr.</i> 2012;108(5):932-8. PMID:22289518.	Location, Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
425	Pedersen TP,Holstein BE,Flachs EM,Rasmussen M. Meal frequencies in early adolescence predict meal frequencies in late adolescence and early adulthood. BMC Public Health. 2013;13:445. PMID:23642295.	Location, Independent Variable
426	Pelletier JE,Laska MN. Balancing healthy meals and busy lives: associations between work, school, and family responsibilities and perceived time constraints among young adults. J Nutr Educ Behav. 2012;44(6):481-9. PMID:23017891.	Study Design
427	Perez LM,Garcia K,Herrera R. Psychological, behavioral and familial factors in obese Cuban children and adolescents. MEDICC Review. 2013;15(4):24-28.	Study Design
428	Perez-Rodriguez M,Melendez G,Nieto C,Aranda M,Pfeffer F. Dietary and physical activity/inactivity factors associated with obesity in school-aged children. Adv Nutr. 2012;3(4):622s-628s. PMID:22798003.	Study Design
429	Persaud N,Maguire JL,Lebovic G,Carsley S,Khovratovich M,Randall Simpson JA,McCrinkle BW,Parlin PC,Birken C. Association between serum cholesterol and eating behaviours during early childhood: a cross-sectional study. Cmaj. 2013;185(11):E531-6. PMID:23775611.	Study Design
430	Pescud M,Pettigrew S,Henley N. Nutrition beliefs of disadvantaged parents of overweight children. Health Education Journal. 2014;73(2):201-208.	Independent Variable
431	Peters J,Dollman J,Petkov J,Parletta N. Associations between parenting styles and nutrition knowledge and 2-5-year-old children's fruit, vegetable and non-core food consumption. Public Health Nutr. 2013;16(11):1979-87. PMID:23089340.	Study Design
432	Peters J,Parletta N,Lynch J,Campbell K. A comparison of parental views of their pre-school children's 'healthy' versus 'unhealthy' diets. A qualitative study. Appetite. 2014;76:129-36. PMID:24524974.	Study Design , Independent Variable
433	Pettinger C,Holdsworth M,Gerber M. Meal patterns and cooking practices in Southern France and Central England. Public Health Nutr. 2006;9(8):1020-6. PMID:17125566.	Study Design
434	Petty ML,Escrivao MA,Souza AA. Preliminary validation of the Parent Mealtime Action Scale and its association with food intake in children from Sao Paulo, Brazil. Appetite. 2013;62:166-72. PMID:23219990.	Location, Independent Variable
435	Piazza-Waggoner C,Modi AC,Ingerski LM,Wu YP,Zeller MH. Distress at the Dinner Table? Observed Mealtime Interactions among Treatment-Seeking Families of Obese Children. Child Obes. 2011;7(5):385-391. PMID:23275861.	Study Design , Independent Variable
436	Picarelli A,Tola M,Tabacco F,Marino M,Borghini R,D'Amico T,Lubrano C,Gargiulo P. Enhancing treatment of obesity by using a distracting mini-meal: a new approach to an old problem. Hormones (Athens, Greece). 2013;12(1):101-10. PMID:CN-00881625.	Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
437	Pilecki MW, Kowal M, Woronkiewicz A, Kryst L, Sobiecki J. The socioeconomic status and family context of eating attitudes and dietary behaviours of children in Polish primary schools. Archives of Psychiatry and Psychotherapy. 2014;16(1):5-13.	Independent Variable
438	Pinhas-Hamiel O, Bar-Zvi E, Boyko V, Reichman B, Lerner-Geva L. Prevalence of overweight in kindergarten children in the centre of Israel - association with lifestyle habits. Child Care Health Dev. 2009;35(2):147-52. PMID:18991982.	Study Design
439	Porter EJ. Problems with preparing food reported by frail older women living alone at home. ANS Adv Nurs Sci. 2007;30(2):159-74. PMID:17510573.	Independent Variable
440	Poulos NS, Pasch KE, Springer AE, Hoelscher DM, Kelder SH. Is frequency of family meals associated with parental encouragement of healthy eating among ethnically diverse eighth graders?. Public Health Nutr. 2014;17(5):998-1003. PMID:23651952.	Study Design , Independent Variable, Outcome
441	Pourshahidi LK, Kerr MA, McCaffrey TA, Livingstone MB. Influencing and modifying children's energy intake: the role of portion size and energy density. Proc Nutr Soc. 2014;73(3):397-406. PMID:24886909.	Independent Variable
442	Powers SW, Chamberlin LA, van Schaick KB, Sherman SN, Whitaker RC. Maternal feeding strategies, child eating behaviors, and child BMI in low-income African-American preschoolers. Obesity (Silver Spring). 2006;14(11):2026-33. PMID:17135620.	Independent Variable
443	Prichard I, Hodder K, Hutchinson A, Wilson C. Predictors of mother-daughter resemblance in dietary intake. The role of eating styles, mothers' consumption, and closeness. Appetite. 2012;58(1):271-6. PMID:22056488.	Location, Independent Variable
444	Provencher V, Drapeau V, Tremblay A, Despres JP, Bouchard C, Lemieux S. Eating behaviours, dietary profile and body composition according to dieting history in men and women of the Quebec Family Study. Br J Nutr. 2004;91(6):997-1004. PMID:15182403.	Study Design
445	Provencher V, Perusse L, Bouchard L, Drapeau V, Bouchard C, Rice T, Rao DC, Tremblay A, Despres JP, Lemieux S. Familial resemblance in eating behaviors in men and women from the Quebec Family Study. Obes Res. 2005;13(9):1624-9. PMID:16222066.	Location, Independent Variable
446	Pula K, Parks CD, Ross CF. Regulatory focus and food choice motives. Prevention orientation associated with mood, convenience, and familiarity. Appetite. 2014;78:15-22.	Independent Variable
447	Quick BL, Fiese BH, Anderson B, Koester BD, Marlin DW. A formative evaluation of shared family mealtime for parents of toddlers and young children. Health Commun. 2011;26(7):656-66. PMID:21598152.	Study Design , Independent Variable
448	Quick V, Wall M, Larson N, Haines J, Neumark-Sztainer D. Personal, behavioral and socio-environmental predictors	Independent Variable



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	Excluded Citations	Reason for Exclusion
	of overweight incidence in young adults: 10-yr longitudinal findings. <i>Int J Behav Nutr Phys Act.</i> 2013;10:37. PMID:23531253.	
449	Quintiliani LM,Bishop HL,Greaney ML,Whiteley JA. Factors across home, work, and school domains influence nutrition and physical activity behaviors of nontraditional college students. <i>Nutr Res.</i> 2012;32(10):757-63. PMID:23146772.	Study Design
450	Raaijmakers LG,Gevers DW,Teuscher D,Kremers SP,van Assema P. Emotional and instrumental feeding practices of Dutch mothers regarding foods eaten between main meals. <i>BMC Public Health.</i> 2014;14:171. PMID:24533574.	Study Design
451	Raat H,Struijk MK,Remmers T,Vlasblom E,van Grieken A,Broeren SM,te Velde SJ,Beltman M,Boere-Boonekamp MM,L'Hoir MP. Primary prevention of overweight in preschool children, the BeeBOFT study (breastfeeding, breakfast daily, outside playing, few sweet drinks, less TV viewing): design of a cluster randomized controlled trial. <i>BMC Public Health.</i> 2013;13:974. PMID:24138805.	Independent Variable
452	Racine EF,Lyerly J,Troyer JL,Warren-Findlow J,McAuley WJ. The influence of home-delivered dietary approaches to stop hypertension meals on body mass index, energy intake, and percent of energy needs consumed among older adults with hypertension and/or hyperlipidemia. <i>J Acad Nutr Diet.</i> 2012;112(11):1755-62. PMID:23102175.	Independent Variable
453	Rahmawaty S,Lyons-Wall P,Batterham M,Charlton K,Meyer BJ. Food patterns of Australian children ages 9 to 13 y in relation to (omega)-3 long chain polyunsaturated intake. <i>Nutrition.</i> 2014;30(2):169-176.	Study Design , Independent Variable
454	Ramos E,Barros H. Family and school determinants of overweight in 13-year-old Portuguese adolescents. <i>Acta Paediatr.</i> 2007;96(2):281-6. PMID:17429921.	Independent Variable
455	Ray C,Roos E,Brug J,Behrendt I,Ehrenblad B,Yngve A,te Velde SJ. Role of free school lunch in the associations between family-environmental factors and children's fruit and vegetable intake in four European countries. <i>Public Health Nutr.</i> 2013;16(6):1109-17. PMID:22974579.	Study Design
456	Ray C,Roos E. Family characteristics predicting favourable changes in 10 and 11-year-old children's lifestyle-related health behaviours during an 18-month follow-up. <i>Appetite.</i> 2012;58(1):326-32. PMID:22056489.	Study Design , Independent Variable
457	Ray C,Suominen S,Roos E. The role of parents' sense of coherence in irregular meal pattern and food intake pattern of children aged 10-11 in Finland. <i>J Epidemiol Community Health.</i> 2009;63(12):1005-9. PMID:19525244.	Study Design , Independent Variable
458	Reicks M,Degeneffe D,Ghosh K,Bruhn C,Goodell LS,Gunther C,Auld G,Ballejos M,Boushey C,Cluskey M,Misner S,Olson B,Wong S,Zaghloul S. Parent calcium-rich-food practices/perceptions are associated with calcium intake among parents and their early adolescent children. <i>Public Health Nutr.</i> 2012;15(2):331-40. PMID:21729479.	Study Design , Independent Variable
459	Reicks M,Trofholz AC,Stang JS,Laska MN. Impact of Cooking and Home Food Preparation Interventions Among	Study Design



Excluded Articles: Family Meals & Dietary Intake/Body Weight

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	Excluded Citations	Reason for Exclusion
	Adults: Outcomes and Implications for Future Programs. J Nutr Educ Behav. 2014;46(4):259-76. PMID:24703245.	
460	Remmers T,van Grieken A,Renders CM,Hirasing RA,Broeren SM,Raat H. Correlates of parental misperception of their child's weight status: the 'be active, eat right' study. PLoS One. 2014;9(2):e88931. PMID:24551191.	Independent Variable
461	Rezaeian S,Ahmadzadeh J. Assessment of food habits and their association with cardiovascular risk factors in employees. International Journal of Collaborative Research on Internal Medicine and Public Health. 2012;4(4):339-343.	Location, Independent Variable
462	Reznar MM,Carlson JS,Hughes SO,Pavangadkar AS,Scott MK,Hoerr SL. An interactive parents' guide for feeding preschool-aged children: pilot studies for improvement. J Acad Nutr Diet. 2014;114(5):788-95. PMID:24512951.	Independent Variable
463	Richter SL,Vandervet LM,Macaskill LA,Salvadori MI,Seabrook JA,Dworatzek PD. Accuracy and reliability of direct observations of home-packed lunches in elementary schools by trained nutrition students. J Acad Nutr Diet. 2012;112(10):1603-7. PMID:23017569.	Location, Independent Variable
464	Ritchie LD,Raman A,Sharma S,Fitch MD,Fleming SE. Dietary intakes of urban, high body mass index, African American children: family and child dietary attributes predict child intakes. J Nutr Educ Behav. 2011;43(4):236-43. PMID:21530411.	Study Design , Independent Variable
465	Ritchie LD. Less frequent eating predicts greater BMI and waist circumference in female adolescents. Am J Clin Nutr. 2012;95(2):290-6. PMID:22218154.	Independent Variable
466	Rito AI,Carvalho MA,Ramos C,Breda J. Program Obesity Zero (POZ)--a community-based intervention to address overweight primary-school children from five Portuguese municipalities. Public Health Nutr. 2013;16(6):1043-51. PMID:23462320.	Independent Variable
467	Robinson TN,Matheson D,Desai M,Wilson DM,Weintraub DL,Haskell WL,McClain A,McClure S,J AB,Sanders LM,Haydel KF,Killen JD. Family, community and clinic collaboration to treat overweight and obese children: Stanford GOALS-A randomized controlled trial of a three-year, multi-component, multi-level, multi-setting intervention. Contemporary Clinical Trials. 2013;36(2):421-435.	Independent Variable
468	Robinson-O'Brien R,Neumark-Sztainer D,Hannan PJ,Burgess-Champoux T,Haines J. Fruits and vegetables at home: child and parent perceptions. J Nutr Educ Behav. 2009;41(5):360-4. PMID:19717120.	Study Design
469	Rockell JE,Skidmore PM,Parnell WR,Wilson N. What children eat during afternoons and evenings: is it important?. Public Health Nutr. 2011;14(3):557-62. PMID:21138613.	Location, Independent Variable
470	Rodearmel SJ,Wyatt HR,Barry MJ,Dong F,Pan D,Israel RG,Cho SS,McBurney MI,Hill JO. A family-based approach to preventing excessive weight gain. Obesity (Silver Spring). 2006;14(8):1392-401. PMID:16988082.	Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

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	Excluded Citations	Reason for Exclusion
471	Rodgers RF,Paxton SJ,Massey R,Campbell KJ,Wertheim EH,Skouteris H,Gibbons K. Maternal feeding practices predict weight gain and obesogenic eating behaviors in young children: a prospective study. <i>Int J Behav Nutr Phys Act.</i> 2013;10:24. PMID:23414332.	Independent Variable
472	Rodgers RF,Paxton SJ,McLean SA,Campbell KJ,Wertheim EH,Skouteris H,Gibbons K. Maternal negative affect is associated with emotional feeding practices and emotional eating in young children. <i>Appetite.</i> 2014;80:242-247.	Study Design , Independent Variable
473	Roe LS,Meengs JS,Birch LL,Rolls BJ. Serving a variety of vegetables and fruit as a snack increased intake in preschool children. <i>Am J Clin Nutr.</i> 2013;98(3):693-9. PMID:23902783.	Independent Variable
474	Roemmich JN,White TM,Paluch R,Epstein LH. Energy intake, parental control of children's eating, and physical activity in siblings discordant for adiposity. <i>Appetite.</i> 2010;55(2):325-31. PMID:20633585.	Study Design , Independent Variable
475	Rollins BY,Belue RZ,Francis LA. The beneficial effect of family meals on obesity differs by race, sex, and household education: the national survey of children's health, 2003-2004. <i>J Am Diet Assoc.</i> 2010;110(9):1335-9. PMID:20800125.	Study Design
476	Rollins BY,Loken E,Savage JS,Birch LL. Maternal controlling feeding practices and girls' inhibitory control interact to predict changes in BMI and eating in the absence of hunger from 5 to 7 y. <i>Am J Clin Nutr.</i> 2014;99(2):249-57. PMID:24284443.	Independent Variable
477	Rollins BY,Loken E,Savage JS,Birch LL. Measurement of food reinforcement in preschool children. Associations with food intake, BMI, and reward sensitivity. <i>Appetite.</i> 2014;72:21-7. PMID:24090537.	Independent Variable
478	Roos E,Pajunen T,Ray C,Lynch C,Kristiansdottir AG,Halldorsson TI,Thorsdottir I,Te Velde SJ,Krawinkel M,Behrendt I,de Almeida MD,Franchini B,Papadaki A,Moschandreas J,Ribic CH,Petrova S,Duleva V,Simcic I,Yngve A. Does eating family meals and having the television on during dinner correlate with overweight? A sub-study of the PRO GREENS project, looking at children from nine European countries. <i>Public Health Nutr.</i> 2014;#volume#:1-9. PMID:24642340.	Study Design
479	Roos E,Sarlio-Lahteenkorva S,Lallukka T,Lahelma E. Associations of work-family conflicts with food habits and physical activity. <i>Public Health Nutr.</i> 2007;10(3):222-9. PMID:17288618.	Study Design
480	Rosenkranz RR,Dzewaltowski DA. Promoting better family meals for girls attending summer programs. <i>J Nutr Educ Behav.</i> 2009;41(1):65-7. PMID:19161923.	Study Design , Outcome
481	Rosenthal MS,Crowley AA,Curry L. Family child care providers' self-perceived role in obesity prevention: working with children, parents, and external influences. <i>J Nutr Educ Behav.</i> 2013;45(6):595-601. PMID:23860100.	Study Design
482	Roshita A,Schubert E,Whittaker M. Child feeding practices in families of working and nonworking mothers of	Study Design ,



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	Indonesian middle class urban families: what are the problems?. <i>Ecol Food Nutr.</i> 2013;52(4):344-70. PMID:23802915.	Independent Variable
483	Rosno EA,Steele RG,Johnston CA,Aylward BS. Parental locus of control: Associations to adherence and outcomes in the treatment of pediatric overweight. <i>Children's Health Care.</i> 2008;37(2):126-144.	Independent Variable
484	Rovner AJ,Mehta SN,Haynie DL,Robinson EM,Pound HJ,Butler DA,Laffel LM,Nansel TR. Perceived benefits, barriers, and strategies of family meals among children with type 1 diabetes mellitus and their parents: focus-group findings. <i>J Am Diet Assoc.</i> 2010;110(9):1302-6. PMID:20800121.	Study Design
485	Salvy SJ,Elmo A,Nitecki LA,Kluczynski MA,Roemmich JN. Influence of parents and friends on children's and adolescents' food intake and food selection. <i>Am J Clin Nutr.</i> 2011;93(1):87-92. PMID:21048059.	Independent Variable
486	Sanchez-Cruz JJ,de Ruitter I,Jimenez-Moleon JJ. Individual, family and environmental factors associated with pediatric excess weight in Spain: a cross-sectional study. <i>BMC Pediatr.</i> 2014;14:3. PMID:24400645.	Study Design
487	Santos JL,Kain J,Dominguez-Vasquez P,Lera L,Galvan M,Corvalan C,Uauy R. Maternal anthropometry and feeding behavior toward preschool children: Association with childhood body mass index in an observational study of Chilean families. <i>International Journal of Behavioral Nutrition and Physical Activity.</i> 2009;6 .	Independent Variable
488	Savoca MR,Martine TL,Morton TB,Johnson LT,Bell NM,Aronson RE,Wallace DC. Meal patterns and food choices of young African-American men: understanding eating within the context of daily life. <i>J Am Diet Assoc.</i> 2011;111(9):1335-42. PMID:21872697.	Study Design
489	Scholten EWM,Schrijvers CTM,Nederkoorn C,Kremers SPJ,Rodenburg G. Relationship between impulsivity, snack consumption and children's weight. <i>PLoS ONE.</i> 2014;9(2) .	Independent Variable
490	Schuetzmann M,Richter-Appelt H,Schulte-Markwort M,Schimmelmann BG. Associations among the perceived parent-child relationship, eating behavior, and body weight in preadolescents: results from a community-based sample. <i>J Pediatr Psychol.</i> 2008;33(7):772-82. PMID:18238800.	Study Design , Independent Variable
491	Sen B. The relationship between frequency of family dinner and adolescent problem behaviors after adjusting for other family characteristics. <i>Journal of Adolescence.</i> 2010;33(1):187-196.	Outcome
492	Serrano M,Torres R,Perez CM,Palacios C. Social environment factors, diet quality, and body weight in 12-year-old children from four public schools in Puerto Rico. <i>P R Health Sci J.</i> 2014;33(2):80-7. PMID:24964643.	Study Design
493	Simmons SF,Levy-Storms L. The effect of dining location on nutritional care quality in nursing homes. <i>J Nutr Health Aging.</i> 2005;9(6):434-9. PMID:16395515.	Study Design
494	Sisson SB,Sheffield-Morris A,Spicer P,Lora K,Latorre C. Influence of family structure on obesogenic behaviors and	Study Design



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	placement of bedroom TVs of American children: National Survey of Children's Health 2007. <i>Prev Med.</i> 2014;61:48-53. PMID:24440163.	
495	Skafida V. The family meal panacea: exploring how different aspects of family meal occurrence, meal habits and meal enjoyment relate to young children's diets. <i>Sociol Health Illn.</i> 2013;35(6):906-23. PMID:23551143.	Study Design , Location
496	Skala K,Chuang RJ,Evans A,Hedberg AM,Dave J,Sharma S. Ethnic differences in the home food environment and parental food practices among families of low-income Hispanic and African-American preschoolers. <i>J Immigr Minor Health.</i> 2012;14(6):1014-22. PMID:22262411.	Study Design
497	Slane JD,Klump KL,McGue M,Iacono WG. Developmental trajectories of disordered eating from early adolescence to young adulthood: A longitudinal study. <i>International Journal of Eating Disorders.</i> 2014;	Independent Variable
498	Slater J,Sevenhuysen G,Edginton B,O'Neil J. 'Trying to make it all come together': structuration and employed mothers' experience of family food provisioning in Canada. <i>Health Promot Int.</i> 2012;27(3):405-15. PMID:21693474.	Independent Variable
499	Sleddens EF,Kremers SP,De Vries NK,Thijs C. Relationship between parental feeding styles and eating behaviours of Dutch children aged 6-7. <i>Appetite.</i> 2010;54(1):30-6. PMID:19747513.	Study Design
500	Sleddens EFC,Kremers SPJ,Stafleu A,Dagnelie PC,De Vries NK,Thijs C. Food parenting practices and child dietary behavior. Prospective relations and the moderating role of general parenting. <i>Appetite.</i> 2014;79:42-50.	Independent Variable
501	Smart CE,Ross K,Edge JA,King BR,McElduff P,Collins CE. Can children with Type 1 diabetes and their caregivers estimate the carbohydrate content of meals and snacks?. <i>Diabet Med.</i> 2010;27(3):348-53. PMID:20536499.	Independent Variable
502	Smith KJ,McNaughton SA,Cleland VJ,Crawford D,Ball K. Health, behavioral, cognitive, and social correlates of breakfast skipping among women living in socioeconomically disadvantaged neighborhoods. <i>J Nutr.</i> 2013;143(11):1774-84. PMID:23986365.	Independent Variable, Outcome
503	Smith LP,Ng SW,Popkin BM. Resistant to the recession: low-income adults' maintenance of cooking and away-from-home eating behaviors during times of economic turbulence. <i>Am J Public Health.</i> 2014;104(5):840-6. PMID:24625145.	Study Design
504	Smith LP,Ng SW,Popkin BM. Trends in US home food preparation and consumption: analysis of national nutrition surveys and time use studies from 1965-1966 to 2007-2008. <i>Nutr J.</i> 2013;12:45. PMID:23577692.	Study Design
505	So HK,Nelson EA,Li AM,Guldan GS,Yin J,Ng PC,Sung RY. Breakfast frequency inversely associated with BMI and body fatness in Hong Kong Chinese children aged 9-18 years. <i>Br J Nutr.</i> 2011;106(5):742-51. PMID:21535905.	Independent Variable
506	Sobal J,Hanson K. Family dinner frequency, settings and sources, and body weight in US adults. <i>Appetite.</i>	Study Design



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	2014;78:81-8. PMID:24681105.	
507	Sobal J,Hanson K. Family meals and body weight in US adults. Public Health Nutr. 2011;14(9):1555-62. PMID:21356147.	Study Design
508	Song YM, Lee K, Sung J, Yang YJ. Changes in eating behaviors and body weight in Koreans: the Healthy Twin Study. Nutrition. 2013;29(1):66-70. PMID:22858202.	Location
509	Song YM, Lee K, Sung J. Eating behaviors and weight over time in a prospective study: the Healthy Twin Study. Asia Pac J Clin Nutr. 2014;23(1):76-83. PMID:24561975.	Independent Variable
510	Sotos-Prieto M, Santos-Beneit G, Pocock S, Redondo J, Fuster V, Penalvo JL. Parental and self-reported dietary and physical activity habits in pre-school children and their socio-economic determinants. Public Health Nutr. 2014;#volume#:1-11. PMID:24698168.	Study Design
511	Spence JC, Carson V, Casey L, Boule N. Examining behavioural susceptibility to obesity among Canadian pre-school children: the role of eating behaviours. Int J Pediatr Obes. 2011;6(2-2):e501-7. PMID:20831463.	Study Design , Independent Variable
512	Spurrier NJ, Magarey AA, Golley R, Curnow F, Sawyer MG. Relationships between the home environment and physical activity and dietary patterns of preschool children: A cross-sectional study. International Journal of Behavioral Nutrition and Physical Activity. 2008;5 .	Study Design , Independent Variable
513	Staser KW, Zollinger TW, Jr. Saywell RM, Kunapareddy S, Gibson PJ, Caine VA. Dietary behaviors associated with fruit and vegetable consumption, Marion County, Indiana, 2005. Prev Chronic Dis. 2011;8(3):A66. PMID:21477506.	Study Design
514	Stephens LD, McNaughton SA, Crawford D, Ball K. Longitudinal predictors of frequent vegetable and fruit consumption among socio-economically disadvantaged Australian adolescents. Appetite. 2014;78:165-71. PMID:24685764.	Independent Variable
515	Stephens LD, McNaughton SA, Crawford D, Ball K. Predictors of high-energy foods and beverages: a longitudinal study among socio-economically disadvantaged adolescents. Public Health Nutr. 2014;17(2):324-37. PMID:23122445.	Location
516	Stewart SD, Menning CL. Family structure, nonresident father involvement, and adolescent eating patterns. J Adolesc Health. 2009;45(2):193-201. PMID:19628147.	Independent Variable
517	Storey KE, Hanning RM, Lambraki IA, Driezen P, Fraser SN, McCargar LJ. Determinants of diet quality among Canadian adolescents. Can J Diet Pract Res. 2009;70(2):58-65. PMID:19515268.	Study Design
518	Story M, Hannan PJ, Fulkerson JA, Rock BH, Smyth M, Arcan C, Himes JH. Bright Start: Description and main	Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	outcomes from a group-randomized obesity prevention trial in American Indian children. <i>Obesity (Silver Spring)</i> . 2012;20(11):2241-9. PMID:22513491.	
519	Sugiyama S,Okuda M,Sasaki S,Kunitsugu I,Hobara T. Breakfast habits among adolescents and their association with daily energy and fish, vegetable, and fruit intake: a community-based cross-sectional study. <i>Environ Health Prev Med</i> . 2012;17(5):408-14. PMID:22351508.	Location, Independent Variable
520	Swanson V,Power KG,Crombie IK,Irvine L,Kiezebrink K,Wrieden W,Slane PW. Maternal feeding behaviour and young children's dietary quality: a cross-sectional study of socially disadvantaged mothers of two-year old children using the Theory of Planned Behaviour. <i>Int J Behav Nutr Phys Act</i> . 2011;8:65. PMID:21699714.	Study Design
521	Sweeney NM,Horishita N. The breakfast-eating habits of inner city high school students. <i>J Sch Nurs</i> . 2005;21(2):100-5. PMID:15801876.	Study Design
522	Sweeting H,West P. Dietary habits and children's family lives. <i>J Hum Nutr Diet</i> . 2005;18(2):93-7. PMID:15788018.	Study Design
523	Sweetman C,McGowan L,Crocker H,Cooke L. Characteristics of family mealtimes affecting children's vegetable consumption and liking. <i>J Am Diet Assoc</i> . 2011;111(2):269-73. PMID:21272701.	Study Design
524	Sweitzer SJ,Briley ME,Roberts-Gray C,Hoelscher DM,Harrist RB,Staskel DM,Almansour FD. Psychosocial outcomes of Lunch is in the Bag, a parent program for packing healthful lunches for preschool children. <i>J Nutr Educ Behav</i> . 2011;43(6):536-42. PMID:21852196.	Study Design , Independent Variable
525	Sweitzer SJ,Briley ME,Roberts-Gray C,Hoelscher DM,Staskel DM,Almansour FD. How to help parents pack better preschool sack lunches: advice from parents for educators. <i>J Nutr Educ Behav</i> . 2011;43(3):194-8. PMID:21550534.	Study Design , Independent Variable
526	Tak NI,te Velde SJ,Brug J. Are positive changes in potential determinants associated with increased fruit and vegetable intakes among primary schoolchildren? Results of two intervention studies in the Netherlands: The Schoolgruitem Project and the Pro Children Study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> . 2008;5 .	Independent Variable
527	Taveras EM,McDonald J,O'Brien A,Haines J,Sherry B,Bottino CJ,Troncoso K,Schmidt ME,Kozio R. Healthy Habits, Happy Homes: methods and baseline data of a randomized controlled trial to improve household routines for obesity prevention. <i>Prev Med</i> . 2012;55(5):418-26. PMID:22960162.	Outcome
528	Taylor JP,Hernandez KJ,Caiger JM,Giberson D,MacLellan D,Sweeney-Nixon M,Veugelers P. Nutritional quality of children's school lunches: differences according to food source. <i>Public Health Nutr</i> . 2012;15(12):2259-64. PMID:22463765.	Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
529	Te Velde SJ,Chin AMJ,De Bourdeaudhuij I,Bere E,Maes L,Moreno L,Jan N,Kovacs E,Manios Y,Brug J. Parents and friends both matter: simultaneous and interactive influences of parents and friends on European schoolchildren's energy balance-related behaviours - the ENERGY cross-sectional study. <i>Int J Behav Nutr Phys Act.</i> 2014;11(1):82. PMID:25001090.	Study Design
530	Thibault H,Carriere C,Langevin C,Kossi Deti E,Barberger-Gateau P,Maurice S. Prevalence and factors associated with overweight and obesity in French primary-school children. <i>Public Health Nutr.</i> 2013;16(2):193-201. PMID:22953729.	Study Design
531	Tin SP,Ho SY,Mak KH,Wan KL,Lam TH. Lifestyle and socioeconomic correlates of breakfast skipping in Hong Kong primary 4 schoolchildren. <i>Prev Med.</i> 2011;52(3-4):250-3. PMID:21215276.	Independent Variable
532	Tin SP,Ho SY,Mak KH,Wan KL,Lam TH. Location of breakfast consumption predicts body mass index change in young Hong Kong children. <i>Int J Obes (Lond).</i> 2012;36(7):925-30. PMID:22234278.	Location, Independent Variable
533	Todd MK,Reis-Bergan MJ,Sidman CL,Flohr JA,Jameson-Walker K,Spicer-Bartolau T,Wildeman K. Effect of a family-based intervention on electronic media use and body composition among boys aged 8--11 years: a pilot study. <i>J Child Health Care.</i> 2008;12(4):344-58. PMID:19052191.	Independent Variable
534	Torres R,Serrano M,Perez CM,Palacios C. Physical environment, diet quality, and body weight in a group of 12-year-old children from four public schools in Puerto Rico. <i>P R Health Sci J.</i> 2014;33(1):14-21. PMID:24665604.	Study Design , Independent Variable
535	Toschke AM,Kuchenhoff H,Koletzko B,von Kries R. Meal frequency and childhood obesity. <i>Obes Res.</i> 2005;13(11):1932-8. PMID:16339125.	Independent Variable
536	Toschke AM,Thorsteinsdottir KH,von Kries R. Meal frequency, breakfast consumption and childhood obesity. <i>Int J Pediatr Obes.</i> 2009;4(4):242-8. PMID:19922038.	Independent Variable
537	Tovar A,Hennessy E,Must A,Hughes SO,Gute DM,Sliwa S,Boulos RJ,Vikre EK,Kamins CL,Tofuri K,Pirie A,Economos CD. Feeding styles and evening family meals among recent immigrants. <i>Int J Behav Nutr Phys Act.</i> 2013;10(1):84. PMID:23803223.	Study Design
538	Tremblay L,Rinaldi CM. The prediction of preschool children's weight from family environment factors: gender-linked differences. <i>Eat Behav.</i> 2010;11(4):266-75. PMID:20850062.	Study Design , Independent Variable
539	Turer CB,Stroo M,Brouwer RJ,Krause KM,Lovelady CA,Bastian LA,Peterson B,Ostbye T. Do high-risk preschoolers or overweight mothers meet AAP-recommended behavioral goals for reducing obesity?. <i>Acad Pediatr.</i> 2013;13(3):243-50. PMID:23491583.	Study Design , Independent Variable
540	Tylka TL,Eneli IU,Kroon Van Diest AM,Lumeng JC. Which adaptive maternal eating behaviors predict child feeding	Independent Variable



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	practices? An examination with mothers of 2- to 5-year-old children. <i>Eat Behav.</i> 2013;14(1):57-63. PMID:23265403.	
541	Upton D,Upton P,Taylor C. Increasing children's lunchtime consumption of fruit and vegetables: an evaluation of the Food Dudes programme. <i>Public Health Nutr.</i> 2013;16(6):1066-72. PMID:23067425.	Independent Variable
542	Upton P,Taylor C,Upton D. The effects of the Food Dudes Programme on children's intake of unhealthy foods at lunchtime. <i>Perspect Public Health.</i> 2014; PMID:24651758.	Independent Variable
543	Utter J,Denny S,Robinson E,Fleming T,Ameratunga S,Grant S. Family meals among New Zealand young people: relationships with eating behaviors and body mass index. <i>J Nutr Educ Behav.</i> 2013;45(1):3-11. PMID:23110750.	Study Design
544	Utter J,Denny S,Robinson E,Fleming T,Ameratunga S,Grant S. Family meals and the well-being of adolescents. <i>J Paediatr Child Health.</i> 2013;49(11):906-11. PMID:24251656.	Study Design
545	Utter J,Scragg R,Mhurchu CN,Schaaf D. At-home breakfast consumption among New Zealand children: associations with body mass index and related nutrition behaviors. <i>J Am Diet Assoc.</i> 2007;107(4):570-6. PMID:17383261.	Study Design
546	Utter J,Scragg R,Mhurchu CN,Schaaf D. At-Home Breakfast Consumption among New Zealand Children: Associations with Body Mass Index and Related Nutrition Behaviors{A figure is presented}. <i>Journal of the American Dietetic Association.</i> 2007;107(4):570-576.	Study Design
547	Utter J,Scragg R,Schaaf D,Fitzgerald E,Wilson N. Correlates of body mass index among a nationally representative sample of New Zealand children. <i>Int J Pediatr Obes.</i> 2007;2(2):104-13. PMID:17763017.	Study Design , Independent Variable
548	Van Ansem WJC, Van Lenthe FJ, Schrijvers CTM, Rodenburg G, Van De Mheen D. Socio-economic inequalities in children's snack consumption and sugar-sweetened beverage consumption: The contribution of home environmental factors. <i>British Journal of Nutrition.</i> 2014;112(3):467-476.	Independent Variable
549	Van den Bulck J,Eggermont S. Media use as a reason for meal skipping and fast eating in secondary school children. <i>J Hum Nutr Diet.</i> 2006;19(2):91-100. PMID:16533371.	Independent Variable
550	van der Horst K,Ferrage A,Rytz A. Involving children in meal preparation. Effects on food intake. <i>Appetite.</i> 2014;79:18-24. PMID:24709485.	Independent Variable
551	Van Lippevelde W,Te Velde SJ,Verloigne M, Van Stralen MM,De Bourdeaudhuij I,Manios Y,Bere E,Vik FN,Jan N,Fernandez Alvira JM,Chinapaw MJ,Bringolf-Isler B,Kovacs E,Brug J, Maes L. Associations between family-related factors, breakfast consumption and BMI among 10- to 12-year-old European children: the cross-sectional ENERGY-study. <i>PLoS One.</i> 2013;8(11):e79550. PMID:24282508.	Study Design



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
552	Vejrup K,Lien N,Klepp KI,Bere E. Consumption of vegetables at dinner in a cohort of Norwegian adolescents. <i>Appetite</i> . 2008;51(1):90-6. PMID:18243413.	Independent Variable
553	Veldhuis L,Vogel I,van Rossem L,Renders CM,Hirasing RA,Mackenbach JP,Raat H. Influence of maternal and child lifestyle-related characteristics on the socioeconomic inequality in overweight and obesity among 5-year-old children; the "Be Active, Eat Right" Study. <i>Int J Environ Res Public Health</i> . 2013;10(6):2336-47. PMID:23743794.	Study Design
554	Veltsista A,Laitinen J,Sovio U,Roma E,Jarvelin MR,Bakoula C. Relationship between eating behavior, breakfast consumption, and obesity among Finnish and Greek adolescents. <i>J Nutr Educ Behav</i> . 2010;42(6):417-21. PMID:20729150.	Location, Independent Variable
555	Vereecken C,Dupuy M,Rasmussen M,Kelly C,Nansel TR,Al Sabbah H,Baldassari D,Jordan MD,Maes L,Niclasen BV,Ahluwalia N. Breakfast consumption and its socio-demographic and lifestyle correlates in schoolchildren in 41 countries participating in the HBSC study. <i>Int J Public Health</i> . 2009;54 Suppl 2:180-90. PMID:19639257.	Study Design , Independent Variable
556	Vereecken C,Legiest E,De Bourdeaudhuij I,Maes L. Associations between general parenting styles and specific food-related parenting practices and children's food consumption. <i>Am J Health Promot</i> . 2009;23(4):233-40. PMID:19288844.	Study Design
557	Verloigne M, Van Lippevelde W, Maes L, Brug J, De Bourdeaudhuij I. Family- and school-based predictors of energy balance-related behaviours in children: a 6-year longitudinal study. <i>Public Health Nutr</i> . 2013;16(2):202-11. PMID:22995020.	Location, Independent Variable, Outcome
558	Verzeletti C, Maes L, Santinello M, Baldassari D, Vereecken CA. Food-related family lifestyle associated with fruit and vegetable consumption among young adolescents in Belgium Flanders and the Veneto Region of Italy. <i>Appetite</i> . 2010;54(2):394-7. PMID:20026139.	Study Design , Location
559	Verzeletti C, Maes L, Santinello M, Vereecken CA. Soft drink consumption in adolescence: associations with food-related lifestyles and family rules in Belgium Flanders and the Veneto Region of Italy. <i>Eur J Public Health</i> . 2010;20(3):312-7. PMID:19805507.	Study Design
560	Veugelers PJ, Fitzgerald AL, Johnston E. Dietary intake and risk factors for poor diet quality among children in Nova Scotia. <i>Can J Public Health</i> . 2005;96(3):212-6. PMID:15913088.	Study Design , Independent Variable
561	Veugelers PJ, Fitzgerald AL. Prevalence of and risk factors for childhood overweight and obesity. <i>Cmaj</i> . 2005;173(6):607-13. PMID:16157724.	Study Design , Independent Variable
562	Virudachalam S, Long JA, Harhay MO, Polsky DE, Feudtner C. Prevalence and patterns of cooking dinner at home in	Study Design



Excluded Articles: Family Meals & Dietary Intake/Body Weight

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	Excluded Citations	Reason for Exclusion
	the USA: National Health and Nutrition Examination Survey (NHANES) 2007-2008. Public Health Nutr. 2014;17(5):1022-30. PMID:24107577.	
563	Wadolowska L, Slowinska MA, Pabjan-Adach K, Niedzwiedzka E. Food eating of mothers and their daughters in relation to mothers' body mass index. Pakistan Journal of Nutrition. 2007;6(2):183-187.	Location, Independent Variable
564	Wan Abdul Manan WM, Nur Firdaus I, Safiah MY, Siti Haslinda MD, Poh BK, Norimah AK, Azmi MY, Tahir A, Mirnalini K, Zalilah MS, Fatimah S, Siti Norazlin MM, Fasihah W. Meal patterns of Malaysian adults: findings from the Malaysian adults nutrition survey (MANS). Malays J Nutr. 2012;18(2):221-30. PMID:24575668.	Study Design, Location
565	Wang ML, Peterson KE, Richmond TK, Spadano-Gasbarro J, Greaney ML, Mezgebu S, McCormick M, Austin SB. Family physical activity and meal practices associated with disordered weight control behaviors in a multiethnic sample of middle-school youth. Acad Pediatr. 2013;13(4):379-85. PMID:23830023.	Outcome
566	Wansink B, Hanks AS. Calorie reductions and within-meal calorie compensation in children's meal combos. Obesity (Silver Spring). 2014;22(3):630-2. PMID:24376232.	Independent Variable
567	Wansink B, van Kleef E. Dinner rituals that correlate with child and adult BMI. Obesity (Silver Spring). 2014;22(5):E91-5. PMID:24123987.	Study Design
568	Watanabe E, Lee JS, Kawakubo K. Associations of maternal employment and three-generation families with pre-school children's overweight and obesity in Japan. Int J Obes (Lond). 2011;35(7):945-52. PMID:21522125.	Location, Independent Variable
569	Weatherspoon LJ, Venkatesh S, Horodynski MA, Stommel M, Brophy-Herb HE. Food patterns and mealtime behaviors in low-income mothers and toddlers. J Community Health Nurs. 2013;30(1):1-15. PMID:23384063.	Study Design, Independent Variable
570	Webber L, Hill C, Saxton J, Van Jaarsveld CH, Wardle J. Eating behaviour and weight in children. Int J Obes (Lond). 2009;33(1):21-8. PMID:19002146.	Study Design
571	Welsh EM, French SA, Wall M. Examining the relationship between family meal frequency and individual dietary intake: does family cohesion play a role?. J Nutr Educ Behav. 2011;43(4):229-35. PMID:21536496.	Study Design
572	Wenrich TR, Brown JL, Miller-Day M, Kelley KJ, Lengerich EJ. Family members' influence on family meal vegetable choices. J Nutr Educ Behav. 2010;42(4):225-34. PMID:20452288.	Study Design
573	Wenrich TR, Brown JL, Wilson RT, Lengerich EJ. Impact of a community-based intervention on serving and intake of vegetables among low-income, rural Appalachian families. J Nutr Educ Behav. 2012;44(1):36-45. PMID:22023910.	Independent Variable
574	White HJ, Haycraft E, Meyer C. Family mealtimes and eating psychopathology: The role of anxiety and depression among adolescent girls and boys. Appetite. 2014;75:173-179.	Study Design, Independent Variable
575	Widome R, Neumark-Sztainer D, Hannan PJ, Haines J, Story M. Eating when there is not enough to eat: eating	Study Design,



Excluded Articles: Family Meals & Dietary Intake/Body Weight

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	Excluded Citations	Reason for Exclusion
	behaviors and perceptions of food among food-insecure youths. <i>Am J Public Health</i> . 2009;99(5):822-8. PMID:19299675.	Independent Variable
576	Wiggins S. Adult and child use of love, like, don't like and hate during family mealtimes. Subjective category assessments as food preference talk. <i>Appetite</i> . 2014;80:7-15. PMID:24793063.	Study Design
577	Wijtzes AI, Jansen W, Jansen PW, Jaddoe VW, Hofman A, Raat H. Maternal educational level and preschool children's consumption of high-calorie snacks and sugar-containing beverages: mediation by the family food environment. <i>Prev Med</i> . 2013;57(5):607-12. PMID:23988496.	Independent Variable
578	Willis TA, George J, Hunt C, Roberts KP, Evans CE, Brown RE, Rudolf MC. Combating child obesity: impact of HENRY on parenting and family lifestyle. <i>Pediatr Obes</i> . 2013; PMID:23818487.	Location
579	Wojcicki JM, Schwartz N, Jimenez-Cruz A, Bacardi-Gascon M, Heyman MB. Acculturation, dietary practices and risk for childhood obesity in an ethnically heterogeneous population of Latino school children in the San Francisco bay area. <i>J Immigr Minor Health</i> . 2012;14(4):533-9. PMID:22101726.	Independent Variable
580	Woodruff SJ, Fryer K, Campbell T, Cole M. The associations of meals and snacks on family meals among a sample of grade 7 students from southwestern ontario. <i>Appetite</i> . 2014; PMID:25038406.	Study Design
581	Woodruff SJ, Hanning RM, McGoldrick K, Brown KS. Healthy eating index-C is positively associated with family dinner frequency among students in grades 6-8 from Southern Ontario, Canada. <i>Eur J Clin Nutr</i> . 2010;64(5):454-60. PMID:20197788.	Study Design , Location
582	Woodruff SJ, Hanning RM. Associations between family dinner frequency and specific food behaviors among grade six, seven, and eight students from Ontario and Nova Scotia. <i>J Adolesc Health</i> . 2009;44(5):431-6. PMID:19380089.	Study Design , Location
583	Woodruff SJ, Hanning RM. Effect of meal environment on diet quality rating. <i>Can J Diet Pract Res</i> . 2009;70(3):118-24. PMID:19709467.	Location, Independent Variable
584	Woodruff SJ, Kirby AR. The associations among family meal frequency, food preparation frequency, self-efficacy for cooking, and food preparation techniques in children and adolescents. <i>J Nutr Educ Behav</i> . 2013;45(4):296-303. PMID:23481894.	Study Design
585	Wroten KC, O'Neil CE, Stuff JE, Liu Y, Nicklas TA. Resemblance of dietary intakes of snacks, sweets, fruit, and vegetables among mother-child dyads from low income families. <i>Appetite</i> . 2012;59(2):316-23. PMID:22634195.	Independent Variable
586	Wurbach A, Zellner K, Kromeyer-Hauschild K. Meal patterns among children and adolescents and their associations with weight status and parental characteristics. <i>Public Health Nutr</i> . 2009;12(8):1115-21.	Study Design



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	PMID:19243677.	
587	Wyse R,Campbell E,Nathan N,Wolfenden L. Associations between characteristics of the home food environment and fruit and vegetable intake in preschool children: a cross-sectional study. BMC Public Health. 2011;11:938. PMID:22177136.	Study Design
588	Yang RJ,Wang EK,Hsieh YS,Chen MY. Irregular breakfast eating and health status among adolescents in Taiwan. BMC Public Health. 2006;6:295. PMID:17150112.	Study Design
589	Yannakoulia M,Papanikolaou K,Hatzopoulou I,Efstathiou E,Papoutsakis C,Dedoussis GV. Association between family divorce and children's BMI and meal patterns: the GENDAI Study. Obesity (Silver Spring). 2008;16(6):1382-7. PMID:18369339.	Study Design
590	Yorulmaz H,Percin Pacal F. Assessment of nutritional habits and obesity satuations of adolescents in 16-18 age groups. Turkiye Klinikleri Journal of Medical Sciences. 2012;32(2):364-370.	Location, Independent Variable
591	Yoshinaga M,Hatake S,Tachikawa T,Shinomiya M,Miyazaki A,Takahashi H. Impact of lifestyles of adolescents and their parents on cardiovascular risk factors in adolescents. J Atheroscler Thromb. 2011;18(11):981-90. PMID:21836372.	Study Design , Independent Variable
592	Yuasa K,Sei M,Takeda E,Ewis AA,Munakata H,Onishi C,Nakahori Y. Effects of lifestyle habits and eating meals together with the family on the prevalence of obesity among school children in Tokushima, Japan: a cross-sectional questionnaire-based survey. J Med Invest. 2008;55(1-2):71-7. PMID:18319548.	Study Design
593	Zeller MH,Reiter-Purtill J,Modi AC,Gutzwiller J,Vannatta K,Davies WH. Controlled study of critical parent and family factors in the obesigenic environment. Obesity (Silver Spring). 2007;15(1):126-36. PMID:17228040.	Study Design , Independent Variable
594	Ziebarth D,Healy-Haney N,Gnadt B,Cronin L,Jones B,Jensen E,Viscuso M. A community-based family intervention program to improve obesity in Hispanic families. Wmj. 2012;111(6):261-6. PMID:23362702.	Study Design , Independent Variable
595	Ziegler P,Briefel R,Ponza M,Novak T,Hendricks K. Nutrient intakes and food patterns of toddlers' lunches and snacks: influence of location. J Am Diet Assoc. 2006;106(1 Suppl 1):S124-34. PMID:16376636.	Study Design
596	Ziegler P,Hanson C,Ponza M,Novak T,Hendricks K. Feeding Infants and Toddlers Study: meal and snack intakes of Hispanic and non-Hispanic infants and toddlers. J Am Diet Assoc. 2006;106(1 Suppl 1):S107-23. PMID:16376635.	Study Design
597	Zuercher JL,Wagstaff DA,Kranz S. Associations of food group and nutrient intake, diet quality, and meal sizes between adults and children in the same household: a cross-sectional analysis of U.S. households. Nutr J. 2011;10:131. PMID:22123043.	Study Design , Independent Variable
598	Zugravu CA. Eating habits and influential factors for mothers and children in Romania. International Journal of	Study Design ,



Excluded Articles: Family Meals & Dietary Intake/Body Weight

The table below lists the excluded articles with at least one reason for exclusion, but may not reflect all possible reasons.

	Excluded Citations	Reason for Exclusion
	Collaborative Research on Internal Medicine and Public Health. 2012;4(4):362-374.	Location